CYCLE2FIT
FIT IS FAST

TT / TRIATHLON BIKE MEASUREMENT ASSESSMENT FORM

ACCURATE MEASUREMENTS. PERFECT FIT.

NAME: _____ DATE: _____ BIKE TYPE: ☐ TT ☐ TRIATHLON UNITS: ☐ mm ☐ cm

TT / TRIATHLON BIKE COCKPIT MEASUREMENTS

1 BB TO EXTENSION LENGTH



HOW TO MEASURE

1. Measure horizontally from centre of Bottom Bracket.
2. Measure to the tip of the TT extensions.

MEASUREMENT: _____ mm

2 SADDLE TIP TO EXTENSION LENGTH



HOW TO MEASURE

1. Measure horizontally from the tip of the saddle.
2. Measure to the tip of the TT extensions.

MEASUREMENT: _____ mm

3 SADDLE TIP TO PAD CENTRE REACH



HOW TO MEASURE

1. Locate centre of arm pad.
2. Measure horizontally from the tip of the saddle.
3. Measure to centre of arm pad.

MEASUREMENT: _____ mm

4 PAD WIDTH



HOW TO MEASURE

1. Measure centre of left pad to centre of right pad.

MEASUREMENT: _____ mm

5 TT EXTENSION HEIGHT



HOW TO MEASURE

1. Measure vertically from floor.
2. Measure to the top of the tip of the TT extensions.

MEASUREMENT: _____ mm

6 ARM PAD HEIGHT



HOW TO MEASURE

1. Measure vertically from floor.
2. Measure to the top of the centre of the arm pad.

MEASUREMENT: _____ mm

ADDITIONAL BIKE INFORMATION

BIKE BRAND: _____
MODEL: _____
FRAME SIZE: _____
GROUPSET: _____
PEDAL SYSTEM: _____
WHEEL SIZE: _____
TYRE SIZE: _____
NOTES: _____



TT / TRIATHLON BIKE MEASUREMENT SUMMARY

#	MEASUREMENT	VALUE
1	BB to Extension Length	
2	Saddle Tip to Extension Length	
3	Saddle Tip to Pad Centre Reach	
4	Pad Width	
5	TT Extension Height	
6	Arm Pad Height	

IMPORTANT NOTES

- Use a rigid tape measure where possible.
- Measure in a quiet environment.
- Take your time and measure accurately.
- Repeat any measurement if unsure.
- Ensure the bike is level and upright.

NOTE: Do measurements by description, not by image as shown.

TIPS FOR ACCURATE MEASUREMENTS

Keep the bike level and upright.

Keep the tape measure straight and level.

Use a hard cover book for consistent height when measuring from the floor.

Double check all measurements.

Please upload this completed form along with the Bike photos on the Contact Us page of the Cycle2fit website.