

TIME	TASK	REPORT
<ul style="list-style-type: none"> Day 1 -7 	<ul style="list-style-type: none"> <input type="checkbox"/> Determine Care Issues <input type="checkbox"/> Establish Preferred Timeline - could be days, weeks, or months away. <input type="checkbox"/> Gather healthcare documents, medication lists, legal and financial documents to reference in the future. 	<p>To begin, it helps to determine where it is you want to go. Visit with physician about health/cognitive concerns. Talk with family members about findings, what timeframe is best, and gather POA, trust, bank documents. Family Ties Senior Placements help start the conversations.</p>
<ul style="list-style-type: none"> Day 8- 14 	<ul style="list-style-type: none"> <input type="checkbox"/> Start small - Three Box Method <input type="checkbox"/> Plan donation drop-off or pickup <input type="checkbox"/> If feeling overwhelmed, call for help. This is a good time to visit with donation sites, estate sales, and schedule your free consultation with us. 	<p>Categorize belongings in three boxes for “Keep” “Donate” and “Sell.” Start is an unused space like an extra bedroom, hutch or bath that is rarely used. It’s less emotional and easier to manage. Time blocking helps - agree to work on it for 30-45 but no longer. Small accomplishments build into bigger wins.</p>
<ul style="list-style-type: none"> Day 15-22 	<ul style="list-style-type: none"> <input type="checkbox"/> Narrow down communities based on care, location, and budget <input type="checkbox"/> Does the home need sold to pay for senior care? <input type="checkbox"/> How much money is there for senior living and how long will it last? <input type="checkbox"/> How is the family involved? 	<p>This step may seem like a big leap, but it’s important to know you’re not alone. Our teams help guide your through this with our no-pressure conversations and approach.</p>
<ul style="list-style-type: none"> Day 23-30 	<ul style="list-style-type: none"> <input type="checkbox"/> Interview and bid movers and settling-in services <input type="checkbox"/> Complete community assessment to ensure a seamless move-in. <input type="checkbox"/> Pack a “first night” bag of a few of your favorite photos, pjs, medications. 	<p>Bringing in a team of trusted providers reduces stress and saves the family time and hassle. We have a team of vendors we have worked with and trust to help you too!</p>

Local Omaha/ Council Bluffs Resource Directory

- ☐ Utilities to remember:
 - ☐ Metropolitan Utilities District 402.554.6666 or mudomaha.com
 - ☐ Omaha Public Power 402.536.4131 or oppd.com
 - ☐ Black Hills Energy 888.890.5554 or blackhillsenergy.com
 - ☐ MidAmerican Energy 888.427.5632 or midamericanenergy.com
 - ☐ Council Bluffs Water Works 712.328-.006 or cbwaterworks.com
- ☐ Local Movers working with Seniors
 - ☐ Easy as Pie Movers - Owner is Brice Faber 402.200.4661 or easyaspiemoving.com
- ☐ Elder Law of Omaha - Samantha D'Angelo 402.614.6400 or elderlawomaha.com
- ☐ Family Ties Senior Placements - Jonie Sturek 402.305.8195 or familytiesseniiorplacments.com

"She (Jonie) was very diligent and supportive through the whole process of selling my mother's house. I will highly recommend her to everyone."

– Michele T.

