Perspectives in Orofacial Myology

A Myofunctional Therapy Course

info@OMDcourses.com

COURSE AGENDA

DAY 1 – COURSE AGENDA

Time	Topic	Hours
8:00 – 10:15 am	**Introduction** • Overview of Course Objectives • IAOM & IJOM Overview • History and foundational concepts • Differences between IAOM and other organizations • ASHA position statements, scope of practice, and code of ethics	**2.15**
10:15 –10:30am	**Break**	
10:30 –11:45 pm	**What Are Orofacial Myofunctional Disorders?** • Definitions and clinical framework • Importance of myofunctional therapy	**1.15**
11:45 –12:45 pm	**Lunch**	
12:45 – 2:30 pm	**Clinical Scope and Foundations** • Disorders and treatments • Anatomy and physiology related to orofacial myology • Theory of form and function	**1.45**
2:30 – 2:45 pm	**Break**	
2:45 – 4:00 pm	**Functional Patterns** • Normal vs. dysfunctional • Chewing, bolus collection, and swallow patterns • Hands-on activities: facial muscle assessment	**1.15**
4:00 – 4:15 pm	**Wrap-Up & Q&A**	**0.15**
		6.45

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DAY 2 – COURSE AGENDA

Time	Topic	Hours
8:00 – 10:00 am	**Oral Resting Posture** • Etiologies that interrupt proper orofacial development • Tongue thrust • Resting posture of the lips, tongue, and jaw • Problems associated with abnormal oral posture • Articulation and speech implications	**2.0**
10:00 – 10:15 am	**Break**	
10:15 – 12:45 pm	**Abnormal Rest Postures & Airway** • Dysfunctional lingual resting posture • Dysfunctional labial resting posture • Dysfunctional jaw posture • Nasal breathing vs. chronic open-mouth posture • Airway patency	**2.30**
12:45 – 1:45 pm	**Lunch**	
1:45 – 3:00 pm	**Parafunctional & Noxious Oral Habits** • Noxious habits affecting orofacial development • Thumb and digit sucking: behavioral understanding • Lip licking • Tongue sucking • External pressure on the mandible or maxilla • Bruxism • Oral equilibrium	**1.15**
3:00 – 3:15 pm	**Break**	
3:15 – 4:30 pm	**Pediatric Case Study Presentation and discussion**	**1.15**
		7.00

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DAY 3 – COURSE AGENDA

Time	Topic	Hours
8:00 – 10:00 am	**Clinical Conditions Related to Orofacial Myofunctional Disorders** • Abnormal saliva management • Hypersensitive gag reflex • Sleep apnea •Temporomandibular disorders (TMD)	**2.00**
10:00 – 10:15 am	**Break**	
10:15 – 12:15 pm	**Ankyloglossia & Myofunctional Therapy Principles** • Ankyloglossia • Temporomandibular disorders (TMD) • Tongue thrust • Is it all about tongue thrust? • Hierarchy of myofunctional therapy	**2.00**
12:15 – 1:15 pm	**Lunch**	
1:15 – 3:15 pm	**Orthodontic Fundamentals & Case Application** • Dental occlusion and malocclusion • Structural vs. environmental influences on malocclusion • Classification of dental malocclusion • Intra and Extra oral pictures and Interactive activities • Adult case study presentation	**2.00**
3:15 – 3:30 pm	**Break**	
3:30 – 4:30 pm	**Orthodontic Measurements & Dentofacial Considerations** • Measurements and dentofacial deformities • Fixed and removable orthodontic appliances	**1.00**
		7.00

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DAY 4 – COURSE AGENDA

Time	Topic	Hours
8:00 – 9:30 am	**Diagnosis & Comprehensive Myofunctional Assessment** • Clinical examination with objective and functional measurements • Photographic documentation • Swallowing assessment • Assessment synthesis and finalization	**1.30**
9:30 – 9:45 am	**Break**	
9:45 – 12:15 am	**Treatment Planning & Therapy Implementation** • Adult case study discussion • Treatment and therapy outline • Initial therapy session • Developing new muscle patterns • Integrating muscle activities into functional patterns • Establishing automaticity of correct patterns	**2.30**
12:15 – 1:15 pm	**Lunch**	
1:15 – 3:15 pm	**Therapeutic Techniques & Habit Elimination** • Orofacial muscle exercise protocols • Retraining learned patterns • Procedures for eliminating digit-sucking habits	**2.00**
3:15 – 3:30 pm	**Break**	
3:30 – 4:30 pm	**Professional Practice & Infection Control** • Referral development and maintenance • Building a referral base • Asepsis and infection control for orofacial myologists • Practice management: scheduling, documentation, record keeping, marketing, and research	**1.00**
4:30 – 4:45 pm	**Course Activities & Evaluation**	**0.15**
		7.15