



June, 2023

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Healthy Food, Healthy Families



We all know a healthy diet includes lots of fruits and vegetables. At our pantry, through partnerships with the Chicago Food Depository and local gardens, we are happy that we can regularly provide our families with a selection of fresh produce.

Here is Mickey, one of our volunteers, scooping and bagging new potatoes. Also, on the table are tomatoes, mangoes, strawberries, and other produce.

As you can see in the next picture, although it's only June, fresh lettuce is on the menu. Through a partnership with the U of I Extension Master Gardeners and the Lake Katherine Nature Center, these folks are helping families in need by growing and donating food.

By working together, we are all helping keep families healthy.



FASCO INC.

Fasco Fasteners, a local company that provides fasteners and components to the automotive, furniture, and many other industries, held a food drive for the month of May, benefiting Operation Blessing. Their family of employees bought and collected over 600 pounds of food for our clients. We want to thank them all, and may God continue to bless them.

Terry Wuethrich, President; Mike Will, Secretary; Marsha Jakobi, Treasurer;
Don Cyze, Director; Brian Cottrell, Operations Manager

