

African Recipes Limited Culinary Directory

East London – Listings

Zeret Kitchen

Ethiopian – Restaurant
216 Camberwell Rd, London E2 8JL
Phone: 020 7703 0585
Website: <https://zeretkitchen.co.uk>

A warm and welcoming Ethiopian restaurant known for traditional injera platters, spicy wots, and generous vegan options.

Mama Zee's Kitchen

Nigerian – Restaurant / Takeaway
Dalston Kingsland, London E8
Phone: N/A
Website: <https://www.instagram.com/mamazeeskitchen>

A popular Nigerian food spot serving jollof rice, peppered chicken, fried plantain, okra stew, and comforting home-style meals.

Rita's Caribbean Takeaway

Caribbean (Jamaican) – Takeaway
Forest Gate, London E7
Phone: N/A
Website: N/A

A classic East London Caribbean takeaway known for jerk chicken, curry goat, ackee & saltfish, and freshly fried festival.

Adem's African Market

African & Caribbean – Food Store
254 High Road Leyton, London E10
Phone: N/A
Website: N/A

A community-driven African and Caribbean grocery store offering yam, plantain, spices, fufu flour, gari, beans, and fresh produce.

Taste of Somalia

Somali – Restaurant
Whitechapel Road, London E1
Phone: N/A
Website: N/A

A vibrant Somali restaurant serving aromatic rice, lamb stews, chapati, suqaar, and traditional Somali tea.

Ghana Kitchen East

Ghanaian – Home-Based Caterer / Delivery

East London – Delivery Only

Phone: N/A

Website: <https://www.instagram.com/ghanakitchenuk>

A home-based Ghanaian kitchen specialising in waakye bowls, kelewele, shito, grilled chicken, and party-size catering trays.

Island Vibes Vegan

Caribbean (Vegan) – Delivery Kitchen

East London – Delivery Only

Phone: N/A

Website: <https://www.instagram.com/islandvibesvegan>

A vegan Caribbean kitchen offering ital curries, vegan jerk tofu, steamed veg dishes, and natural juices.

Habesha Spice Market

Ethiopian & Eritrean – Food Store

Mare Street, Hackney, London E8

Phone: N/A

Website: N/A

A specialist store providing Ethiopian and Eritrean spices, teff flour, coffee beans, berbere, and traditional pantry essentials.