



# Annual Notice of Changes 2025

AARP® Medicare Rx Preferred from UHC (PDP)



**myAARPMedicare.com**



**Toll-free 1-866-870-3470, TTY 711**

8 a.m.-8 p.m.: 7 Days Oct-Mar; M-F Apr-Sept

**Do we have the right address for you?**

If not, please let us know so we can keep you informed about your plan.

**AARP** | Medicare Rx  
from  **UnitedHealthcare**

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## **Find updates to your plan for next year**

This notice provides information about updates to your plan, but it doesn't include all of the details. Throughout this notice you will be directed to **myAARPMedicare.com** to review the details online. All of the below documents will be available online by **October 15, 2024.**

### **Pharmacy Directory**

Review the 2025 Pharmacy Directory online to see which pharmacies are in our network next year.

### **Drug List (Formulary)**

You can look up which drugs will be covered by your plan next year and review any new restrictions on our website.

### **Evidence of Coverage (EOC)**

Review your 2025 EOC for details about plan costs and benefits. The EOC is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs.

### **Reduce the clutter and get plan documents faster.**

Visit **myAARPMedicare.com** to sign up for paperless delivery.

### **Would you rather get paper copies?**

If you want a paper copy of what is listed above, please contact our Customer Service at 1-866-870-3470 (TTY users should call 711). Hours are 8 a.m.-8 p.m.: 7 Days Oct-Mar; M-F Apr-Sept.

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**AARP® Medicare Rx Preferred from UHC (PDP) offered by UnitedHealthcare**

# Annual Notice of Changes for 2025



**You are currently enrolled as a member of AARP® Medicare Rx Preferred from UHC (PDP).**

Next year, there will be changes to the plan's costs and benefits. Please see page 7 for a Summary of Important Costs, including Premium. This document tells about the changes to your plan. To get more information about costs, benefits, or rules please review the Evidence of Coverage, which is located on our website at [myAARPMedicare.com](http://myAARPMedicare.com). You may also call Customer Service to ask us to mail you an Evidence of Coverage.

You have from October 15 until December 7 to make changes to your Medicare coverage for next year.

## What to do now

### 1. **Ask:** Which changes apply to you

- Check the changes to our benefits and costs to see if they affect you.
  - Review the changes to our drug coverage, including coverage restrictions and cost sharing.
  - Think about how much you will spend on premiums, deductibles, and cost sharing.
- Check the changes in the 2025 Drug List to make sure the drugs you currently take are still covered.
- Compare the 2024 and 2025 plan information to see if any of the drugs you take move to a different cost sharing tier or will be subject to different restrictions, such as prior authorization, step therapy, or a quantity limit, for 2025.
- Check if you qualify for help paying for prescription drugs. People with limited incomes may qualify for "Extra Help" from Medicare.

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- Think about whether you are happy with our plan.

## 2. **Compare:** Learn about other plan choices

- Check coverage and costs of plans in your area. Use the Medicare Plan Finder at [www.medicare.gov/plan-compare](http://www.medicare.gov/plan-compare) website or review the list in the back of your Medicare & You 2025 handbook. For additional support, contact your State Health Insurance Assistance Program (SHIP) to speak with a trained counselor.
- Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.

## 3. **Choose:** Decide whether you want to change your plan

- If you don't join another plan by December 7, 2024, you will be enrolled in AARP® Medicare Rx Preferred from UHC (PDP).
- To change to a **different plan**, you can switch plans between October 15 and December 7. Your new coverage will start on **January 1, 2025**. This will end your enrollment with AARP® Medicare Rx Preferred from UHC (PDP).

## Additional Resources

- UnitedHealthcare does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.
- UnitedHealthcare provides free services to help you communicate with us such as documents in other languages, braille, large print, audio, or you can ask for an interpreter. For more information, please call us toll-free at the number on your member ID card or the front of your plan booklet.
- UnitedHealthcare ofrece servicios gratuitos para ayudarle a que se comuniqué con nosotros. Por ejemplo, documentos en otros idiomas, braille, en letra grande o en audio. O bien, usted puede pedir un intérprete. Para obtener más información, llámenos al número gratuito que se encuentra en su tarjeta de ID de miembro o en la portada de la guía de su plan.

