

Daily Living Schedule & Goals

NOTE: If you find this schedule too difficult then you may start with a smaller schedule. Do not worry – life grows! We need to emphasize Praying, Confessing, and Reading the Bible. The goal is to cultivate a *“living relationship with the breath of God”*

The best way to start your day is with prayer and the word! Say, “Lord Jesus, I love you.” “I give myself to you today”. Then read the bible prayerfully with an open heart.

Morning (4+ minutes)

1. Spend time with the Lord: 1 minutes
Call, Open, Confess, be Thankful, and make Requests (i.e. about your day)
2. Read Young People’s Material for 2 minutes. Include a couple of verses.
3. Enjoy some of the verses by pray-reading (1+ min). Ask for light, understanding and experience.
4. Continue to Call on the Lord and pray according to the Spirits leading through your day.

During the Day

5. Try to call on the Lord every hour (try between classes)
6. Ask a friend or family member how they are doing and listen
7. Pray for things that come up in your heart no matter how small. Confess sins.
8. Tell a friend or family member how you are doing - ask them to listen
9. Sing a hymn through the day and/or at a designated time.
10. At least once a week tell a friend or believer what you enjoyed of the Lord.

Evening (8+ minutes)

11. Read the Old Testament for 3 minutes (~3.5 yrs)
12. Read the New Testament for 2 minutes (~1.6 yrs)
13. Pray and fellowship with the Lord: 1 minute. Remember to give thanks for the day.
14. Meditate (Be Silent and Still!) in the Lord’s light for 1+ minutes. Call on the Lord every 30 seconds for focus. Respond to the Lord’s light by prayer or confession.
15. Go to bed peacefully by clearing up any offenses with others.

Things to Add

1. Take a walk with the Lord (10+ min). Open regarding struggles and joys. Ask for growth in Life.
2. Read an additional ministry book or booklet of your choice (2+ min).

“I anticipated the dawn and cried out; / I hoped in Your words. My eyes anticipated the night watches, / That I might muse upon Your word.” – Ps 119:147-148

Parents & Serving Ones: *“The Lord Jehovah has given me / The tongue of the instructed, / That I should know how to sustain the weary with a word. / He awakens me morning by morning; / He awakens my ear / To hear as an instructed one.” Isa. 50:4*

**DO NOT DISTRIBUTE WITHOUT PERMISSION. Please take this as general fellowship. However, all points/principles can be found in the bible and the ministry. They may also be sourced in the testimonies, practices, and sharing of the saints both inside and outside the Lord’s Recovery throughout church history.

Daily Time and Goals

Reading the Old Testament

First Strategy: Time

Time: 4 minutes = 2.5 years

Time: 3 minutes = 3.5 years

Second Strategy: Count

20 verses a day = 3.2 years

Third Strategy: Progressive

Starting in 6th grade, read at a rate of 10 verses per day. Then in 7th grade, read at a rate of 15 verses per day. Every subsequent year add 5 verses per day so by 12th grade the rate will be 40 verses per day.

Doing this, you will read the Old Testament three times in seven years (6th – 12th grade). Even if you miss 33% or your reading times you will still read the Old Testament two times.

Reading the New Testament

First Strategy: Time

Time 2 minutes = 1.8 years

Time 3 minutes = 1.2 years

Second Strategy: Count

20 verses a day = 1.1 years

* Start reading the Recovery Version footnotes of the verses you enjoy. Around 10th or 11th grade, try to read all the foot notes as you read through the New Testament.

Reading the Young People Material

First Strategy: Time

Time 2 minutes = ~ 5 days

Time 10 minutes = ~ 1 day

* Please remember to pray over all the verses every week!

Summary of Time

6 minutes – Reading the Bible

2 minutes – Young People's Material

2 minutes – Praying/fellowshipping with the Lord

2 minutes – Pray Reading

+ minutes – Being Still/Meditating/Musing

12 + minutes a day !!!

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