



Annelise Adams Photography
Lifestyle Family Portrait Guide

2026 EDITION



ANNELISE ADAMS
PHOTOGRAPHY



I'm so happy you're here!

I love any and every opportunity to capture families in ways that show each individual's unique connection and love for each other. From selecting the location or activity that mirrors your personality and hobbies or interests to helping select your wardrobe, this guide will help us curate the best session for you and your family.

Gone are the days of stale and stiff family posed portraits - at least around here!

We will focus more on the experience than capturing "the perfect photo" because, in all honesty, I aim to make it hard to choose just one.

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1

Choosing Your Location

The location for our session is one of the biggest decisions to make, so once that is out of the way, everything else comes much easier afterward! I highly encourage turning this session into an activity your kids will enjoy (with opportunities for candid and posed moments throughout!) It can sometimes seem difficult to get kids to cooperate in a photo session, but the more you make it an interesting day of things they'll be doing (rather than a forced photoshoot) the more fun the family will have, and in turn better final images!



Your location should be one that resonates with your family's interests and style. I am here to capture you in your element. Whether that's hitting the beach, planning a picnic, taking a stroll through a garden, playing at a park, climbing trees, or snuggling up with each other at home, involve your whole family in the planning process of picking a location! Turn it into a planned fun day and ask the kids "What should we do this weekend?!" If your kids don't like the beach, then we know that's not an option! On the other hand, if you have a favorite beach, then we now know what to plan for next - what to wear!

2

What to Wear

Dress for the weather, and your location! Wear clothes that you are comfortable moving in, as well as being outside in. Wear footwear that you are comfortable walking and moving in. Avoid wearing heels/wedges/platforms as they will sink into the ground. Ensure clothes are well-pressed and wrinkle-free. Try complementary colors and patterns rather than matching outfits (this helps everyone stand out!). Avoid tees with graphics and writing.



You can be as casual or as dressed up as you want! Keep in mind what your kids are comfortable with too. Sometimes they aren't always on board for an outfit you may already be imagining for that perfect family photo. These final images should be an authentically curated reflection of your family. I know it can be tempting to want to "go all out" but the more true to your style you stick with, the better everyone FEELS and LOOKS! It will translate in photos if you don't feel good in what you're wearing.

3

How to Prepare Your Family

Be sure to get a good night's rest, that everyone is fed, and drink plenty of water. No need to 'Cheese'! I'm chasing natural interactions and unposed moments. I strive to capture and encourage authentic expressions. No need to coax any children into fake smiles! You can help me create more candid shots by interacting playfully with your children/family/partner/pet. Laugh, play, tickle, snuggle, and explore. This is how we'll capture the REAL moments.



Not everyone has to be looking at the camera. I usually encourage my gentlemen to NOT look at the camera. (they seem to prefer that, as well!) I like to especially encourage dads to focus on their partners and their kids. When in doubt, just smile and look at your family/pet/partner lovingly :) I am also there to guide you if things get stiff.

Relax, slow down, and don't force anything. Don't feel pressured to make everything perfect! Just be present with your family/partner/pet and I'll do the rest. And don't stress if any kids get fussy! Just snuggle your kiddos and we can still capture beautiful images.

4 Investment & Starting Rates

My family sessions are all about the perfect window of time to get comfortable, but not so long that everyone is begging to leave. I like to keep my family sessions to 30-45 minutes. The first 5 minutes will allow kids to get used to what is sometimes a strange person with a camera hanging around. Let them know they will be meeting a new friend, and we are going to do some exploring!

A gallery of 40+ professionally fine-tuned images will be delivered in a password-protected album within 14 days of your session.

My rates are tailored to you and your requests, this comes in the form of additional shoot time, additional outfit changes, additional locations or special locations with fee requirements, etc



Starting Rates:

Single Family Unit Session \$450+
Extended Family Session \$695+



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