## About AARP® Medicare Rx Preferred from UHC (PDP)

- Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare-approved Part D sponsor. Enrollment in the plan depends on the plan's contract renewal with Medicare. UnitedHealthcare Insurance Company pays royalty fees to AARP for the use of its intellectual property. These fees are used for the general purposes of AARP. AARP and its affiliates are not insurers. You do not need to be an AARP member to enroll. AARP encourages you to consider your needs when selecting products and does not make specific product or pharmacy recommendations for individuals.

- When this document says “we,” “us,” or “our,” it means UnitedHealthcare Insurance Company or one of its affiliates. When it says “plan” or “our plan,” it means AARP® Medicare Rx Preferred from UHC (PDP).

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# Annual Notice of Changes for 2025

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## Summary of important costs for 2025

The table below compares the 2024 costs and 2025 costs for AARP® Medicare Rx Preferred from UHC (PDP) in several important areas. **Please note this is only a summary of costs.**

Cost	2024 (this year)	2025 (next year)
<p><b>Monthly plan premium*</b> *Your premium may be higher or lower than this amount. (See Section 2.1 for details.)</p>	<p>\$115.90</p>	<p>\$113.70</p>
<p><b>Part D prescription drug coverage</b> (See Section 2.3 for details.)</p>	<p>Deductible: Because we have no deductible, this payment stage does not apply to you.</p> <p>Copays/Coinsurance for a one-month (30-day) supply during the Initial Coverage stage:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Drug Tier 1: Preferred retail cost-sharing (in-network) \$7 copayment</li> <li><input type="checkbox"/> Drug Tier 2: Preferred retail cost-sharing (in-network) \$12 copayment</li> <li><input type="checkbox"/> Drug Tier 3: Preferred retail cost-sharing (in-network) \$47 copayment</li> </ul> <p>You pay \$35 per month supply of each covered insulin product on this tier<sup>1</sup></p>	<p>Deductible: Because we have no deductible, this payment stage does not apply to you.</p> <p>Copays/Coinsurance for a one-month (30-day) supply during the Initial Coverage stage:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Drug Tier 1: Preferred retail cost-sharing (in-network) \$5 copayment</li> <li><input type="checkbox"/> Drug Tier 2: Preferred retail cost-sharing (in-network) \$10 copayment</li> <li><input type="checkbox"/> Drug Tier 3: Preferred retail cost-sharing (in-network) \$47 copayment</li> </ul> <p>You pay \$35 per month supply of each covered insulin product on this tier<sup>1</sup></p>



**Questions?** Call Customer Service at **1-866-870-3470**, TTY **711**, 8 a.m.-8 p.m.: 7 Days Oct-Mar; M-F Apr-Sept

Cost	2024 (this year)	2025 (next year)
	<ul style="list-style-type: none"> <li><input type="checkbox"/> Drug Tier 4: Preferred retail cost-sharing (in-network) 40% of the total cost</li> <li><input type="checkbox"/> Drug Tier 5: Preferred retail cost-sharing (in-network) 33% of the total cost</li> </ul> <p>Catastrophic Coverage:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> During this payment stage, the plan pays the full cost for your Medicare-covered Part D drugs.</li> <li><input type="checkbox"/> You may have cost sharing for drugs that are covered under our enhanced benefit.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Drug Tier 4: Preferred retail cost-sharing (in-network) 40% of the total cost</li> <li><input type="checkbox"/> Drug Tier 5: Preferred retail cost-sharing (in-network) 33% of the total cost</li> </ul> <p>Catastrophic Coverage:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> During this payment stage, you pay nothing for your Medicare-covered Part D drugs.</li> <li><input type="checkbox"/> You may have cost sharing for drugs that are covered under our enhanced benefit.</li> </ul>

<sup>1</sup> You will pay a maximum of \$35 in 2024 and 2025 for each 1-month supply of Part D covered insulin drugs through all drug payment stages, except the 2025 Catastrophic drug payment stage, where you pay \$0.



**Questions?** Call Customer Service at **1-866-870-3470**, TTY **711**, 8 a.m.-8 p.m.: 7 Days Oct-Mar; M-F Apr-Sept



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## Section 1 **Unless you Choose Another Plan, You Will Be Automatically Enrolled in AARP® Medicare Rx Preferred from UHC (PDP) in 2025**

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On January 1, 2025, UnitedHealthcare Insurance Company or one of its affiliates will be combining AARP® Medicare Rx Preferred from UHC (PDP) with one of our plans, AARP® Medicare Rx Preferred from UHC (PDP). The information in this document tells you about the differences between your current benefits in AARP® Medicare Rx Preferred from UHC (PDP) and the benefits you will have on January 1, 2025 as a member of AARP® Medicare Rx Preferred from UHC (PDP).

