# Overview of the Theory & Method

### The Human Biofield

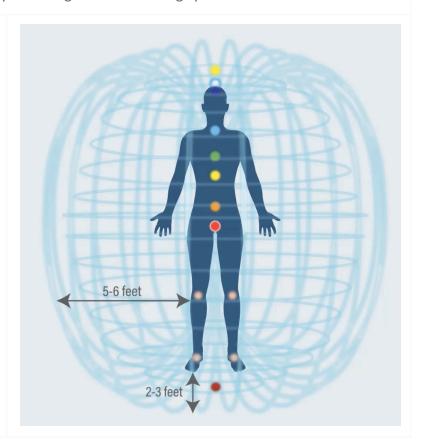
The term "biofield" was first described by a panel of scientists at the National Institutes of Health (NIH) in 1994. The biofield is a field that surrounds and interpenetrates the body; it is comprised of energy and information that reflects and guides the homeodynamic regulation of a living system.

Composed of electromagnetic frequencies and subtle energies, it extends about 5-6 feet from the sides of the body, and 2-3 feet above the head and below the feet.

It has a toroidal shape, which is a pattern that repeats itself in nature, for instance in a cross section of an apple, the Earth or trees.

The toroidal structure draws up negative electric charge from the surface of the Earth and draws down positive electric charge from the Sun and the atmosphere.

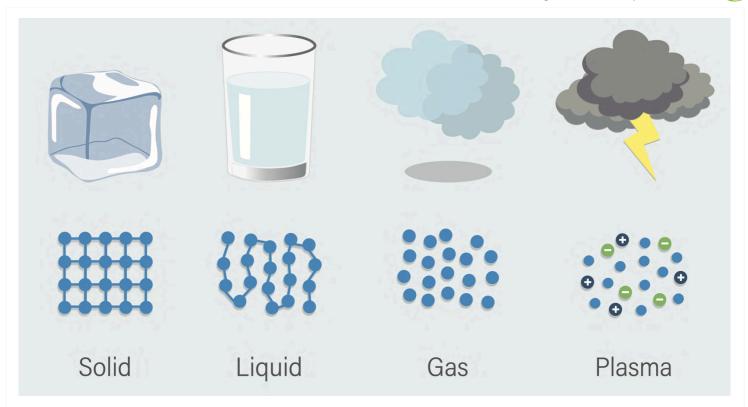
These two charges spiral around each other in the central channel and flow bi-directionally along the outer boundary of the field.



# **Electric Universe Theory & Plasma**

The Electric Universe Theory provides an entirely new way of looking at the Universe. Much different from what we're taught in Western education, it states that *electricity*, not gravity, is the defining force of the Universe. It is this very concept that is at the core of the Biofield Tuning hypothesis.

According to the Electric Universe Theory, there are four states of matter – solid, liquid, gas and *plasma*. Plasma is thought to be the basis from which all other states of matter arise.



#### Plasma

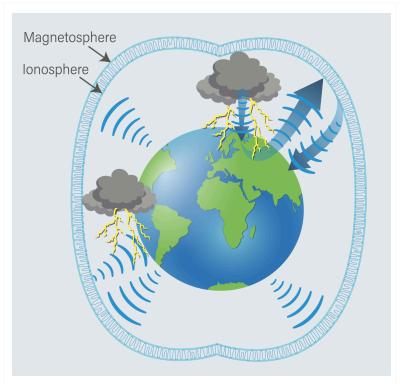
Plasma is formed when ionized gasses become electrically conductive, meaning that electrical current can flow through it.

The Biofield Tuning theory suggests that we are interacting with plasma within the human biofield. Plasma forms filaments, cells, sheaths, and creates double layer membranes which hold a greater electrical charge between layers.

Our biofield is bounded by a double layer plasma membrane and its charge is what allows us to locate it. It is fractally similar to how the Earth and Sun each have their own atmosphere around them. On Earth it is known as the



ionosphere and magnetosphere, and the Sun has its corresponding heliosphere.



#### The Schumann Resonance

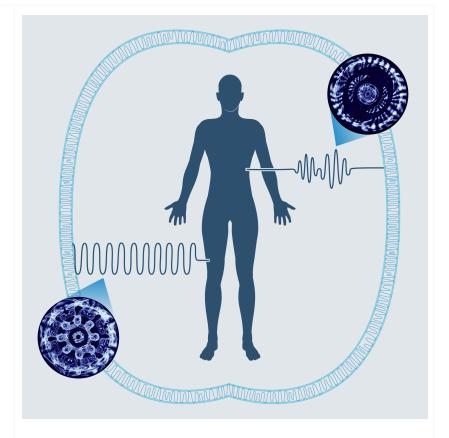
The Schumann Resonance is generated by lightning strikes simultaneously occurring on Earth at any given second. These waves bounce off the boundary of the Earth's double layer plasma membrane and create standing waves vibrating at a frequency of 7.83 Hz and their higher harmonics in the space between the Earth and its ionosphere.

Like the standing waves within the Earth's atmosphere, we appear to have standing waves within our own field which are hypothesized to be encoded with our memories.

# **Standing Waves**

Hypothetically, the field is like our personal "cloud" where all of our memories, beliefs, injuries, illnesses, and everything we have experienced is stored in standing waves. We experience reality through the filter of our biofields.

