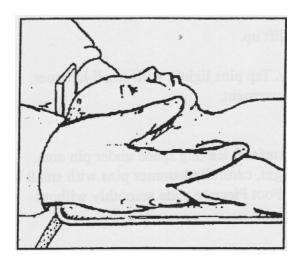


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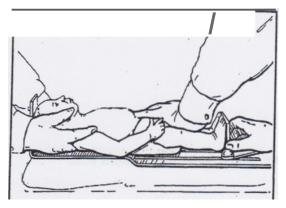
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Instructions for Using the O'Leary LengthBoard™

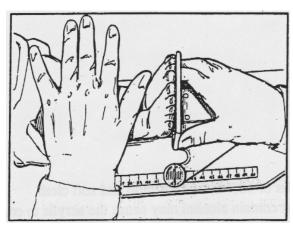


Two adults are needed to measure an infant or child, one health professional and one assistant (this could be a parent)

- 1. Place child supine on LengthBoard with head resting against the head piece
- Assistant hold child's head flat against stationary headpiece with eyes facing straight up. Head should not be tilted toward left or right. Top of head should touch vertical head piece while back of



- 3. Health Professional holds child's legs so that they are straight and flat against lengthBoard with left hand. Legs should be together.
- 4. With right hand, health professional pushes foot piece against feet until the feet are flat against foot piece. Feet should be pointing straight up and feet should be together.



- 5. Read child's length from red hairline through the magnifier to the nearest 0.1 cm or the nearest 1/16 inch.
- Repeat steps 2-5. If results differ by more then 0.2 cm or 1/8 inch, take a third measurement and average the two closest measurements.
- 7. Record final measurement on appropriate growth chart.



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Installation Instructions

LengthBoard Foot Piece Installation

- 1. Insert white pins into holes at head-end of slot.
- 2. Push lightly and slide back.

To remove foot piece: Slide foot piece to holes and lift up.

**White pins on foot piece can be adjusted if necessary. Tap pins lightly with small hammer until foot piece slides smoothly without side to side movement.

LengthBoard pins Installation

- 1. Place foot piece bottom side up on a hard elevated surface leaving space under pin area.
- 2. Place pins in holes, insuring pins are vertically straight. Carefully hammer pins with small hammer.
- 3. Adjust pins up or down to eliminate slop and allow foot piece to slide smoothly without side to side movement.

Threaded pin and Locking knob Installation

Insert threaded pin up through board slot, through foot piece and screw on knob. **NOTE:** Knob does not need to be completely removed for proper use.

Stadiometer

Wall mounting Instructions

- 1. Unfold stadiometer and rest bottom on floor
- 2. Position on wall and mark holes
- 3. Drill 3/16" holes
- 4. Insert anchors
- Screw board on wall

Adult Recumbent LengthBoard

Hinge support panel

Designed to take stress off hinges. Place under hinge section, aligning with velcro tabs. After measurement, remove hinge suppost panel to the left set of velcro tabs allowing storage and folding.

Cleaning

We recommend a mild sanitation wipe such as Clorox bleach wipes or a hydrogen peroxide product. Avoid products containing alcohol as this can cause a cloudy haze or crackling in the magnifier.