**If you do nothing by December 7, 2024, we will automatically enroll you in AARP® Medicare Rx Preferred from UHC (PDP).** This means starting January 1, 2025, you will be getting your prescription drug coverage through AARP® Medicare Rx Preferred from UHC (PDP). If you want to change plans or switch to Original Medicare, you must do so between October 15 and December 7. If you are eligible for "Extra Help", you may be able to change plans during other times.

While your plan name is not changing in 2025, some of the information pharmacies use to process prescriptions will be updated in 2025. We will mail you a new UnitedHealthcare member ID card. If you have questions, or if your UnitedHealthcare member ID card is damaged, lost, or stolen, call Customer Service at 1-866-870-3470, TTY 711, right away and we will send you a new card.

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## Section 2 **Changes to Benefits and Costs for Next Year**

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### Section 2.1 **Changes to the Monthly Premium**

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Cost	2024 (this year)	2025 (next year)
<b>Monthly premium</b> (You must also continue to pay your Medicare Part B premium unless it is paid for you by Medicaid.)	<b>\$115.90</b>	<b>\$113.70</b>

- Your monthly plan premium will be more if you are required to pay a lifetime Part D late enrollment penalty for going without other drug coverage that is at least as good as Medicare drug coverage (also referred to as "creditable coverage") for 63 days or more.
- If you have a higher income, you may have to pay an additional amount each month directly to the government for your Medicare prescription drug coverage.
- Your monthly premium will be less if you are receiving "Extra Help" with your prescription drug costs. Please see Section 7 regarding "Extra Help" from Medicare.

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## Section 2.2 Changes to the Pharmacy Network

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Amounts you pay for your prescription drugs may depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered only if they are filled at one of our network pharmacies. Our network includes pharmacies with preferred cost sharing, which may offer you lower cost sharing than the standard cost sharing offered by other network pharmacies for some drugs.

AARP® Medicare Rx Preferred from UHC (PDP)'s pharmacy network includes limited lower-cost pharmacies in rural AK, MT, NE, ND, SD and WY. There are an extremely limited number of preferred cost share pharmacies in suburban MT. The lower costs advertised in our plan materials for these pharmacies may not be available at the pharmacy you use. For up-to-date information about our network pharmacies, including whether there are any lower-cost preferred pharmacies in your area, please call us or consult the online pharmacy directory using the contact information that appears on the booklet cover.

An updated Pharmacy Directory is located on our website at **myAARPMedicare.com**. You may also call Customer Service for updated pharmacy information or to ask us to mail you a Pharmacy Directory.

There are changes to our network of pharmacies for next year. **Please review the 2025 Pharmacy Directory (myAARPMedicare.com) to see which pharmacies are in our network.**

It is important that you know that we may make changes to the pharmacies that are part of your plan during the year. If a mid-year change in our pharmacies affects you, please contact Customer Service so we may assist.

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## Section 2.3 Changes to Part D Prescription Drug Coverage

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### Changes to Our Drug List

Our list of covered drugs is called a Formulary or Drug List. **You can get the complete Drug List** by calling Customer Service (see the back cover) or visiting our website (**myAARPMedicare.com**).

We made changes to our Drug List, which could include removing or adding drugs, changing the restrictions that apply to our coverage for certain drugs or moving them to a different cost-sharing tier. **Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions, or if your drug has been moved to a different cost-sharing tier.**

Most of the changes in the Drug List are new for the beginning of each year. However, we might make other changes that are allowed by Medicare rules that will affect you during the plan year. We update our online Drug List at least monthly to provide the most up-to-date list of drugs. If we make a change that will affect your access to a drug you are taking, we will send you a notice about the change.

If you are affected by a change in drug coverage at the beginning of the year or during the year, please review Chapter 7 of your Evidence of Coverage and talk to your doctor to find out your options, such as asking for a temporary supply, applying for an exception and/or working to find a new drug. You can also contact Customer Service for more information.

Starting in 2025, we may immediately remove brand name drugs or original biological products on our Drug List if we replace them with new generics or certain biosimilar versions of the brand name drug or original biological product on the same or lower cost-sharing tier and with the same or fewer restrictions. Also, when adding a new version, we may decide to keep the brand name drug or original biological product on our Drug List, but immediately move it to a higher cost-sharing tier or add new restrictions or both.

