

heART Layers directions

1. cut out and color picture frame w/person in it. Design by adding hair, colors, and background
2. cut out "2.", fold on dotted lines



3. put a little glue on the back of "2." and place in the "Glue here" spot on person.

4. cut out "3.", fold on dotted lines



5. put a little glue on the back of "3." and place within the person.



6. repeat for "4." and "5."

7. now, draw the different layers of your heART, placing a heart in the innermost layer, knowing it is not only beating within, but sharing its rhythm to the world.

- miss Kate