



CAPITOL RIDERS HOOFBEATS

FEBRUARY 2019

General meeting February 19, 2019 at 7 pm Laura to bring treats.

Capitol Riders Chapter, BCHW Officers for 2018

Laura Shillam –	President
Sue Davis	Vice President
Sue Koch	Treasurer
Secretary	Sue Davis
Deb Hall	Director
Karen Johnson	Alt Director
Deb Hall	Vol Hours
Deanna Jackson	Newsletter
Deanna Jackson	Web
Deb Hall	Legislative
Sue Koch	Membership
Laura Shillam	Communications
All	Rides
Sue Davis	Work Parties
Mickie Hatstrup	Social
Peggy Tucker	Hoofprints

Capitol Riders Chapter, BCHW Mission:

- To perpetuate the common-sense use and enjoyment of horses in America's back country and wilderness.
- To work to ensure that public lands remain open to recreational stock use.
- To assist the various government and private agencies in their maintenance and management of said resource.
- To educate, encourage and solicit active participation in the wise use of the back country resource by horsemen and the general public. Commensurate with our heritage.
- To foster and encourage the formation of new chapters in the state organization.

Capitol Riders Chapter, BCHW

WWW.capitolriders.org (with a link to our Facebook page) Meet monthly at the Littlerock fire hall, 10828 Littlerock Road SW (larger of the two meeting rooms). Please verify the meeting by either going to the chapter web site and the Events page, or call 360-561-4611.

General meeting Tuesday, Feb. 19th
at 7:00 pm. 10828 Littlerock Road
SW, Olympia. (Littlerock Fire Hall).
*When it is dark look for the bright red
reader board!*

From Your President

Deb and Sue Koch and I attended the Leadership training day in Ellensburg on Jan 26th.

We all felt we learned new information and got updates. We had a review of Roberts rule of orders and I found out we do not have to approve the minutes of the last meeting. One less thing!! We were reminded that we are a service organization not a social club and need to get out to work. Another thing we need to be sure of is when we take pictures of work parties that we need to show the hard hats and safety equipment are being used. Also did you know that hard hats are only good for about 5 years? Me either. Nor should there be kids in work party pictures.

I got a very nice hand out for our new secretary, when they volunteer, that gives great info about the job. Anyone dying to do the job???

Traci Koch has gotten the flyer out for the Kennedy Creek Ride so pass it on when you see it. It is on our FB page. Again, remember this is our only fund-raising activity and Oakland Bay needs our help to get all the work done. Please set aside some time for trail work and or getting prizes.

If you haven't joined for this year please do it on line. It's easy..... BCHW.org and look for join us tab.

Jerre has gotten our Facebook page going and I am hoping she will be able to discuss its use to us at the next meeting.

Hope you all can make it to the next mtg!!!!

Laura

Director Report

Hope all of you are surviving the wintry weather. Laura S, Sue K and I lucked out when we drove over to Ellensburg for the BCHW state leadership meeting on January 26th. The weather was good and the roads were clear. We had an excellent time networking with folks from all over the state and honing our skills for our chapter responsibilities. Karen Johnson was there and doing well.

There are some upcoming events you should be aware of:

* Legislative Day – Monday, February 25th. You should consider joining us for this important event. There will be training starting at 9 am. Then our group spreads out to go and visit the representatives and senators to put in a good word to ask for their support of our equine trails and campgrounds. This is when we make sure to emphasize the huge contribution our volunteers make to help build and maintain trails around the state. These contacts are very important to help keep our trails

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January Meeting Minutes

January 15, 2019

Laura Shillam, Deanna Jackson, Nancy Lovrien-Kauffman, Connie Patterson, Laura and Kurt Sielbach, Dean and Susan Hartman, Diana Gunderson, April Bryan, Sue Koch, Martha Kesting, Jane McKillip.

The meeting was called to order by Laura Shillam at 7:05pm.

The agenda was approved. We introduced new members Laura and Kurt Sielbach.

Deanna then demonstrated the new website on her computer and showed the basic layout for members. An email should have been sent to each member on how to get in to members only area. If you have not received this let Deanna know.

Sue Koch updated us on the membership and treasures reports. She also told members about a meeting with the Scatter Creek planning committee trying to plan for the

next 10 years. She will go to the meeting with Joan Flemming.

Martha Kesting discussed the needs of the Kennedy Creek Ride for getting donations of gifts and \$.

The meeting was adjourned at 8:35.

The treats for next meeting – Laura.

Submitted by Laura Shillam



Currently Scheduled Events

Feb 19 General Meeting
25 BCHW Legislative Day
Mar 15-17 2019 Rendezvous, Board & General Mtgs.
19 General Meeting
23 14th Annual Great Gravel Pack-In
April 16 General Meeting
May 18 BCHW Joe Watt Ride
21 General Meeting
June 15 2nd Qtr BCHW Board of Directors mtg.