This means, for instance, if you are taking a brand name drug or biological product that is being replaced by a generic or biosimilar version, you may not get notice of the change 30 days before we make it or get a month's supply of your brand name drug or biological product at a network pharmacy. If you are taking the brand name drug or biological product at the time we make the change, you will still get information on the specific change we made, but it may arrive after we make the change.

Some of these drug types may be new to you. For definitions of the drug types that are discussed throughout this chapter, please see Chapter 10 of your Evidence of Coverage. The Food and Drug Administration (FDA) also provides consumer information on drugs. See FDA website: <https://www.fda.gov/drugs/biosimilars/multimedia-education-materials-biosimilars#For%20Patients>. You may also contact Customer Service or ask your health care provider, prescriber, or pharmacist for more information.

### **Changes to Prescription Drug Benefits and Costs**

**Note:** If you are in a program that helps pay for your drugs (“Extra Help”), **the information about costs for Part D prescription drugs may not apply to you.** We sent you a separate insert, called the Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs (also called the Low-Income Subsidy Rider or the LIS Rider), which tells you about your drug costs. If you receive “Extra Help” you will receive a LIS Rider. If you don't receive it, please call Customer Service and ask for the “LIS Rider” to be sent to you.

Beginning in 2025, there are three drug payment stages: the Yearly Deductible Stage, the Initial Coverage Stage, and the Catastrophic Coverage Stage. The Coverage Gap Stage and the Coverage Gap Discount Program will no longer exist in the Part D benefit.

The Coverage Gap Discount Program will also be replaced by the Manufacturer Discount Program. Under the Manufacturer Discount Program, drug manufacturers pay a portion of the plan's full cost for covered Part D brand name drugs and biologics during the Initial Coverage Stage and the Catastrophic Coverage Stage. Discounts paid by manufacturers under the Manufacturer Discount Program do not count toward out-of-pocket costs.

### **Changes to the Deductible Stage**

Stage	2024 (this year)	2025 (next year)
<b>Stage 1: Yearly (Part D) Deductible stage</b>	Because we have no deductible, this payment stage does not apply to you.	Because we have no deductible, this payment stage does not apply to you.

### Changes to Your Cost-sharing in the Initial Coverage Stage

Stage	2024 (this year)	2025 (next year)
<p><b>Stage 2: Initial Coverage stage</b> During this stage, the plan pays its share of the cost of your drugs and <b>you pay your share of the cost.</b></p> <p>We changed the tier for some of the drugs on our Drug List. To see if your drugs will be in a different tier, look them up on the Drug List.</p> <p>Most adult Part D vaccines are covered at no cost to you.</p>	<p>Your cost for a one-month supply:</p> <p><b>Tier 1 - Preferred Generic:</b></p> <p>Standard cost-sharing: You pay \$15 per prescription.</p> <p>Preferred cost-sharing: You pay \$7 per prescription.</p> <p><b>Tier 2 - Generic:</b></p> <p>Standard cost-sharing: You pay \$20 per prescription.</p> <p>Preferred cost-sharing: You pay \$12 per prescription.</p> <p><b>Tier 3 - Preferred Brand:</b></p> <p>Standard cost-sharing: You pay \$47 per prescription.</p> <p>You pay \$35 per month supply of each covered</p>	<p>Your cost for a one-month supply:</p> <p><b>Tier 1 - Preferred Generic:</b></p> <p>Standard cost-sharing: You pay \$13 per prescription.</p> <p>Preferred cost-sharing: You pay \$5 per prescription.</p> <p><b>Tier 2 - Generic:</b></p> <p>Standard cost-sharing: You pay \$18 per prescription.</p> <p>Preferred cost-sharing: You pay \$10 per prescription.</p> <p><b>Tier 3 - Preferred Brand:</b></p> <p>Standard cost-sharing: You pay \$47 per prescription.</p> <p>You pay \$35 per month supply of each covered</p>

