



2020 Victor Community Support Services Support Group Meeting Schedule

For adults living with a mental health condition

Meetings are held on the 1st Tuesday of the month from 10 AM – 12 PM

Connections Recovery Support Group is a free, monthly meeting. This is not therapy or for crisis intervention. Meetings are FREE and CONFIDENTIAL.

- This group promotes social connection and support.
- This group promotes compassion, mindfulness, self-care and communication.
- This group is led by a facilitator who themselves live with mental illness.



Location: Victor Community Support Services, 15400 Cholame Rd., Victorville, CA 92395.

2020 MEETINGS SCHEDULE

JANUARY 7th

FEBRUARY 4th

MARCH 3rd

APRIL 7th

MAY 5th

JUNE 2nd

JULY 7th

AUGUST 4th

SEPTEMBER 1st

OCTOBER 6th

NOVEMBER 3rd

DECEMBER 1st

Sponsors:

