

# MINDFUL MUSINGS

## Scavenger Hunt!

(This can be done indoors/outside)

1. Something red \_\_\_\_\_
2. Something orange \_\_\_\_\_
3. Something yellow \_\_\_\_\_
4. Something green \_\_\_\_\_
5. Something blue \_\_\_\_\_
6. Something purple \_\_\_\_\_
7. 2 sounds \_\_\_\_\_  
\_\_\_\_\_
8. 2 smells \_\_\_\_\_  
\_\_\_\_\_
9. describe the temperature \_\_\_\_\_
10. something you love \_\_\_\_\_