Stage	2024 (this year)	2025 (next year)
	<p>insulin product on this tier<sup>1</sup>.</p> <p>Preferred cost-sharing: You pay \$47 per prescription.</p> <p>You pay \$35 per month supply of each covered insulin product on this tier<sup>1</sup>.</p> <p><b>Tier 4 - Non-Preferred Drug:</b></p> <p>Standard cost-sharing: You pay 45% of the total cost.</p> <p>Preferred cost-sharing: You pay 40% of the total cost.</p> <p><b>Tier 5 - Specialty Tier:</b></p> <p>Standard cost-sharing: You pay 33% of the total cost.</p> <p>Your cost for a one-month mail-order prescription is 33%.</p> <p>Preferred cost-sharing: You pay 33% of the total cost.</p> <p>Your cost for a one-month mail-order prescription is 33%.</p> <hr/> <p>Once your total drug costs have reached</p>	<p>insulin product on this tier<sup>1</sup>.</p> <p>Preferred cost-sharing: You pay \$47 per prescription.</p> <p>You pay \$35 per month supply of each covered insulin product on this tier<sup>1</sup>.</p> <p><b>Tier 4 - Non-Preferred Drug<sup>2</sup>:</b></p> <p>Standard cost-sharing: You pay 45% of the total cost.</p> <p>Your cost for a one-month mail-order prescription is 45%.</p> <p>Preferred cost-sharing: You pay 40% of the total cost.</p> <p>Your cost for a one-month mail-order prescription is 40%.</p> <p><b>Tier 5 - Specialty Tier:</b></p> <p>Standard cost-sharing: You pay 33% of the total cost.</p> <p>Your cost for a one-month mail-order prescription is 33%.</p> <p>Preferred cost-sharing: You pay 33% of the total cost.</p>

Stage	2024 (this year)	2025 (next year)
	<p>\$5,030, you will move to the next stage (the Coverage Gap stage).</p>	<p>Your cost for a one-month mail-order prescription is 33%.</p> <hr/> <p>Once you have paid \$2,000 out-of-pocket for Medicare-covered Part D drugs, you will move to the next stage (the Catastrophic Coverage stage).</p>

<sup>1</sup> You will pay a maximum of \$35 in 2024 and 2025 for each 1-month supply of Part D covered insulin drugs through all drug payment stages, except the 2025 Catastrophic drug payment stage, where you pay \$0.

<sup>2</sup> In 2025, prescriptions on Tier 4 of the Formulary are limited to a one-month supply at both retail and mail-order pharmacies.

**Changes to the Catastrophic Coverage Stage**

The Catastrophic Coverage Stage is the third and final stage. Beginning in 2025, drug manufacturers pay a portion of the plan’s full cost for covered Part D brand name drugs and biologics during the Catastrophic Coverage Stage. Discounts paid by manufacturers under the Manufacturer Discount Program do not count toward out-of-pocket costs.

If you reach the Catastrophic Coverage stage, you pay nothing for your Medicare-covered Part D drugs. You may have cost sharing for excluded drugs that are covered under our enhanced benefit.

For specific information about your costs in the Catastrophic Coverage Stage, look at Chapter 4, Section 6, in your **Evidence of Coverage**.

**Section 3 Administrative Changes**

Description	2024 (this year)	2025 (next year)
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<p><b>Medicare Prescription Payment Plan</b></p>	<p>Not applicable</p>	<p>The Medicare Prescription Payment Plan is a new payment option that works with your current drug coverage, and it can help you manage your drug costs by spreading them across <b>monthly payments that vary throughout the year (January – December)</b>. To learn more about this payment option, please contact us at 1-866-870-3470 or visit Medicare.gov.</p>
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**Section 4 Deciding Which Plan to Choose**

**Section 4.1 If You Want to Stay in AARP® Medicare Rx Preferred from UHC (PDP)**

**To stay in our plan, you don’t need to do anything.** If you do not sign up for a different plan by December 7, you will automatically be enrolled in our AARP® Medicare Rx Preferred from UHC (PDP).

**Section 4.2 If You Want to Change Plans**

We hope to keep you as a member next year but if you want to change plans for 2025 follow these steps:

**Step 1: Learn about and compare your choices**

- You can join a different Medicare prescription drug plan,
- OR**– You can change to a Medicare health plan. Some Medicare health plans also include Part D prescription drug coverage,
- OR**– You can keep your current Medicare health coverage and drop your Medicare prescription drug coverage.

To learn more about Original Medicare and the different types of Medicare plans, use the Medicare Plan Finder ([www.medicare.gov/plan-compare](http://www.medicare.gov/plan-compare)), read the **Medicare & You 2025 handbook**, call your State Health Insurance Assistance Program (see Section 6), or call Medicare (see Section 8.2).

As a **reminder**, UnitedHealthcare Insurance Company or one of its affiliates offers other Medicare health plans and Medicare prescription drug plans. These other plans may differ in coverage, monthly premiums, and cost-sharing amounts.

