

30 Days to Healthy Living



who is this for?

People who want...

- Better Gut Health
- Less Digestive Discomfort
- Better Sleep
- More Energy
- Weight Management
- Stress Management
- Clearer More Youthful Skin
- Less Aches & Pains
- Generally, You Want to Feel Your Best





CELLULAR DETOX

FEEL YOUR BEST

MORE ENERGY

what is it?

- programs, protocols and supplements focused on gut health and lifestyle shifts
- A reset for your gut that will address so many gut health issues
- A detox cleanse that will be amazing for your health and the health of your family
- A focus on hormone balance
- Weight management for the long haul
- A rest for the kidney and liver to maximize function



CELLULAR DETOX

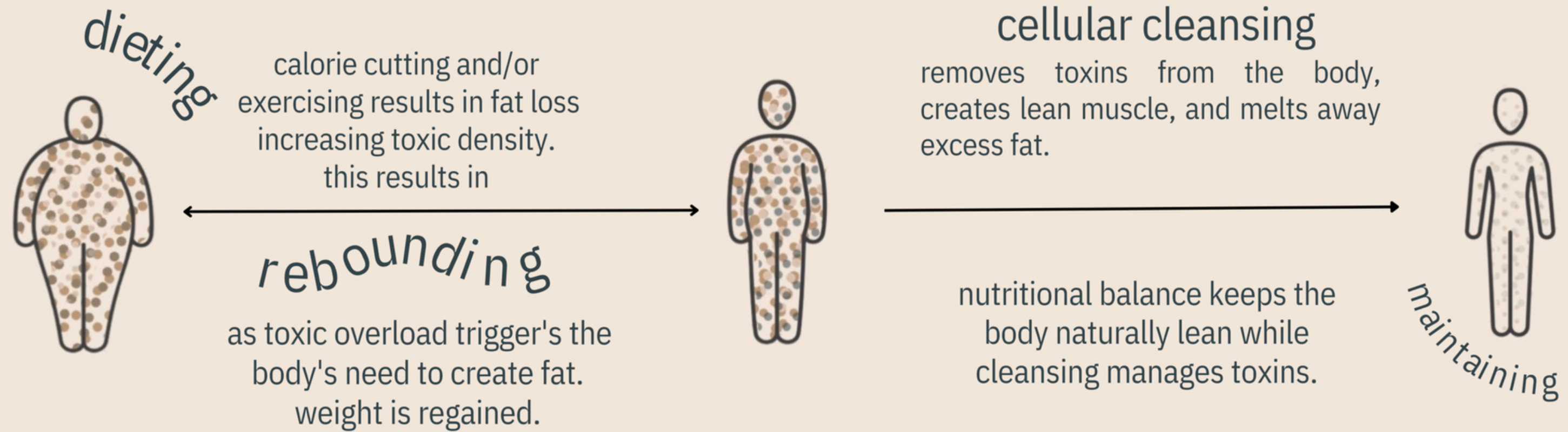
FEEL YOUR BEST

MORE ENERGY

what it is not?

- A fad diet
- A deprivation diet
- Counting points, calories and carbs
- It's a program where good will not take up a lot of space in your head

FAT IS CREATED TO PROTECT THE BODY FROM TOXINS AND IMPURITIES CREATING UNWANTED WEIGHT

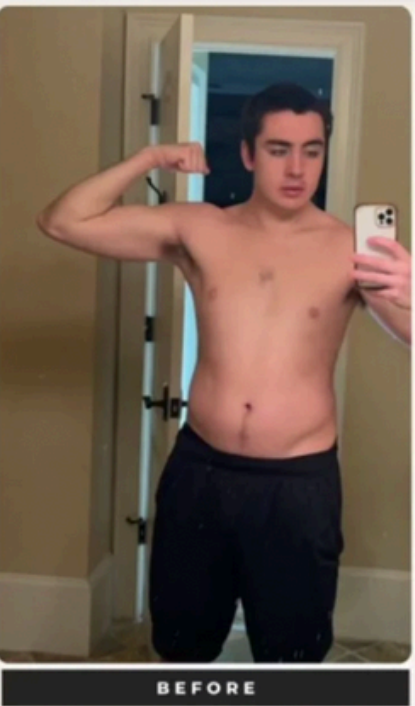


HEALTHY LIVING VS. TRADITIONAL DIET

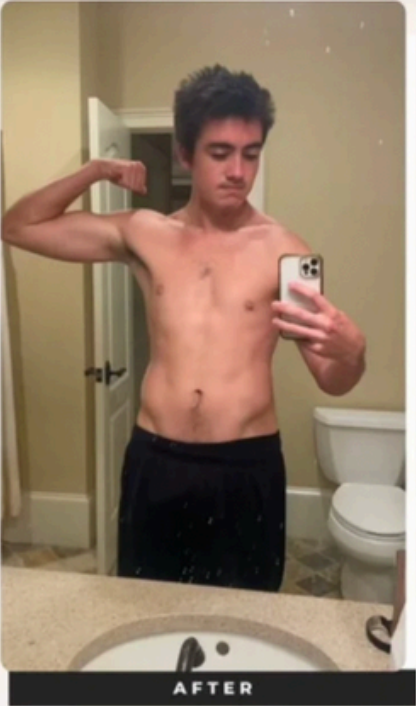
-In traditional dieting, we cut calories and that results in weight loss, however, this may increase toxin density. While we may have gotten smaller, the same amount of toxins remain. As toxins accumulate in your system, most people experience fatigue, memory difficulties, sleep impairment, eczema (and other inflammatory conditions like gout), depression, or "brain fog."

-Traditional dieting also often leads to rebounding because the diet was too restrictive and unsustainable.

