

# Susan HARRISON

EMPOWERING PROFESSIONALS TO TAKE CONTROL OF THEIR STRESS RELIEF

*"Susan Harrison was very positive and upbeat.  
She made the best use of classroom time; very engaging."*

*"Impressive seminar.  
Gave great perspectives on reducing stress."*

DrSusanHarrison.com



## Author

Winner 2016 Reader's Favorite International Literary Excellence Book Contest

Amazon number ONE hot new release,  
top THREE best seller in Conflict Resolution,  
top SIX in Women in Business

Five Stars Seal by Reader's Favorite  
Reviewed by Publishers Weekly

## Coach • Entrepreneur • Corporate Trainer Award Winning Speaker

2018 Woman of the Year Bronze Award  
from the American Business Awards

2018 Influencer for our Global Community  
by International Association of Women

2017 Women in Business Maverick of the Year  
(Bronze) Stevie Awards

## Regular Guest Contributor

KC LIVE - NBC

Better Kansas City - CBS

FOX 4 Morning Show





Susan  
**HARRISON**

[www.drSusanHarrison.com](http://www.drSusanHarrison.com)

## Training Sessions:

- How to Deal with Stress at Work
- How to Prevent Stress
- Attitude and Stress
- How to Conquer Negativity
- Business Etiquette
- How to Build Rapport

## Inspirational Keynotes:

- Breaking Your Own Boundaries
- Think Before You Speak
- Get What You Want!
- Change Your Attitude, Change Your Life
- Conquer Your Fear of Public Speaking
- Effective Communication

Available for corporate training,  
human resources, events, groups, and consulting!

Book Dr. Harrison today!

Dr. Susan Harrison

Author/Speaker

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 @drsusanharrison

 susanharrisonspkr

 drsusanharrison

Join thousands of professionals who have benefited from Dr. Harrison's training in effective business and life skills. Her areas of expertise include reducing stress, along with various facets of personal and professional development, and public speaking. Susan's fun, energetic delivery and fast-paced, interactive sessions will leave you wanting more.

*"FANTASTIC! Highly motivating, I learned many skills in the seminar that can be used both at work and in my personal life."*

*"Very impressive seminar. It gave great perspective on how to reduce stress by handling the way you interact with others."*

