



Bridging Disciplines. Restoring Health.

ABOUT & SERVICES

Matrix Bodywork specializes in orthopedic and clinical bodywork that bridges the gap between massage therapy and medical disciplines. Our approach focuses on restoring structural balance, improving movement, and addressing the root causes of pain — not just the symptoms.

We offer integrated treatments including Orthopedic Massage, Sharon Wheeler's ScarWork®, Kinesio Taping®, IASTM, Cupping, and Structural Integration principles. These modalities work together to restore mobility, reduce chronic tension, and optimize performance for active individuals and post-surgical recovery.

REFERRAL COLLABORATION

Matrix Bodywork partners with chiropractors, physical therapists, orthopedic surgeons, and other healthcare professionals who value integrative, patient-centered care. We complement—not compete with—your services by extending patient outcomes beyond your treatment window.

Ideal referrals include post-surgical patients seeking improved mobility, clients who've plateaued in PT or chiropractic care, active professionals managing chronic pain or repetitive strain, and individuals needing advanced scar or fascial restoration.

We maintain open communication, share progress updates (with consent), and coordinate care to ensure patients continue improving between professional visits.

ABOUT THE PRACTITIONER

Don Jewell, LMBT #21164 — Marine Corps veteran and orthopedic massage therapist specializing in structural balance and functional recovery. Don's focus is to help clients move pain-free, restore strength, and achieve long-term structural harmony.

CONTACT

Don Jewell LMBT #21164

3418 Wrightsville Ave, Wilmington, NC 28403

(910) 310-0099 • don@matrixbodywork.com • MatrixBodywork.com



Referred by: _____

Appointments