### Step 2: Change your coverage

- To **change to a different Medicare prescription drug plan**, enroll in the new plan. You will automatically be disenrolled from AARP® Medicare Rx Preferred from UHC (PDP).
- To **change to a Medicare health plan**, enroll in the new plan. Depending on which type of plan you choose, you may automatically be disenrolled from AARP® Medicare Rx Preferred from UHC (PDP).
  - You will automatically be disenrolled from AARP® Medicare Rx Preferred from UHC (PDP) if you enroll in any Medicare health plan that includes Part D prescription drug coverage. You will also automatically be disenrolled if you join a Medicare Health Maintenance Organization (HMO) or Medicare Preferred Provider Organization (PPO), even if that plan does not include prescription drug coverage.
  - If you choose a Private Fee-For-Service plan without Part D drug coverage, a Medicare Medical Savings Account plan, or a Medicare Cost Plan, you can enroll in that new plan and keep AARP® Medicare Rx Preferred from UHC (PDP) for your drug coverage. Enrolling in one of these plan types will not automatically disenroll you from AARP® Medicare Rx Preferred from UHC (PDP). If you are enrolling in this plan type and want to leave our plan, you must ask to be disenrolled from AARP® Medicare Rx Preferred from UHC (PDP). To ask to be disenrolled, you must send us a written request or contact Medicare at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week (TTY users should call 1-877-486-2048).
- To **change to Original Medicare without a prescription drug plan**, you must either:
  - Send us a written request to disenroll or visit our website to disenroll online. Contact Customer Service if you need more information on how to do so.
  - **or** – Contact **Medicare**, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

## Section 5 Deadline for Changing Plans

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If you want to change to a different prescription drug plan or to a Medicare health plan for next year, you can do it from **October 15 to December 7**. The change will take effect on January 1, 2025.

### Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. Examples include people with Medicaid, those who get “Extra Help” paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area.

If you recently moved into or currently live in an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other



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Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time. If you recently moved out of an institution, you have an opportunity to switch plans or switch to Original Medicare for two full months after the month you move out.

## Section 6 Programs That Offer Free Counseling about Medicare

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The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. In New York, the SHIP is called New York Health Insurance Information Counseling and Assistance Program (HIICAP).

It is a state program that gets money from the federal government to give **free** local health insurance counseling to people with Medicare. New York Health Insurance Information Counseling and Assistance Program (HIICAP) counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call New York Health Insurance Information Counseling and Assistance Program (HIICAP) at 1-800-701-0501.

## Section 7 Programs That Help Pay for Prescription Drugs

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You may qualify for help paying for prescription drugs. Below we list different kinds of help:

- “Extra Help” from Medicare.** People with limited incomes may qualify for “Extra Help” to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, yearly deductibles, and coinsurance. Additionally, those who qualify will not have a late enrollment penalty. To see if you qualify, call:
  - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day, 7 days a week;
  - The Social Security Office at 1-800-772-1213 between 8 a.m. and 7 p.m., Monday through Friday for a representative. Automated messages are available 24 hours a day. TTY users should call 1-800-325-0778; or
  - Your State Medicaid Office.
- Help from your state’s pharmaceutical assistance program.** New York has a program called New York State EPIC Program that helps people pay for prescription drugs based on their financial need, age, or medical condition. To learn more about the program, check with your State Health Insurance Assistance Program.
- Prescription Cost-sharing Assistance for Persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. To be eligible for the ADAP operating in your State, individuals must meet certain criteria, including proof of state residence and HIV status, low income as defined by the state, and uninsured/under-insured status. Medicare Part D prescription drugs

that are also covered by ADAP qualify for prescription cost-sharing assistance through the ADAP in your state. For information on eligibility criteria, covered drugs, how to enroll in the program or if you are currently enrolled how to continue receiving assistance, please contact the ADAP in your state. You can find your state's ADAP contact information in Chapter 2 of the **Evidence of Coverage**. Be sure, when calling, to inform them of your Medicare Part D plan name or policy number.

- **The Medicare Prescription Payment Plan.** The Medicare Prescription Payment Plan is a new payment option to help you manage your out-of-pocket drug costs, starting in 2025. This new payment option works with your current drug coverage, and it can help you manage your drug costs by spreading them across **monthly payments that vary throughout the year** (January – December). **This payment option might help you manage your expenses, but it doesn't save you money or lower your drug costs.**

“Extra Help” from Medicare and help from your SPAP and ADAP, for those who qualify, is more advantageous than participation in the Medicare Prescription Payment Plan. All members are eligible to participate in this payment option, regardless of income level, and all Medicare drug plans and Medicare health plans with drug coverage must offer this payment option. To learn more about this payment option, please contact us at 1-866-870-3470 or visit Medicare.gov.