-Healthy living is introducing habits that improve your health that leads to maintaining a healthy sustainable lifestyle while supporting the elimination organs.



BEFORE



AFTER



BEFORE



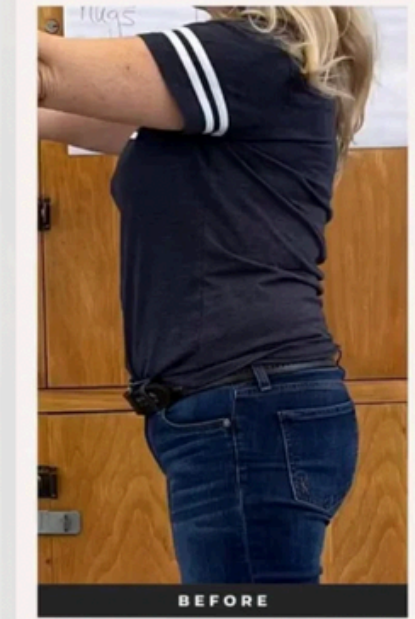
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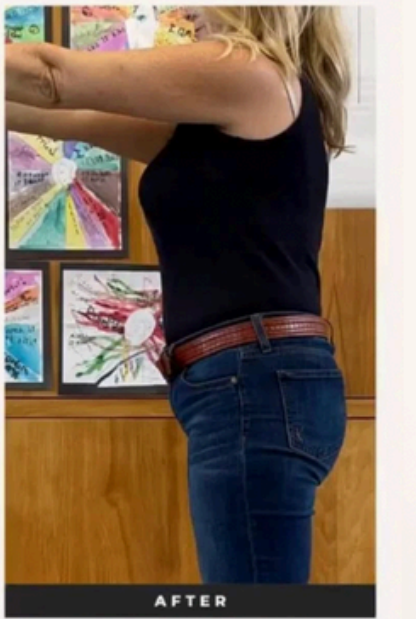
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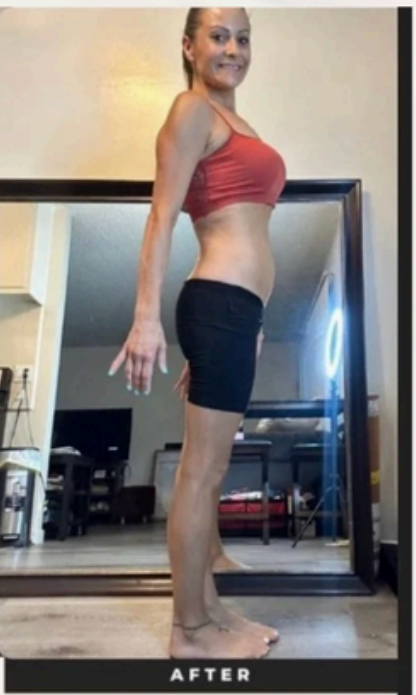
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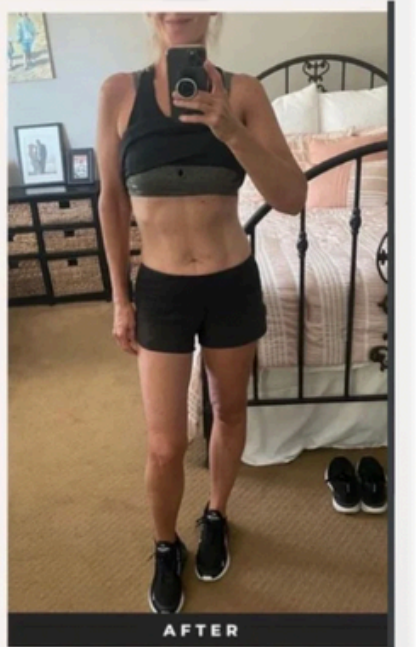
BEFORE



AFTER



BEFORE



AFTER



arbonne difference

- Gluten free
- dairy free
- soy free
- Vegan
- Non-GMO
- Formulated without artificial colours, flavours or sweeteners
- Ethically sourced ingredients
- No trans fats
- low glycemic
- Certified B Corp



ESSENTIAL MEAL PROTEIN

- A powerhouse blen of vitamins and minerals to support your skin, heart, bones, metabolism, energy and immunity
- Designed for weight loss and muscle gain
- 24 grams of vegan protein
- 9 essential amino acids
- pea, pimpkin, quinoa, hemp and rice protein
- avacado oil for healthy fats
- low glycemic
- INCREDIBLE RESULTS!



essential meal protein



greensynregy elixir

- Greens, collagen builder and gut health all in one
- prebiotics on an empty stomach help prepare the gut
- probiotics feel the good bacteria keeping everything balanced and happy
- 13 digestive enzymes which help the body breakdown and digest fats, carbs and protein
- clinically tested to reduce bloat
- full serving of fruits and veggies
- hyaluronic acid and vit c for glowing skin
- citrus flavour



Energy Fizz Sticks

- clean energy boost without the jitters and crash
- boost metabolism
- helps balance hormones and blood sugar and reduce inflammation
- fights free radicals in your blood stream
- replacement for sugary drinks
- b vitamins and green tea
- caffeine free optoin
- 6 different flavours



clean tox tea

- milk thistle and dandelion root, two power houses in aiding detoxification and restoration or out liver and kidneys
- enjoy hot or cold or make a tizzy (all a fizz)



sample day

*not including a meal from the meal plan



30 Day Options

- Become a Preferred Client & save 20-40% off
- Choose a full size product from our best-sellers list for free
- Free shipping
- Join our Healthy Habits Club accountability group

\$9.76 / day



\$12.83 / day

**MOST
POPULAR**



\$13.58 / day

