

Cuddles Foundation

Hospital Report – AIIMS, Delhi
June 2015

Supported by Global Seva Fund



The Background

- Around 200 underprivileged children fighting cancer visit the OPD at AIIMS every week for check ups, tests related to cancer. That is over 800 children every month.
- We have 2 programs running in AIIMS currently:
 - The Nutrition Supplementation Program under which we provide protein supplements to deserving patients.
 - Capacity Building Program under which we guide, counsel parents and caregivers on nutrition and diet planning via a qualified nutritionist working at the hospital.





Program Update – June 2015

1) We counselled 200 unique patients in the Out Patient Department Which includes assessing the nutritional status of the patients and identifying those with impaired nutritional requirements. We also monitor the dietary intake of the patients during follow-up and intervene nutrition care strategies accordingly.

2) We conducted baseline nutritional assessments for 60 new patients and also conducted 3 group counselling sessions for the parents and caregivers.

3) We reached out to 100 patients with nutritional supplements like PediaSure and Threptin.



A child's story



A child's story in the words of Mitika Kashyap, the Cuddles Nutritionist at AIIMS: *This is a story of a 10yr old boy named Manish Kumar. He is suffering from ALL. He like any other child loves flying kite, drawing and coloring. He drank no milk at all before meeting me. Infact he hated milk. But then after explaining him the importance of milk and milk products he started drinking it and one day his father came up to me and was thanking me for giving them pediasure. It was because of pediasure that made the milk so tasty that he started liking it. He also loves eating our threptin biscuits. No matter how crowded the clinic is he never forgets to take them from me. The best part is he even gained weight in two months from 18kgs to 23kgs. So in short the supplements which cuddles provide help the kids to tide over their difficult phase of nutrition.*

A child's story



A child's story in the words of Mitika Kashyap, the Cuddles Nutritionist at AIIMS: *"This is the story of a child named Guddu who is a 13 year old boy suffering from Hodgkins Lymphoma. He loves cycling. He was facing the problem of altered taste during his treatment. Moreover, his family being not so well off could not even afford a glass of milk for him. So this is when I started providing him milk powder and he actually drinks it along Bournvita. His initial weight at baseline was 32kgs which dropped down to 29 kgs but now again he has gained his weight to 32 kgs and is eating well. All he required was some understanding of importance of nutrition during his treatment along with some motivation."*