

A DAILY LIFE OF A BELIEVER IN CHRIST JESUS

Galatians 6:10 So then, as we have the opportunity, let us do what is good toward all, but especially toward those of the household of the faith.

Now that you believe in the Lord, you are in the household of the faith. Like any household, children need to grow. To grow into a full-grown man of God is our goal as a believer in Christ. As we grow we will be capable of doing “good works”. Like any father, having His children grow and perform various responsibilities in the household is His good pleasure and makes Him very happy. How do we grow? We can grow by enjoying God in prayer, reading the bible, studying the bible, and meeting with others (the church).

LESSON ONE

Praying

John 15:7 says, “If you abide in Me and My words abide in you, ask whatever you will, and it shall be done for you.”

Rom 8:26 Moreover, in like manner the Spirit also joins in to help *us*...for what we should pray

What is prayer? Prayer is the mutual contact between God and man. In prayer, man is not only contacting God, but God is contacting man. Man touches God and God touches man. This is not contacting God who is far up in heaven, but God is praying with you, alongside you and even praying from within you.

2 Tim 3:16 All Scripture is God-breathed...

1Thes 5:17 Unceasingly pray,

The bible equates prayer to breathing. Breathing is required for life and is something we need to do all the time. When we breathe there is a flow of air in and out of us. Prayer is our spiritual breathing. This is the kind of contact we have with God in prayer. There is nothing closer to us than our breath.

Phil 4:6-7 In nothing be anxious, but in everything, by prayer and petition with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and your thoughts in Christ Jesus”

There are many ways to pray, but we need to pray in spirit. That is the deepest part of our being. We can practice praying in our spirit every day. Your parents and other brothers and sisters can be a great help in learning how to pray in a way that feels like breathing. A great way to pray is to use the bible as your prayer book. If you don't know what to say you can pray a verse in the bible to God.

Keeping a good conscience for our Christian life

In our daily Christian life, we may feel guilty or shameful for the wrong things we have done. One reason we can feel down is that we have sinned, and God is bothering us from inside our conscience. When this happens, we just need to get a fresh cleansing from God. When we confess our sins God is righteous to forgive, and we can be cleansed from a guilty conscience and have peace. We always need to keep our conscience clean and without offense to be able to live our Christian life.

1 John 1:9 If we confess our sins, He is faithful and righteous to forgive us our sins and cleanse us [by His shed blood] from all unrighteousness.

Heb 8:12b and their sins I shall by no means remember anymore.”

1 John 1:7 But if we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus His Son cleanses us from every sin.

In 1 John, we can see that God’s desire is that we all would walk and fellowship with Him in His light (presence). The point of asking the Lord Jesus to cleanse your guilty conscience is simply to keep walking in His presence in the light and continue to fellowship and enjoy Him as life. If God’s light shines on a guilty spot of sin we should quickly say, “Amen, Lord your right, cleanse me.” This keeps us in God’s presence and helps us grow.

Calling on the Lord

Like prayer, the bible tells us of a wonderful way to contact and even enjoy God! It is to call upon the name of the Lord Jesus. Actually, calling on the Lord is a great simple prayer. Believers have been calling on the Lord since the third generation of mankind and believers are still calling on the Lord for salvation, strength, and joy. Calling is also our mark. If we call on the Lord, then others will know that we are believers in Christ. This will be a salvation to us and them.

Acts 2:21 And it shall be that everyone who calls on the name of the Lord shall be saved.

2 Tim. 2:22 But flee youthful lusts, and pursue righteousness, faith, love, peace with those who call on the Lord out of a pure heart.

Calling on the Lord is the way to be saved from every situation. We can flee bad things and pursue good things with our companions by calling on the Lord. When we call on Jesus, our mouth should be open, and our heart needs to be pure.

1 Cor. 12:13c ... were all given to drink one Spirit.

Rom. 10:12b ... the same Lord *is Lord* of all *and* rich to all who call upon Him;

The bible tells us that we can enjoy the riches of the Lord Jesus by calling on His name. The spiritual way to drink of His riches is simply to call “Lord Jesus!” Yes, Jesus is rich so He can supply you with whatever you need. Jesus can fill you with joy, hope, strength, wisdom, and understanding. We can

also be rescued from distress (Psa. 18:6; 118:5), from trouble (Psa. 50:15; 86:7; 81:7), and from sorrow and pain (Psa. 116:3-4) by calling “Oh, Lord Jesus!” The Lord Jesus is so rich!

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Isa. 64:7a And there is no one who calls upon Your name, / Who stirs himself up to lay hold of You...

When we feel that we are down or low, we can lift and stir ourselves up by calling on the name of the Lord Jesus. The bible tells us that we can stir ourselves up by calling on the Lord Jesus if we ever feel down or low. When we are sad we can stir ourselves up. When we have anxiety or stress we can stir ourselves up to lay hold of Jesus. Every meeting we go to we should not stay silent but stir ourselves up to enjoy the Lord Jesus!

