

# Quad Wednesday Night Hockey League – QWNHL WINTER 2025

## Insurance Waiver and Release of Liability

In consideration of being allowed to participate in any way in the Quad Wednesday Night Hockey League, also known as the QWNHL organized by Robert Sorenson, hockey program or related events or activities, the undersigned acknowledges, appreciates, and agrees that:

1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE QWNHL AND ROBERT SORENSON, and assume full responsibility for my participation: and
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If however I observe any hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest league official immediately; and
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS THE QWNHL, ROBERT SORENSON, their officers, officials, agents and/or employees, sponsoring agencies, sponsors, advertisers and, if applicable, owners and lessors of premises used to conduct the league activities (“Releasees”). WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, loss or damage to person or property, WHETHER CAUSED BY THE NEGLIGENCE OF THE QWNHL OR OTHERWISE.
5. I will abide by the rules and the philosophy (as set out in the QWNHL league rules), and any penalties or suspensions levied by the QWNHL disciplinary committee. These rules may change from time to time as the executive board sees fit, and full notice to players will be given.
6. Players may be asked to move to another team other than the one they are placed on, if its needed to help ensure league parity
7. No League Fee Refunds once the season has commenced, or until replacement player found.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, I FULLY UNDERSTAND ITS TERMS, I FULLY UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND I SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

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Print Participant’s Name

\_\_\_\_\_  
Print Witness’ Name

\_\_\_\_\_  
Participant Signature

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date Signed

\_\_\_\_\_  
Date Signed