

Safe People Handling in Care

This course is an introduction into the safe moving and handling of people in care.

- Overview of the equipment used in the care home
- Awareness of safe manual handling
- To have an understanding of the basic functions of the spine
- To be competent to carry out safer people handling techniques
- Identifying problems through risk assessment
- Awareness of controversial techniques
- To be able to correctly check and use equipment identified in a resident's care plan
- Using a person centred approach to the safe moving and handling of people in your care.



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