

What is Saddle Seat Riding?

At Southern Dream Farm, we teach an English style of riding called Saddle Seat. In the sport of saddle seat, we do not jump but rather learn to ride horses with the ultimate goal of competing at horse shows, showing you and your horse to the best of your ability. Saddle seat horses typically have bright eyes, a high, beautiful head carriage and elevated motion. The predominant breeds used in saddle seat are American Saddlebreds, Morgans, and Arabians. There are a few exceptions in the SDF lesson program however, due to their fantastic dispositions.



When competing in horse shows, riders will walk, trot, and canter both counterclockwise and clockwise around the show arena at the same time as other competitors for the judge's evaluation. In a rider's lesson at SDF they will learn proper position to achieve balance and beauty in the saddle as well as the skills necessary to best control and exhibit their horse. Competing in horse shows takes a lot of hard work, but is thrilling and very rewarding!

We're glad you are here and we look forward to helping you achieve all of your riding goals!