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## Section 8 Questions?

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### Section 8.1 Getting Help from AARP® Medicare Rx Preferred from UHC (PDP)

Questions? We're here to help. Please call Customer Service at 1-866-870-3470. (TTY only, call 711.) We are available for phone calls 8 a.m.-8 p.m.: 7 Days Oct-Mar; M-F Apr-Sept. Calls to these numbers are free.

#### **Read your 2025 Evidence of Coverage (it has details about next year's benefits and costs)**

This **Annual Notice of Changes** gives you a summary of changes in your benefits and costs for 2025. For details, look in the 2025 **Evidence of Coverage** for AARP® Medicare Rx Preferred from UHC (PDP). The **Evidence of Coverage** is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the Evidence of Coverage is located on our website at **myAARPMedicare.com**. You may also call Customer Service to ask us to mail you an Evidence of Coverage.

#### **Visit our Website**

You can also visit our website at **myAARPMedicare.com**. As a reminder, our website has the most up-to-date information about our pharmacy network (Pharmacy Directory) and our list of covered drugs (Formulary).

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### Section 8.2 Getting Help from Medicare

To get information directly from Medicare:

**Call 1-800-MEDICARE (1-800-633-4227)**

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

**Visit the Medicare Website**

Visit the Medicare website ([www.medicare.gov](http://www.medicare.gov)). It has information about cost, coverage, and quality Star Ratings to help you compare Medicare prescription drug plans in your area. To view the information about plans, go to [www.medicare.gov/plan-compare](http://www.medicare.gov/plan-compare).

**Read Medicare & You 2025**

Read the Medicare & You 2025 handbook. Every fall, this document is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this document, you can get it at the Medicare website (<https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

## Multi-language Interpreter Services

**English:** We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, please call us using the toll-free number on your member identification card. Someone who speaks your language can help you. This is a free service.

**Spanish:** Contamos con servicios gratuitos de intérprete para responder cualquier pregunta que pudiera tener sobre nuestro plan de salud o de medicamentos. Para obtener los servicios de un intérprete, llámenos al número de teléfono gratuito que figura en su tarjeta de identificación de miembro. Una persona que habla su idioma podrá ayudarle. Es un servicio gratuito.

**Chinese Mandarin:** 我们提供免费口译服务，解答您对我们的健康或药物计划的任何疑问。如需寻找一名口译员，请使用您的会员身份证上的免费电话号码联系我们。一名与您讲相同语言的人可以为您提供帮助。这是一项免费服务。

**Chinese Cantonese:** 我們提供免費的口譯服務，可回答您可能對我們的健康或藥物計劃的任何問題。如需口譯員，請撥打您的會員識別卡上的免付費電話號碼聯絡我們。會說您的語言的人可協助您。這是免費服務。

**Tagalog:** Mayroon kaming libreng serbisyo ng interpreter para sagutin anumang tanong na maaaring mayroon ka tungkol sa kalusugan o plano ng gamot. Para makakuha ng interpreter, pakitawagan kami gamit ang libreng numero sa iyong kard ng pagkakakilanlan ng kasapi. Sinumang nagsasalita ng wika mo ay puwedeng makatulong sa iyo. Ang serbisyong ito ay libre.

**French:** Nous disposons de services d'interprétation gratuits pour répondre à toutes les questions que vous pourriez vous poser sur notre régime d'assurance maladie ou d'assurance-médicaments. Pour recevoir l'aide d'un interprète, veuillez nous appeler en composant le numéro gratuit figurant sur votre carte d'identification de membre. Quelqu'un parlant votre langue peut vous aider. Ce service est gratuit.

**Vietnamese:** Chúng tôi có dịch vụ thông dịch viên miễn phí để trả lời các câu hỏi mà bạn có về chương trình sức khỏe hay thuốc của chúng tôi. Để gặp thông dịch viên, vui lòng gọi cho chúng tôi theo số điện thoại miễn phí trên thẻ nhận dạng thành viên của bạn. Người nói cùng ngôn ngữ với bạn có thể giúp bạn. Đây là dịch vụ miễn phí.

