

Terry J. Walker, M.A.

Trainer, Coach, Consultant, Motivational Speaker, Radio Host and Author, Terry J. Walker has dedicated the past 30 years to educating, training, inspiring and motivating others to improve their lives.

Terry has a Master of Arts Degree in Educational Psychology and Counseling, a certification in Professional Life Coaching, Executive Coaching and a Certification by Jack Canfield as a Trainer on Success Principles. She has over 18 years of experience in the medical sales and customer service industry and over 10 years of experience working in the mental health field with adolescents and families.

Terry is the author of 3 popular educational books:

The Resume of Life—using her personal experiences as a backdrop, Terry has provided a guide to assist in understanding the correlation between “career and life resume,” ultimately clarifying, empowering and achieving dreams, desires and goals. The training associated with this book provides a greater sense of clarity and focus on how your choices and decisions have led you here, and what changes can be made to enhance objectives, and goals to inspire both personal and professional growth.

Bridging the Gap, An Educator’s Guide - an empowerment for early child educators to improve their awareness towards helping children better understand their feelings, enhance their self-esteem, build better communication skills, and establish healthy boundaries and relationships.

Bridging the Gap, A Parent’s Guide – empowering guide for parents to deal with essential issues in the development and guidance for their children.

All her books and trainings are designed to empower, clarify and achieve dreams, enhance communication skills, increase personal awareness, leadership and success, establish healthy relationships and achieve greater success in life.

In addition, Terry is also the creator of the *Soul Stretching Success Principles*, a coaching and training program to provide the tools and actions to help others grow, expand and make significant, powerful changes toward creating the successful lives we are meant to live.

Co-host of the IAM Power Hour, with Dr. Pat Baccili on Transformation Talk Radio—Terry’s wisdom and wit can be heard on syndicated radio and podcasts that are broadcast globally.

Based in the greater Nashville area, Terry is the owner of Inspire and Motivate, IAM, LLC – a business founded to empower others to look at their circumstances in a more inspiring and motivating way. The company provides impactful training and coaching principles to discover true potential and create a successful life of overall personal and professional development. The acronym from Inspire and Motivate is IAM—Affirmations are the keys to transformation and begin with these two simple, yet powerful words: *I Am.... for what you put after them creates your reality.*