1 Cor. 1:2b the called saints, with all those who call upon the name of our Lord Jesus Christ in every place, *who is* theirs and ours:

The Lord is a real and living person. A living person will answer when you call their name. Jesus is living and He is real. You can call at home, at school, or on the bus. When you call you can feel His presence as He answers you. All the Christians can call on the Lord together. In fact, He belongs to us and we all belong to Him. What a loving relationship.

LESSON TWO

Reading the Bible

Growing by enjoying God’s word – the Bible

1 Peter 2:2 As newborn babes, long for the guileless milk of the word in order that by it you may grow unto salvation,

1 Peter 2:3 If you have tasted that the Lord is good.

2 Tim 3:16 All Scripture is God-breathed and profitable for teaching, for conviction, for correction, for instruction in righteousness,

2Tim 3:17 That the man of God may be complete, fully equipped for every good work.

In addition to reading the bible we can also pray over God’s word. A great way to enjoy the bible is to pray over a small portion of it. This is an enjoyable way to be nourished, protected, receive light, and to make requests to God. We take milk in by drinking it not thinking about it. By drinking and eating God’s word we can grow. Ask your parents or serving ones about the different ways to pray-read the bible.

Eph 6:17-18 And receive the helmet of salvation and the sword of the Spirit, which *Spirit* is the word of God, ¹⁸ By means of all prayer and petition, praying at every time in spirit and watching unto this in all perseverance and petition concerning all the saints.

Studying the Bible

Studying the word and getting help from others that we may mature

Ephesians 4:13 Until we all arrive at the oneness of the faith and of the full knowledge of the Son of God, at a full-grown man, at the measure of the stature of the fullness of Christ,

Ac 8:30-31 And when Philip ran up, he heard him reading Isaiah the prophet and said, Do you really know the things that you are reading? ³¹And he said, How could I unless someone guides me? And he entreated Philip to come up and sit with him.

Ps 119:105 Your word is a lamp to my feet / And a light to my path.

The bible is God's word. Therefore, it is very deep, profound, mysterious, and meaningful. Even if we understand the words we may still not understand the deeper meaning of it. This is why the Ethiopian needed Philip's help to understand what he was reading. So they sat for a while and Philip explained the deep meaning of what the Ethiopian was reading in the bible. Today, we can ask our parents, companions, and serving ones to help us. We can also read various materials and spiritual books.

LESSON THREE

Meeting with others (the church)

As we pray, read the bible, and pray-read God's word, Christ will grow in our hearts in many wonderful ways. It will make us wise and give us light in our times of need. What we realize and enjoy we can teach to our friends, family, and anyone we meet. A great time to teach the bible is in the meetings!

Colossians 3:16 Let the word of Christ dwell in you richly in all wisdom, teaching...one another with psalms *and* hymns *and* spiritual songs, singing with grace in your hearts to God.

We should spend our time singing with our hearts to God. Throughout our day and in the meetings we can enjoy God by singing. Singing warms our hearts and fills us with joy!

2 Timothy 2:22 But flee youthful lusts, and pursue righteousness, faith, love, peace with those who call on the Lord out of a pure heart.

The best way to pray and enjoy God is to call on the Lord. When we call, "oh, Lord Jesus" He will come to us and be everything to us including our faith, love, and peace. We can call by ourselves and with those who love God.

Hebrews 10:25a Not abandoning our own assembling together, as the custom with some is...

We must go to the meetings. Some meetings are general, while others have a particular purpose. You may have heard of prayer meetings, home meetings, and the Lord's table meeting. As the bible says we should not abandon our meeting together. The meetings are a place to enjoy the Lord in a way we can't enjoy Him individually. In particular, the enjoyment of the Lord's table is a grand

display of the riches of Christ that we have enjoyed in our daily life. God loves this and His enemy, the Devil, hates it. Let's meet together!

LESSON FOUR

The Lord's Table Meeting

For God so loved the world He gave His only begotten Son that we may have eternal life. The Father's giving love and the Son's gracious coming is one of the greatest stories ever told. At the Lord's table we remember this eternal story including the person of the Lord Jesus, His wonderful life of sacrifice from birth to the cross, His glorious resurrection, His enthronement, and heavenly work. The Lord Jesus instituted the table meeting at the end of His life. At the last supper, Jesus told us how to remember Him, enjoy Him, and to worship the Father. The Spirit that lives within us makes everything of this story real, genuine, and fresh. The Lord's table is the sweetest meeting of the church life.

Remembering the Lord: The Bread

Luke 22:19 And He took a loaf and gave thanks, and He broke *it* and gave *it* to them, saying, This is My body which is being given for you; do this in remembrance of Me.

The center of the breaking of bread is to remember the Lord and all that He has accomplished for us. The Lord said that our eating His bread and drinking His cup is our remembrance of Him. His bread and His cup signify His body and His blood. To receive and enjoy the Lord in this way is to remember Him. It is when we eat, drink, and enjoy the Lord that we truly remember Him. This is the profound meaning of eating the Lord's supper.

When we see and receive the bread that we break, we should consider how the Lord loved us, how He became flesh for us, how He died for us in the flesh, and how His body was broken for us and given to us that we may have His life.

