

JANUARY/FEBRUARY 2023

**Better
Homes**
and Gardens
REAL ESTATE

Welcome
Home
TEAM

REAL TALK

The Monthly Newsletter of Welcome Home Team

DESPITE WHAT THE NEWS SAYS...



Breaking News



Real Estate

• Wednesday, 1 February 2023

Despite what
the news says...
people will
always need to
buy and sell
real estate

Like everything else, the news is filled with scary, stressful stories and real estate coverage is no different. Yes, the market and rates have changed, but despite what the news says, people will always need to buy and sell real estate.

The only constant is change... And real estate. People are always moving, which means that homes are constantly being bought and sold.

While outside pressures such as inflation, interest rates, and supply and demand change the day to day of the market, the need for folks to buy and sell homes stays the same.

Another constant is that homes appreciate in value over time which means that the best day to start making your real estate investments is TODAY! Whether that means you need to buy your first home or sell your home to get into your dream home, we can chat all about the real estate market and what you can do to be successful in real estate.

BEST RESTAURANTS IN TOWN FOR VALENTINES, GALENTINES, OR JUST BECAUSE YOU'RE HUNGRY

Omaha has been rated a top foodie town for years and if you've traveled or moved at all, it's one of the first noticeable differences when compared to other cities. We're a bit spoiled. And we like it that way!

This week four Omaha chefs were nominated as semifinalists for the James Beard Award, one of the most prestigious honors in the culinary world. If you haven't been, these are the best chefs and restaurants in town for any occasion:

YOSHITOMO

Chef David Utterback
6011 Maple St
402-916-5872
www.yoshitomo.com/

BLOCK 16

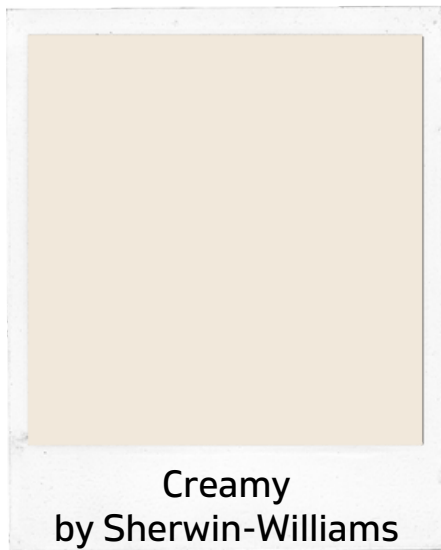
Chefs Paul and Jessica Urban
1611 Farnam St
402-342-1220
www.block16omaha.com/

kanō

Chef Kane Adkisson
Pop-up Dinner Series
402-612-6808
www.kanoomaha.com/



BEST EXTERIOR PAINT COLORS FOR *selling a house*



Want to repaint your home before selling? Try one of these colors to catch the eyes of potential buyers! These colors are the best to show off your home's unique features and give it a fresh look.

Repainting your home is a great return on investment and is also a selling point for buyers. A modern color, like one of these beautiful selections, can bring even an older home into 2023. But better than just being trendy, these colors are classic and have true staying power—making them even more appealing to buyers!

MOVE MANAGEMENT Educational Seminar



Join us as we discuss how to get organized and be prepared for a successful move.

Wednesday, February 15th, 2023
2:00pm-3:00pm
Pacific Springs
805 S 173rd Court
Omaha, NE 68118

Seating is limited.
Please RSVP to (402) 235-9222
by February 1



THE SKILLS YOU NEED TO AGE IN PLACE

According to the U.S. Centers for Disease Control and Prevention, aging in place is “the ability to live in one’s own home and community safely, independently, and comfortably, regardless of age, income, or ability level.”

Eighty-eight percent of Americans between 50-80 years old believe that aging in place is important, but many will need assistance to continue to live independently. What abilities must you or your loved ones need to live safely and independently? The healthcare community identifies these activities of daily living (ADLs) as the skills a person needs to care for themselves:



Instrumental ADLs

- Managing transportation, either via driving or by organizing other means of transport.
- Managing finances: paying bills and managing financial assets.
- Shopping and meal preparation.
- Housecleaning and home maintenance.
- Managing communication with others: telephone, mail, digital correspondence.
- Managing medications: obtain medications and take them as directed.

Basic ADLs

- The ability to move from one position to another and walk independently.
- The ability of a person to feed oneself.
- The ability to select appropriate clothes and to put the clothes on.
- The ability to bathe and groom oneself and maintain dental hygiene and nail and hair care.
- The ability to control bladder and bowel function.
- The ability to get to and from the toilet, use it appropriately, and clean oneself.

**This information comes from the National Library of Medicine, retrieved at www.ncbi.nlm.nih.gov/books/NBK470404*

People unable to perform some of these ADLs are often able to continue living independently with support. Knowing the areas in which you or your loved one needs assistance makes aging in place more possible, and gives seniors and their family members peace of mind.

If you have concerns about either yourself or a loved one being able to care for themselves, reach out to your doctor or local senior support center for help. They can assess ADLs and recommend interventions to help you and your loved ones age in place safely and confidently.



Count on an SRES® to guide you through the process of buying or selling your home, making the transaction less stressful and more successful.
The Senior Real Estate Specialist (SRES®) designation is awarded by the SRES® Council, a subsidiary of the National Association of REALTORS®.