**German:** Wir verfügen über kostenlose Dolmetscherdienste, um alle Fragen zu beantworten, die Sie über unseren Gesundheits- oder Medikamentenplan haben mögen. Um einen Dolmetscher zu erhalten, rufen Sie uns bitte unter der kostenfreien Nummer auf Ihrem Mitgliedsausweis an. Jemand, der Ihre Sprache spricht, kann Ihnen helfen. Dies ist eine kostenlose Dienstleistung.

**Korean:** 건강 또는 의약품 플랜에 관한 질문에 답변해드리기 위해 무료 통역 서비스를 제공합니다. 통역 서비스를 이용하려면, 가입자 ID 카드에 있는 수신자 부담 전화번호로 전화해 주십시오. 한국어를 사용하는 통역사가 도움을 드릴 수 있습니다. 이 서비스는 무료입니다.

**Russian:** Если у Вас возникнут какие-либо вопросы о нашем плане медицинского страхования или плане по приобретению препаратов, мы предоставим Вам бесплатные услуги устного перевода. Для того чтобы воспользоваться услугами устного перевода, пожалуйста, свяжитесь с нами по бесплатному номеру телефона, указанному на Вашей идентификационной карте участника плана. Сотрудник, который говорит на Вашем языке, сможет Вам помочь. Данная услуга предоставляется бесплатно.

**Arabic:** لدينا خدمات ترجمة فورية للرد على أي أسئلة قد تكون لديك حول الخطة الصحية أو خطة الأدوية الخاصة بنا. للحصول على مترجم، اتصل بنا باستخدام رقم الهاتف المجاني على بطاقة تعريف عضويتك. سيساعدك شخص ما يتحدث لغتك. هذه خدمة مجانية.

**Hindi:** हमारे स्वास्थ्य या दवा प्लान के बारे में आपके किसी भी प्रश्न का उत्तर देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएं मौजूद हैं। दुभाषिया पाने के लिए, कृपया अपने सदस्य पहचान पत्र पर टोल-फ्री नंबर का उपयोग करके हमें कॉल करें। आपकी भाषा बोलने वाला कोई व्यक्ति आपकी मदद कर सकता है। यह एक निःशुल्क सेवा है।

**Italian:** Mettiamo a disposizione un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario o farmaceutico. Per avvalersi di un interprete, si prega di chiamare il numero verde riportato sulla tessera identificativa. Una persona che parla italiano potrà fornire l'assistenza richiesta. Il servizio è gratuito.

**Portuguese:** Dispomos de serviços de intérprete gratuitos para esclarecer quaisquer dúvidas que tenha sobre o nosso plano de saúde ou medicação. Para obter um intérprete, contacte-nos através do número gratuito no seu cartão de identificação de membro. Alguém que fala a sua língua pode ajudá-lo(a). Este é um serviço gratuito.

**French Creole:** Nou gen sèvis entèprèt gratis pou reponn tout kesyon ou gendwa genyen konsènan plan sante oswa medikaman nou an. Pou jwenn yon entèprèt, tanpri rele nou apati nimewo apèl gratis ki sou kat idantifikasyon kòm manm ou an. Yon moun ki pale lang ou ka ede ou. Sa se yon sèvis gratis.

**Polish:** Oferujemy bezpłatne usługi tłumaczeniowe, aby odpowiedzieć na wszelkie pytania dotyczące naszego planu ubezpieczenia zdrowotnego lub planu refundacji leków. Aby skorzystać z pomocy tłumacza, proszę zadzwonić pod bezpłatny numer telefonu podany na karcie identyfikacyjnej członka planu. Osoba posługująca się Pana/Pani językiem Panu/Pani pomoże. Usługa ta jest bezpłatna.

**Japanese:** 当社の医療または処方薬プランに関する質問にお答えするために、無料の通訳サービスをご利用いただけます。通訳が必要な場合には、会員IDカードに記載されているフリーダイヤル番号を使用して、当社までお問い合わせください。お客様の言語を話す通訳者がお手伝いいたします。これは無料のサービスです。

For more information, please call customer service at:

## **AARP® Medicare Rx Preferred from UHC (PDP) Customer Service:**



**Call 1-866-870-3470**

Calls to this number are free. 8 a.m.-8 p.m.: 7 Days Oct-Mar; M-F Apr-Sept. Customer Service also has free language interpreter services available for non-English speakers.

**TTY 711**

Calls to this number are free.  
8 a.m.-8 p.m.: 7 Days Oct-Mar; M-F Apr-Sept.



**Write: P.O. Box 30770  
Salt Lake City, UT 84130-0770**



**myAARPMedicare.com**