

## 28 Hrs Introductory Course in Orofacial Myology

### Perspectives in Orofacial Myology

Presented by Central New  
York Speech Language and  
Hearing Association  
(CNYSLHA) and Perspectives  
in Orofacial Myology

Thur. April 30<sup>th</sup>- Sun. May 3<sup>rd</sup>, 2026  
4 full-day sessions!

**Last day of Registration  
is April 15, 2026**

Courtyard Marriott  
6415 Yorktown Circle  
East Syracuse, NY 13057  
Pre Registration is required  
Room block Information  
available in Google Form

CNYSLHA website: [CNYSLHA.org](http://CNYSLHA.org)  
Perspectives in Orofacial Myology  
website: [OMDCourses.com](http://OMDCourses.com)



ASHA CE  
APPROVED PROVIDER

Central New York  
Speech-Language-Hearing  
Association  
Introductory Level  
2.8 ASHA CEUS



Open to DDS, MD/DO, RDH, SLP,  
OT and PT's

To receive ASHA CEUs,  
participants will attend  
each session in its entirety as well  
as complete/return a self-  
evaluation form.

#### Course Overview & Instructional Methodologies:

- Presentation of current evidence-based research
- Case study analysis
- Small group collaboration
- Video demonstrations
- Guided hands-on clinical practice
- Interactive Q&A sessions
- Exclusive access to a private professional online group for continued discussion, networking, mentorship, and case study presentation (after completion of the course)

**Secure Your Seat Early  
& Save**

Standard Tuition: \$2,999 USD  
Early Bird Tuition - Register & Pay by March 8:  
\$2,899 USD (Individual) \$2,849 USD per  
person (Groups of 3+)  
Early Bird rates are available only for  
registrations fully paid by March 8. After this  
date, standard tuition applies.

CNYSLHA members will receive an  
additional \$200 discount.

Cancellation/Walk-in Policy: Registrations  
that are cancelled in writing within 14 days  
of the class start date are refundable,  
minus a \$200 service charge. No walk-in  
registration is allowed.

No audio or visual recording allowed  
during lectures.

**Please email us for Early  
Bird Discount at:  
[info@OMDCourses.com](mailto:info@OMDCourses.com)**

[Register here](#) using the link  
or Scan the QR code below



## **DAY 1 – COURSE AGENDA TOPIC**

### **8:00 – 10:15 am Introduction**

- Overview of Course Objectives
- IAOM & IJOM Overview
- History and foundational concepts
- Differences between IAOM and other organizations
- ASHA position statements, scope of practice, and code of ethics

### **10:15 –10:30 am Break**

### **10:30 –11:45 am What Are Orofacial Myofunctional Disorders?**

- Definitions and clinical framework
- Importance of myofunctional therapy

### **11:45 –12:45 pm Lunch**

### **12:45 – 2:30 pm Clinical Scope & Foundations**

- Disorders and treatments
- Anatomy and physiology related to orofacial myology
- Theory of form and function

### **2:30 – 2:45 pm Break**

### **2:45 – 4:00 pm Functional Patterns**

- Normal vs. dysfunctional
- Chewing, bolus collection, and swallow patterns
- Hands-on activities: facial muscle assessment

### **4:00 – 4:15 pm Wrap-Up & Q&A**

## **DAY 2 – COURSE AGENDA TOPIC**

### **8:00 – 10:00 am Oral Resting Posture**

- Etiologies that interrupt proper orofacial development
- Tongue thrust
- Resting posture of the lips, tongue, and jaw
- Problems associated with abnormal oral posture
- Articulation and speech implications

### **10:00 – 10:15 am Break**

### **10:15 – 12:45 pm Abnormal Rest Postures & Airway**

- Dysfunctional lingual resting posture
- Dysfunctional labial resting posture
- Dysfunctional jaw posture
- Nasal breathing vs. chronic open-mouth posture
- Airway patency

### **12:45 – 1:45 pm Lunch**



## **DAY 2 – CONTINUED**

### **1:45 – 3:00 pm Parafunctional & Noxious Oral Habits**

- Noxious habits affecting orofacial development
- Thumb and digit sucking: behavioral understanding
- Lip licking
- Tongue sucking
- External pressure on the mandible or maxilla
- Bruxism
- Oral equilibrium

### **3:00 – 3:15 pm Break**

### **3:15 –4:30 pm Pediatric Case Study Presentation and discussion**

## **DAY 3 – COURSE AGENDA TOPIC**

### **8:00 – 10:00 am**

### **Clinical Conditions Related to Orofacial Myofunctional Disorders**

- Abnormal saliva management
- Hypersensitive gag reflex
- Sleep apnea
- Temporomandibular disorders (TMD)

### **10:00– 10:15 am Break**

### **10:15 – 12:15 pm Ankyloglossia & Myofunctional Therapy Principles**

- Ankyloglossia
- Temporomandibular disorders (TMD)
- Tongue thrust
- Is it all about tongue thrust?
- Hierarchy of myofunctional therapy

### **12:15 – 1:15 pm Lunch**

### **1:15– 3:15 pm**

### **Orthodontic Fundamentals & Case Application**

- Dental occlusion and malocclusion
- Structural vs. environmental influences on malocclusion
- Classification of dental malocclusion
- Intra and Extra oral pictures and Interactive activities
- Adult case study presentation

## **DAY 3 – COURSE- CONTINUED**

### **3:15 – 3:30 pm Break**

### **3:30-4:30 pm Orthodontic Measurements & Dentofacial Considerations**

- Measurements and dentofacial deformities
- Fixed and removable orthodontic appliances

