

2.28 Weight and Age Guidelines

Males

- U7: players 21kg or under may play U6
- U8: players 23kg or under may play U7
- U9: players 26kg or under may play U8
- U10: players 29kg or under may play U9
- U11: players 33kg or under may play U10
- U12: players 37kg or under may play U11
- U13: players 42kg or under may play U12
- U14: players 48kg or under may play U13
- U15: players 53kg or under may play U14
- U16: players 55kg or under may play U15
- U17: players 58kg or under may play U16
- U18: players 60kg or under may play U17

Females

- U11: players 33kg or under may play U10
- U12: players 36kg or under may play U11
- U13: players 38kg or under may play U12
- U14: players 42kg or under may play U13
- U15: players 44kg or under may play U14
- U16: players 47kg or under may play U15
- U17: players 48kg or under may play U16
- U18: players 49kg or under may play U17

Any participant who is granted dispensation to play down in a lower age group is NOT permitted to participate in their natural age group in the same season.