

# Our Mission

The One Step A La Vez mission is to serve the communities of Santa Clara River Valley by providing a safe environment for 13-19-year-olds and preparing informed, empowered youth who are equipped with the tools to lead, cultivate cultural awareness, bridge the gaps of inequality and advocate for fair, just and healthy individuals and community.



## "MAKING CHANGES POCO A POCO"



### Teen Center Fillmore Hours

Monday - Friday  
1:00 P.M. - 7:00 P.M.

*Open to teens ages 13-19*

### Teen Annex Santa Paula Hours

Tuesday & Thursday  
3:00 P.M. - 6:30 P.M.

*Open to teens ages 13-19*

### Food Distribution Hours

Every 2nd and 4th Wednesday of the month from 3:00 P.M. - 5:00 P.M.

### Contact Us

421 Sespe Ave

Fillmore, CA 93015

Office: 805.625.7067

Teen Center: 805.625.7066

Teen Annex: 805.625.1220

Info@MyOneStep.org

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learn  
more.



SERVING TEENS IN THE SANTA CLARA RIVER VALLEY

## SINCE 2007

### MYONESTEP.ORG

## HELPING TEENS TAKE THE FIRST STEP TOWARDS A POSITIVE FUTURE



MyOneStep.org

# Our Programs

One Step a la Vez offers an array of programs and services to support teens and their families.

**Teen Center in Fillmore & Teen Annex in Santa Paula** provides a safe, inclusive space where young people can connect, learn, and grow. It serves as the home base for all of our programs and services, offering teens a supportive environment where they feel welcomed, valued, and empowered.

**Adelante** empowers teens to discover and use their voices to advocate for social justice, equity, and positive change in their communities. Through leadership development and civic engagement, youth build the confidence and skills needed to address issues that matter to them.

**Bienestar** provides teens with access to early intervention and mental wellness services, including case management, counseling, and peer support groups. The program helps young people build resilience, strengthen their emotional well-being, and connect with resources that support their overall health.

**Conocimiento** is an evidence-based prevention program that supports youth who have experienced adverse childhood experiences (ACEs). Through wellness education and leadership development, the program fosters healing, builds life skills, and helps break down small-town rivalries, promoting positive relationships and behavioral change.

**Futuro Aqui** is a career and life mentoring program that helps youth develop the skills, knowledge, and confidence needed for career readiness and workforce success through mentorship, career exploration, and life skills development.

**Next Step** serves youth referred by the Ventura County Probation Agency as well as schools, community members, and law enforcement. Participants complete court-appointed community service hours while receiving individualized case management and guidance that supports accountability, growth, and positive life outcomes.

**Bienestar Familiar** provides families with critical emergency assistance, including support for basic needs, utility and rental assistance, while connecting them through a referral network for social services to help stabilize households during times of need.

**Circle of Care** is a monthly community collaborative representing different service providers, community stakeholders, and county and local agencies that work together to find community-based solutions.

**Food Access** provides twice-monthly food distributions to local families to combat hunger and food insecurity.

# History and Background



One Step a la Vez began in 2007 when Lynn Edmonds and a group of teens recognized the disparities and lack of essential services and resources available for working families in Fillmore and the surrounding communities of the Santa Clara River Valley. These teens articulated the need for a safe place to spend time after school and get help with whatever problems they might be facing. Today, One Step A La Vez serves nearly 300 youth and has become a safe haven for teens to gather after school and obtain access to a hot meal and program activities that help them grow, build character and unlock their potential.

## Membership is FREE

Our name "One Step A La Vez" was chosen by teens to remind them to take "one step at a time" toward self-empowerment and pride in their cultural history, roots, and dual heritage.



# How you can help.

## Are you:

- A youth who would like to be a part of changing your community for the better?
- Just looking for a safe place for a warm meal, homework help, hang out with friends and fun activities?
- A potential volunteer who would like to share a special skill and talents.?
- Someone who would like to support us through your philanthropy?

## Thank you to our Institutional Funders, Foundations and Community Partners!



### THE HARRIET H. SAMUELSSON FOUNDATION



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