## **DAY 4 – COURSE AGENDA TOPIC**

### **8:00 – 9:30 am Diagnosis & Comprehensive Myofunctional Assessment**

- Clinical examination with objective and functional measurements
- Photographic documentation
- Swallowing assessment
- Assessment synthesis and finalization

### **9:30 – 9:45 am Break**

### **9:45 – 12:15 pm Treatment Planning & Therapy Implementation**

- Adult case study discussion
- Treatment and therapy outline
- Initial therapy session
- Developing new muscle patterns
- Integrating muscle activities into functional patterns
- Establishing automaticity of correct patterns

### **12:15 – 1:15 pm Lunch**

### **1:15 – 3:15 pm**

### **Therapeutic Techniques & Habit Elimination**

- Orofacial muscle exercise protocols
- Retraining learned patterns
- Procedures for eliminating digit-sucking habits

### **3:15 – 3:30 pm Break**

### **3:30 – 4:30 pm Professional Practice & Infection Control**

- Referral development and maintenance
- Building a referral base
- Asepsis and infection control for orofacial myologists
- Practice management: scheduling, documentation, record keeping, marketing, and research

### **4:30 – 4:45 pm**

### **Course Activities & Evaluation**

**Lunch on your own**

## Course Description

Join us for Perspectives in Orofacial Myology: Assessment and Clinical Application, an IN PERSON multi-day, learning experience designed to bridge theory, clinical application, and interdisciplinary collaboration. This course offers a comprehensive look at assessment, treatment considerations, and real-world perspectives in orofacial myology.

Whether you are expanding your skill set or refining your clinical approach, this course is designed to leave you feeling confident, informed, and inspired.

### Learning Outcomes

After the workshop, participants will be able to:

- **Foundational Knowledge:** Describe orofacial myology, its clinical relevance, and the role of the International Association of Orofacial Myology in advancing global standards
- **Assessment & Diagnosis:** Identify orofacial myofunctional disorders, airway concerns, ankyloglossia, and related structural or functional impairments
- **Clinical Application:** Implement assessment tools, therapeutic exercises, infection control, and behavior-modification strategies tailored to individual needs
- **Functional Outcomes:** Document optimal oral function, craniofacial growth, speech, swallowing, and long-term orthodontic stability.
- **Practice Development:** Incorporate practical knowledge to establish and grow a sustainable, ethical, patient-centered orofacial myology practice

## Perspectives in



## Presenters' Bio

**Dr. Mohamed A. Mohamed, PhD, CCC-SLP, Reg. CASLPO, COM®**, specializes in swallowing, voice, and complex feeding disorders. As the founder of the Swallowing, Voice and Speech Rehab Clinic in Ontario and a long-standing mentor to clinicians across North America, he is widely respected for translating complex physiology into clear, practical, and actionable clinical strategies. He serves on the Board of the International Association of Orofacial Myology (IAOM), has been teaching courses in Orofacial Myology, as well as educating and mentoring clinicians in evidence-based myofunctional therapy practices.

**Financial Disclosure:** Dr. Mohamed is the owner of Swallowing, Voice and Speech Rehab Clinic and receives income from clinical services provided through this practice. He also receives royalties from the sale of authored publications (books). The speaker receives an honorarium for presenting this course.

**Non Financial Disclosure:** None to disclose.

**Emilia del Pino, MS, CCC-SLP, COM®**, is the founder of CNY Speech Pathology in Syracuse, New York, serving both pediatric and adult populations. A nationally recognized speaker and Executive Board Member of the IAOM, she brings over 30 years of experience in airway-centered care, sensory-motor speech and feeding disorders, and interdisciplinary collaboration. She serves as a trusted liaison within her professional community and is passionate about early intervention, patient education and empowering patients and families with practical strategies that promote long term functional change.

**Financial Disclosure:** Emilia receives income from clinical services provided through her private practice and compensation for presenting this course.

**Non Financial Disclosure:** None to disclose.

**Hetal Sutaria, BS, RDH, COM®, CertBBM**, is a clinician, educator, and leader dedicated to integrative, function-centered care. With over three decades of experience in dentistry and orofacial myology, she is known for her whole-body, airway-focused approach to breathing, craniofacial development, and long-term stability. She is the co-founder of Westchester Myofunctional Specialties and serves in leadership within the Executive Board of IAOM, mentoring professionals in interdisciplinary, evidence-based practice.

**Financial Disclosure:** Hetal receives income from clinical services provided through her private practice and compensation for presenting this course.

**Non Financial Disclosure:** None to disclose.

**Nicole M. Tobón, BS, RDH, COM®, CertBBM**, is a clinician, educator, and Executive Board Member of the IAOM who has intentionally evolved her career toward orofacial myology and airway-focused care. After 23 years in pediatric-orthodontic dental hygiene, she now maintains an active myofunctional practice and is co-founder of Westchester Myofunctional Specialties. Her work centers on functional assessment, airway stability, and interdisciplinary collaboration that supports long-term, physiologic outcomes.

**Financial Disclosure:** Nicole receives income from clinical services provided through her private practice and compensation for presenting this course.

**Non Financial Disclosure:** None to disclose.

**Together: This team delivers dynamic, clinically grounded education designed to expand your perspective, sharpen your assessment skills, strengthen interdisciplinary collaboration, and transform the way you approach function, breathing, and long-term outcomes.**

**Contact us:**

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