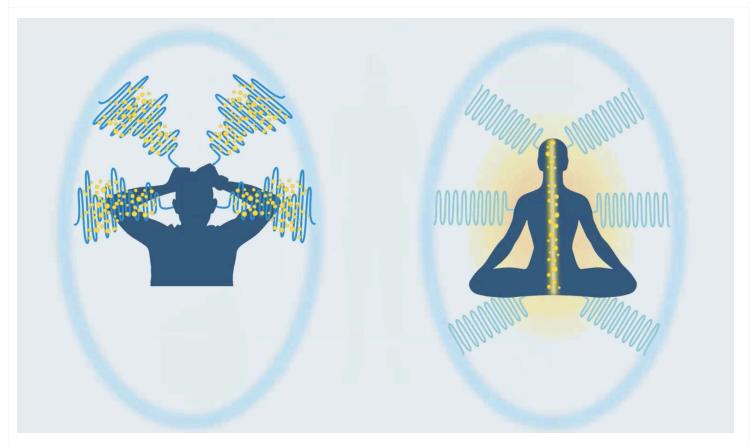
As we go through the days of our lives, we have experiences that create corresponding waveforms associated with those experiences which propagate off the body. Pleasant or easeful times in our life produce coherent and regulated waveforms, and traumatic or stressful experiences generate incoherent and distorted waveforms.





### **Biofield Tuning Biophoton Hypothesis**

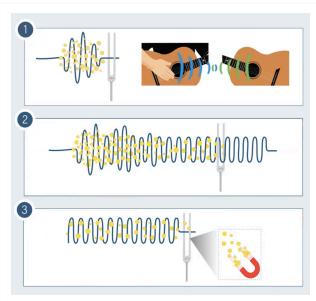
Biophotons are light particles produced by a biological system. When an organism is under stress, it emits more biophotons. When we experience significant stress, trauma, pain, etc, the body expresses these stressors vibrationally, creating chaotic waveforms that tangle up or trap the biophotons in the field which results in dissonant frequency patterns.



#### Resonance and Entrainment

The coherent frequency produced by the fork locates and provides feedback, assisting the body to resolve places of dissonance by releasing the biophotons that are entangled within the area of distortion. First, the tone **resonates** with the distorted frequency pattern that is present and broadcasts that information.

Then, it begins to **entrain** that frequency into a more coherent expression. As biophotons release, the tuning fork acts like a magnet to collect energy through the field so that it can be released and restored to the body, and put back into circulation.

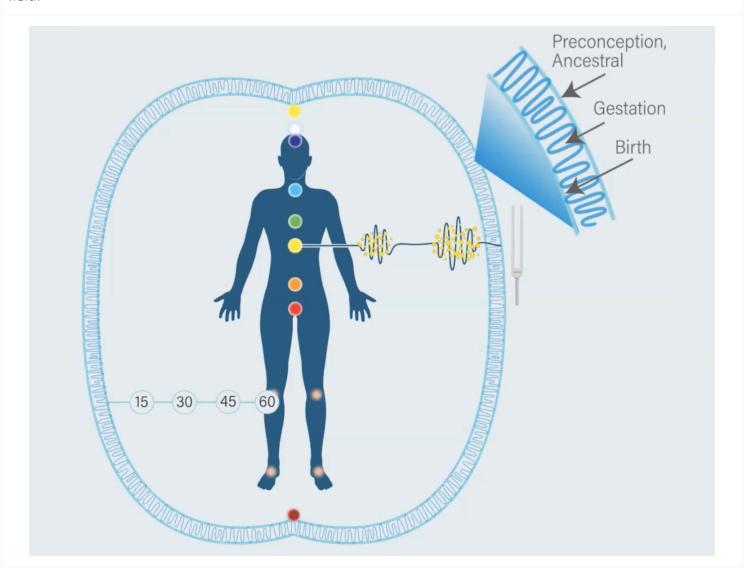


#### The Biofield Anatomy

The biofield contains the "record" of a person's life experiences stored in a chronological order, creating a time lined aspect starting at the outer edge and moving in towards the physical body.

Similar to how cells in our body have double layers that separate the interior from the outside environment, the edge of our field also has a double layer-like membrane of greater density surrounding it. The information stored here relates to the client's gestation and birth.

Similar to how rings on a tree represent the growth, climate, and even atmospheric experience of that tree, our biofield holds our "history" as individuals. As a tuner moves an activated tuning fork through a person's field (working from the edge towards the body), their life events are reflected through the vibrations and tones of the fork. How the client responded to these events in their life shows up via differing "frequency signatures" in the field.





#### Tools of the Trade

#### The Forks

Using tuning forks in the field is much like placing a needle on a record player; the fork broadcasts information to both the client and the tuner. Initially, the forks reflect the nuanced tones held in the field and subsequently the physical body. The tools then provide a steady, coherent input to align and resonate with the body.

The forks produce a small electromagnetic charge, which allows them to act like magnets, directing the biophotons that have been stagnant in the field back to the central channel.

Some forks are better suited for working with denser energy in the field than others. Much like the coarseness ratings of sandpaper (*coarse grit to fine grit*), tuners gravitate toward certain tools depending on what they are encountering.



### **Biofield Tuning Tools**

Take it from us, not all tuning forks are created equal! While there are many different options to choose from, our tools are the only ones that have been specifically designed for the Biofield Tuning process. Created with a custom aluminum alloy, Biofield Tuning tools involve additional manufacturing steps to balance and clarify the tones, producing the highest quality fork on the market.

Our forks are machined from a solid block of metal alloy rather than being poured into a mold. They also feature a longer handle which offers a more comfortable grip for sustained use during Biofield Tuning sessions. Some of our weighted forks have the tines spread for an increased and sustained activation, which is especially effective for use on the body! These tools have been specifically created for therapeutic use.