Littlerock Fire Hall – 7 pm
Olympia, W
Kittitas Valley Event Center Ellensburg, WA
Littlerock Fire Hall – 7 pm
Capitol State Forest
Littlerock Fire Hall – 7 pm
Ellensburg
Littlerock Fire Hall – 7 pm
Kittitas Valley Event Center Ellensburg, WA

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open. Feel free to call/email me for more info. The event is organized by Jeff Chapman. He can be reached at 360-385-6364.

* Rendezvous, our state BCH convention, is well worth attending. There will be interesting seminars, good shopping, a delicious banquet meal and great people. There will be horsemanship clinicians there too. Karen Johnson is organizing Cowboy Church on Sunday morning. Our chapter is providing financial support for this event. We appreciate Karen for taking on this responsibility. Laura was looking into ordering a propane fire ring for our chapter to donate to the auction.

This event is an important fundraiser for the state organization.
Dates for Rendezvous are March 15-17. You can learn more details by going to the BCHW website. I won't be able to make it this year, but if any of you are going, I have our chapter's tool donation that needs to go. Please let me know if you could help out by taking the tools.
* Joe Watt Ride – May 18th. Save the date and show up!
* 2019 Statewide Work Party – July 1 – July 4 in the Umatilla National Forest. I understand that this is a very fun event. Consider going.
Deb Hall

11 Tips for Riding Horses in Winter

Prepare Your Horse (And Yourself) for Cold Weather Riding
By Katherine Blocksdorf - Photo: Chris Jackson / Getty Images



Cold weather, ice and snow present special problems for horses and their owners. But the challenges brought on by winter are not insurmountable. Here are tips and suggestions on how you can make sure your ride as is safe as possible, despite the hazards winter can throw at us.

Provide More Grip - If you plan to ride, and the ground is slippery ask your farrier about shoes with pads and ice caulks. Special pads will prevent snowballs and may help prevent ice bruising on their soles. Ice caulks on a horse's hind hooves can cause a lot of damage if they kick another horse with these. So you may want to shoe the front hooves with caulks and leave the hinds bare, but trimmed. Untrimmed hooves chip easier in frigid weather, so don't skip farrier appointments just because it's winter.

Adjust the Workload - When riding in the snow remember that it is harder work for the horse than traveling on bare ground. Plan your time in the saddle and your speed accordingly. Think of what it's like for you to flounder through the snow--deep snow can be similar for your horse.

Slow Down - Plan to school or work at a slower pace so your horse does not sweat as much. Cooling down can take much longer, and chilled muscles take longer to warm up. Horses sometimes need time to adjust to the footing in an arena if they're used to walking on frozen, uneven ground and their gaits may feel a bit stilted until they learn they can step out with confidence.

A Wet Horse Can Get Cold - Plan extra time to cool down after your ride. Don't put a sweating horse out in the

cold, wind or damp. Blanket so that moisture wicks away from your horse's coat, and change the blanket if it becomes damp. When the horse is dry to the skin, you can turn it out.

Keep Muscles Warm - If your horse is used to being stabled and blanketed consider using a 'rump rug' or 'quarter sheet' to keep his muscles from getting chilled while riding. Try the rump rug before you get on, however, so your horse gets used to the feel of it. You don't want it spooking at the strange blanket over its haunches when you're in the saddle.

Dress in Layers - Dress yourself in layers that can be removed easily if you get warm while working your horse. Fabric that wicks sweat away and dries quickly is best for any athletic winter activity. There is a variety of under and outerwear made especially for riders. Ear warmers can be worn under your helmet, or hoods can be put over your helmet.

Wear Safe Boots - You may want to wear warmer boots while riding in the winter. Be sure they are not so bulky as to get wedged into your stirrups. They should still slide out easily if you take a spill.

Prevent Snowballs - If snowballs form in hooves while you ride, give the bottom of your horse's hooves a coating of petroleum jelly.

Avoid Hazards - When riding out, make sure you stay away from areas where holes, branches, poles or other hazards might be hidden under the snow. Injury to you and your horse could occur if the horse trips or falls over a something hidden under the snow cover.

Warm the Bit - A frosty cold bit can be uncomfortable for your horse. Keep bridles in the house, warm the bit with your hands, or put a warm (not hot) gel pack around the bit before putting it in your horse's mouth.

Bring a Snack - Pack a granola bar and a vacuum flask of hot cider or chocolate to warm you up after your ride. Working hard in cold dry weather can be dehydrating so don't forget to drink water or pack along a bottle of water or sport drink too.