Remembering the Lord: The Cup

Matt 26:27-28 And He took a cup and gave thanks, and He gave *it* to them, saying, Drink of it, all of you,²⁸ For this is My blood of the covenant, which is being poured out for many for forgiveness of sins.

We also remember the Lord by partaking of the cup. The cup symbolizes the blood that the Lord poured out for us. It also symbolizes the cup of blessing in which God has blessed us. How precious is the cup to those who have received His mercy!

Originally we were sinful and evil, and the portion we deserved from God should have been the cup of God's wrath, that is, to go into the lake of fire to suffer the torment of eternal perdition (Rev. 14:10; 21:8). However, God made the Lord Jesus drink the cup of wrath for us on the cross (John 18:11). He received God's righteous judgment for us and fully tasted the torment of perdition in the lake of fire; He shed His blood to fully redeem us from our sins and enacted the new covenant for us, giving us instead the cup of salvation (Psa. 116:13) and becoming our cup (of blessing)

(Psa. 23:5). In this blessed cup of salvation, God Himself and all that He has become our portion, our eternal blessed portion, and the portion of our cup.

Worshiping the Father

Mt 26:29-30 But I say to you, I shall by no means drink of this product of the vine from now on until that day when I drink it new with you in the kingdom of My Father. ³⁰ And after singing a hymn, they went out to the Mount of Olives.

On that day, after the Lord Jesus broke bread and sang a hymn with the disciples, He led them to the Mount of Olives to meet with the Father. A principle is implied and established here, that is, after we have broken the bread to remember the Lord, we ought to be led by Him to worship the Father together.

We can follow the Lord in our spirit as well as the other saints when to worship the Father. The Father is the source of all the blessings we have received, including choosing us before creation to be saved and become His sons. What joy it brings to our Father God to have many sons expressing and glorifying Him.

Waiting for the Lord's Coming

1 Cor. 11:26 For as often as you eat this bread and drink the cup, you declare the Lord's death until He comes

Those who break bread to remember the Lord should be those who long for the Lord, wait for His coming, and love His appearing. Therefore, after we break bread, we ought to live a life of waiting for the Lord's coming.

Encouragement

As you start going to the Lord's table you may hear things that you are not familiar with. This is because the older saints have many years of experiencing and enjoying the Lord in many ways. Young people should not be bothered by this but encouraged. One day you will enjoy Christ like them. By listening to the songs, prayers and praise of the saints you can learn so much about God, His eternal plan, and the many ways you can enjoy God in your daily life.

As young people you need to know one thing – your participation (function) is greatly needed. No matter how small you are or simple your prayer is you need to say it. The bible says that God enjoys all sizes of praise, both the big and the small. The table meeting needs the mutual participation of all the saints, young and old, for a proper testimony. Since you are newly saved you may have a fresh appreciation of the Lord's cleansing blood by looking at the cup. When looking at the bread broken you may say, "thank you Lord for dying for me!" Whatever your portion is, be encouraged to release it. Follow the saints, be in order, be simple, and follow your spirit.

Further Reading and Resources

1. Lessons on Prayer – Witness Lee
2. Life Lessons Vol 2 – Witness Lee
3. Calling on the Name of the Lord – Witness Lee

Daily Living Schedule & Goals

Here is a schedule that follows what we have discussed above for a healthy daily life for the church life. The bible tells us that we should have a definite time in the morning (dawn) and another in the evening (night).

The best way to start your day is with prayer and the word! Say, “Lord Jesus I love you” “I give myself to you today”. Then pray-read one verse with an open heart. This can be 2 minutes in the morning. When you get home from school or in the evening you can read the young people’s material.

Morning (4+ minutes)

1. Spend time with the Lord: 1 minutes
Call, Open, Confess, be Thankful, and make Requests (i.e. about your day)
2. Read Young People’s Material for 2 minutes. Include a few verses.
3. Enjoy one of the verses by pray-reading (1 min). Ask for light, understanding and experience.
4. Continue to Call on the Lord and pray according to the Spirits leading through your day

During the Day

5. Try to call on the Lord every hour (try between classes)
6. Ask a friend or family member how they are doing and listen
7. Tell a friend or family member how you are doing/feeling - ask them to listen
8. Pray for things that come up in your heart no matter how small. Confess sins.
9. Sing a hymn through the day and/or at a designated time.
10. At least once a week tell a friend or believer what you enjoyed of the Lord.

Evening (6+ minutes)

11. Read the Old Testament for 3 minutes
12. Read the New Testament for 2 minutes
13. Pray and fellowship with the Lord. Remember to give thanks for the day: 1 minute
14. Meditate (Be Silent and Still!) in the Lord’s light for 1+ minutes. Call on the Lord every 30 seconds for focus. Respond to the Lord’s light by prayer or confession.
15. Go to bed peacefully by clearing up any offenses with others.

“I anticipated the dawn and cried out; / I hoped in Your words. My eyes anticipated the night watches, / That I might muse upon Your word.” – Ps 119:147-148