

# Impact Report

Global Seva Fund May 2018- June 2018

**F**ood Heals

#### **Budget planned**

Global Seva Fund donated INR 1,30,050.14 for May, 2018 and June, 2018 towards

Nutritional Outreach at AIIMS in Delhi.



## You Supported



**Providing Supplements** 

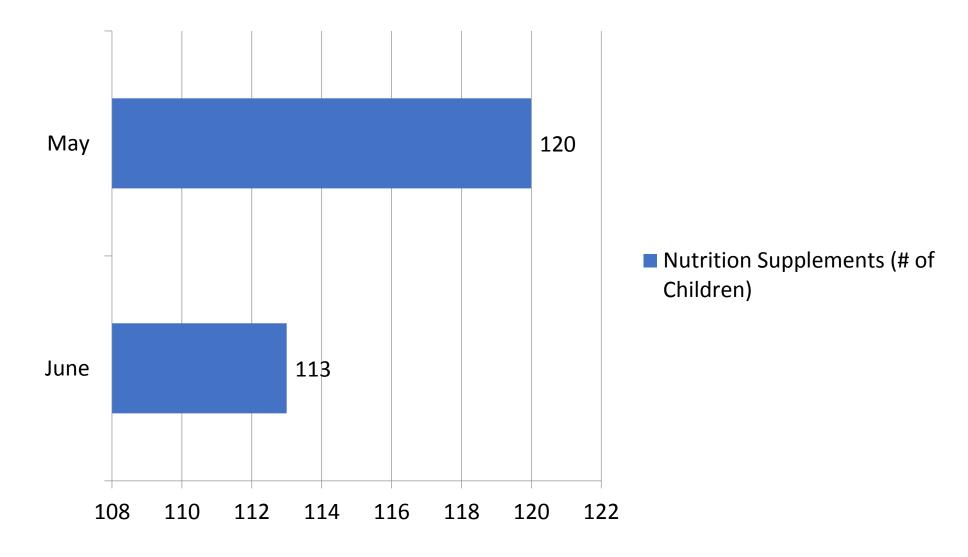
Special OTC products and supplements to fight malnourishment







### **Program Reach**



#### Case Study - 1

Rimsha, 4yrs old, diagnosed with RMS. At baseline nutritional assessment she weighed 13kgs. Based on anthropometric measurements she is a case of MAM (Moderately Malnourished).

Due to the ongoing treatment and chemotherapy Rimsha's weight decreased to 10 kg upon which there was an immediate nutritional intervention done by us. Parents were made to do regular follow ups. Customised diet charts as per the likes, dislikes and tolerance of the child was given to the parents. With these efforts Rimsha's weight increased by 2 kgs.

Second round of chemotherapy drugs took a toll on Rimsha's health and this time she developed severe diarrhoea along with a drop in her appetite. Clinically also the child appeared to be very sick and irritated. For more than 3 days Rimsha's appetite didn't improve due to which her weight again decreased by 1.5 kgs and hence a naso-gastric tube was inserted through which small frequent lactose free feeds were being given to Rimsha as she was not willing to eat or drink anything orally. Once the diarrhoea subsided Rimsha was put on high energy high protein milk based, pulse and vegetable soup based feeds and is regularly being monitored by us. At present Rimsha appears to be in a much stable condition.



#### Case Study - 2

Sahil Babu, 10 month baby, diagnosed with AML. At baseline nutritional assessment, he weighed 8.3kg. Based on anthropometric measurements Sahil Babu is a case of severely acute malnutrition (SAM).

On clinical examination Sahil Babu appeared very sick and weak during his first visit to the dietician. Also on his first visit he was detected with jaundice as his bilirubin levels were 7.7mg. So, in order to deal with jaundice Sahil was put on small frequent medium based oral feeds.

Within first week, jaundice resolved but there was a decrease in his oral intake due to chemotherapy because of which the child continued losing weight.

Regular follow ups and strict diet was advised. Compliance by the mother was excellent due to which further improvement could be seen in the child. At present Sahil Babu's weight improved to 9.2 kgs. Based on the anthropometric measurements Sahil Babu is now mildly malnourished.





# Thank you for your generosity!

Contact miral@cuddlesfoundation.com for more information



#### **Grant Utilisation**



Total grant of INR 1,30,050.14 was utilised to provide nutritional supplements at AIIMS Hospital, Delhi.

Month	Expenditure (INR)
May	96,955
June	33,119
Total	1,30,074.

#### **F**ood Heals