Sponsors

Tack Room Too



201 Lee St. SW
Olympia, WA 98501



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Fine Quality Saddlery, Tack & Riding Apparel
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2019 Rendezvous March 15-17, 2019
Kittitas Valley Event Center, Ellensburg, WA

TRAILS FOR THE FUTURE

RENDEZVOUS

March 15 - 17, 2019

OPEN TO
THE PUBLIC



COME JOIN THE FUN!!!!

- **BCHW GENERAL MEETING**
- **USED TACK SALE**
- **VENDOR BOOTHS**
- **PACKING COMPETITION**
- **AUCTIONS**
- **PUBLIC LANDS DAY**
- **DUTCH OVEN COOKING**
- **CROSSCUT COMPETITION**
- **FRIDAY LUNCH POTLUCK**

BACK COUNTRY HORSEMEN'S STATEWIDE CELEBRATION

FREE CLASSES & DEMONSTRATIONS

- **Andy Breland**
- **The Trailmeister**
- **CPR/1st Aid Training**
- **Insurance Underwriters**
- **Back Country Riding for the Faint of Heart**
- **Communication in the Back Country**
- **PCT/BCHW Joint Projects and more!!!**



Saturday Night:

DINNER

&

AUCTION

Register at BCHW.org

Come see BCHW's displays:

HARD HAT DECORATING COMPETITION

CHAPTER DISPLAYS

PHOTO DISPLAY

TABLE DECORATING COMPETITION

FRIDAY & SATURDAY:

9 to 5

SUNDAY: 9 to NOON

For more information go to BCHW.org
Or contact Nicole Sedgwick
bchwexec@bchw.org



KITTITAS VALLEY EVENT CENTER

512 N Poplar , Ellensburg, WA

2019-2020
 MEMBERSHIP
 APPLICATION

Come Join Us!

Go to BCHW.org to join online its easier and faster! If this is not an option then print, fill out and sign the liability release (all members **18 and over**), and enclose your cash or check:

- **Chapter members:** If paying by check, make it out to **Capitol Riders BCHW**, fill out an application and turn in to Sue Koch, Treasurer. **BE SURE TO SIGN THE LIABILITY RELEASE**
- Mail application and payment to: **Capitol Riders, Attn: Sue Koch, 10214 Gate Rd. SW, Olympia, WA 98512**



Member Info

New Member Renewal – Membership number(s): _____

Adult's name(s): _____

Children's name(s): _____

Mailing Address: _____

City: _____ ST: _____ Zip: _____

Phone number: _____ E-mail: _____

Legislative district (if known): _____ County: _____

Check if you DON'T want a MAILED newsletter:
 BCHW (Trailhead News) Chapter Newsletter

STATE MEMBERSHIP

Basic Memberships

Single \$41.00
 Family \$54.00

Levels below include Single or Family

Contributing \$75.00
 Sustaining \$125.00
 Patron \$250.00
 Benefactor \$500.00

Lifetime (Single) \$1200.00

State dues paid online (attach receipt copy)
 Additional State Donation \$ _____
 State Subtotal \$ _____

CHAPTER MEMBERSHIP

All chapter members must also be a member of BCHW. However, BCHW dues only need to be paid **once** each year. Joining additional (secondary) chapters only requires paying chapter dues.

Chapter Name (or Independent):
Capitol Riders (\$10 Single, \$15 Family)

If joining a secondary Chapter, provide the Chapter name where BCHW dues have been paid for 2019:

Chapter Dues	\$ _____
Additional Chapter Donation	\$ _____
Chapter Subtotal	\$ _____
Grand Total (State+Chapter)	\$ _____

LIABILITY RELEASE & NOTICES

All ADULT members MUST sign! Adult's signature covers minor children. Recognizing the fact that there is a potential for an accident wherever horse use is involved, which can cause injuries to horses, riders, and spectators, and also recognizing the fact that Back Country Horsemen of Washington, including Chapters, officers, directors, or members, cannot always know the condition of trails or the experience levels of riders or horses taking part in trail rides or other BCHW events, I do hereby release and hold harmless the above named from any claim or right for damages which might occur to me, my minor children, or horses.

By signing this application I agree to receive notices from BCH by electronic transmission at the above email address.

Signature: _____ Date: _____

Signature: _____ Date: _____

Signature: _____ Date: _____

Back Country Horsemen of Washington (BCHW) is a public charity as defined in Internal Revenue Code Section 501(c) (3). Accordingly, membership dues paid to BCHW may be treated as deductions characterized as "charitable contributions" when computing federal and state income tax obligations.

Sue Koch
10214 Gate Rd SW
Olympia, WA 98512
Capitol Riders
<http://capitolriders.org>

