

Mission – Goals – Plans

Step 1: Mission

Mission is your compass that will guide your goals and plans. A mission is simple, direct, and precise. It naturally arises and typically occurred when you were a child or something within your core. Reflect on what you enjoyed doing as a child and it may help you develop your mission. Keep this in private. And let your actions speak.

Examples:

1. “To make people smile and laugh”. With a goal to be an author, artist, actor, comedian, doctor, teacher, police officer, lawyer, businessperson, etc.
2. “To help people”. With a goal to become an author, artist, actor, comedian, doctor, teacher, police officer, lawyer, businessperson, etc.
3. “To entertain people”. With a goal to be an author, artist, actor, comedian, doctor, teacher, police officer, lawyer, businessperson, etc.
4. It could also be general “to become the best version of myself and become a service to God and humanity.”

Note: The goals can be anything you decide. It’s not as important as your mission. It’s like the saying, “It doesn’t really matter what you do, but how you do it.” The “how process” is more than important the “what process”.

“I want to make money.” Is a mission that occurs in many individuals, but it has no substance and purpose behind it. Therefore, more than likely, many fail to achieve it when it becomes their sole purpose for doing anything.

“Do not share this with anybody.”

Step 2: Goals

Goals are the stepping stones toward your mission. It will help clarify your vision and direction in life. “Where there is no vision, the people perished.” One of the biggest issues people have is a lack of vision. “Not knowing where you want to go, any path will take you there.” The more details you provide the clearer your vision becomes and the clearer your vision becomes the higher probability your goals will be achieved. Create these goals without any form of limitations. Meaning creating goals that you truly want to achieve, not what you think you can achieve. This is the beginning process of the creation of your life.

Create short-term (6 months to 1 year goal), mid-term (1 year to 5 years), and long-term (5 years to 20 years) goals. And in all three sections you will develop goals for your: health, character, wealth, school/work, and relationships. Take your time to create, revise, and read this section consistently. Start with twice a day, then every weekend, until you’ve clearly visualized your goals accomplished. A complete embodiment of it.

Step 2.5: Visualize

Do you have a clear vision of your goals already accomplished? If not, take some time to internalize and embody everything you have written. Imagine and feel you have accomplished these goals daily. The more you can embody the accomplishments of your goals the more the universe seems to unfold in that manner. It’s as if the universe starts moving in a way to provide you what you’ve asked for. “Knock and the door shall open.” “Seek and you shall find.” These are simple and more direct ways of explaining it. Practice and make it a habit to visualize accomplishing your work before you get started. This could be an assignment, project, workout, meetings, etc. This will develop your sense of imagination and vision. “Where there is no vision, the people perished.”

Step 3: Plans

Plans are your propeller that will move you towards your goals and mission. These are daily and weekly activities you will commit to for each goal you have written. “Failing to plan is planning to

fail.” This will also allow you to free your mind of the constant question that many people have in their minds, “what should I do today?”.

Developing a plan will help you form mastery of yourself. Instead of others telling you what you need to do you begin to become a sovereign individual that thinks, decides, plans, and creates his day and life. There are many things we cannot control in life but where we place our time and energy (life) is one thing we must control.

Write down a plan that you will commit to daily/weekly activities to achieve these goals and the date of accomplishment. This is the process of developing a strategy for achieving your goals. Start out small if necessary and make it enjoyable. It’s your life that you are creating. It might be good to create a life worth living. That every night before you go to bed, you hear, “Well done, my good and faithful servant! You have been faithful over a few things; I will make you ruler over many things.”

Example:

Goal:	To be physically healthier
Plan/s:	Walk for 30 minutes 6x a week 10 minutes of gym 3x a week.

Goal:	Find a new job by March 2023
Plan/s:	Working on my resume for 90 minute a day for the next 2 weeks. Apply for 10 jobs a day until I receive 10 interviews.

Goal:	Write a book by Dec 15, 2023.
Plan/s:	Write for 60 minutes a day or 1,000 words a day.

Goal:	To be more articulate with my words.
Plan/s:	I will read 30 minutes a day before going to bed. And write 30 minutes first thing in the morning.

Goals

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