

# OCTOBER 2025

## RIO GRANDE ACADEMY



Your cafeteria is managed by  
Canteen of Central New Mexico

### MONDAY



**6**

BAGEL-FULS

*CORNDOG*  
MIXED VEGETABLES  
MANDARIN ORANGE

**13**

**20**

APPLE FRUDEL

*FRENCH TOAST STICKS*  
SAUSAGE PATTIE  
TATER TOTS  
FRESH FRUIT

**27**

BLUEBERRY MUFFIN

*CHILE CHEESE DOG*  
CARROTS  
MANDARIN ORANGE

### TUESDAY



**7**

CINNI MINIS

*FRITO PIE*  
MANGOS  
TORTILLA

**14**

EGG, HAM & CHEESE CROISSANTS

*BEAN & CHEESE BURRITO*  
CARROTS & PEAS  
STRAWBERRIES  
FRESH SALSA

**21**

BISCUITS & GRAVY

*GRILLED CHEESE SANDWICH*  
CARROT STICKS  
PINEAPPLE CHUNKS

**28**

CINNI MINIS

*CHICKEN FAJITAS*  
PINTO BEANS  
CANTALOUPE

### WEDNESDAY

**1**

OATMEAL

*CHICKEN NUGGETS*  
BAKED BEANS  
MANGOS  
DINNER ROLL

**8**

BREAKFAST BURRITO

*CHICKEN DRUMSTICKS*  
WHIPPED POTATOES  
HONEYDEW  
DINNER ROLL

**15**

OATMEAL

*TURKEY BABACOA*  
MIXED VEGETABLES  
STRAWBERRIES  
TORTILLA

**22**

BREAKFAST BURRITO

*CHICKEN TAQUITOS*  
PINTO BEANS  
MIXED FRUIT

**29**

BREAKFAST BURRITO

*CHEESE OMELET*  
Ham SLICED  
TATER TOTS  
FRESH FRUIT  
BISCUIT

### THURSDAY

**2**

MUFFINS

*BEAN & CHEESE BURRITO*  
CARROTS  
MANGOS

**9**

**16**

BREAKFAST COMBO BAR & TORTILLA

*TAMALES RED CHILE*  
STRING CHEESE  
PINTO BEANS  
MANGOS

**23**

BREAKFAST CHORIZO COMBO BAR & TORTILLA

*STEAK FINGERS*  
MIXED VEGETABLES  
BLUEBERRIES  
DINNER ROLL

**30**

BISCUIT & SAUSAGE SANDWICH

*LASAGNA WITH GROUND BEEF*  
MIXED VEGETABLES  
PINEAPPLE CHUNKS  
BREADSTICK

### FRIDAY

**3**

CEREAL HONEY NUT CHEERIOS

*PIZZA*  
PEAS  
PEACHES

**10**

**17**

BAGEL PLAIN & CREAM CHEESE

*PIZZA*  
BROCCOLI  
CINNAMON APPLE SLICES  
COOKIE

**24**

CINNI MINIS

*PIZZA*  
BROCCOLI  
PEACHES

**31**

BANANA BREAD

*PIZZA*  
BROCCOLI  
STRAWBERRIES

Canteen of Central New Mexico is an equal opportunity provider and employer

\*A VARIETY OF MILK AND FRESH FRUIT ARE PROVIDED EACH DAY FOR BREAKFAST.

\*\*A VARIETY OF MILK AND SALAD BAR ARE ALSO PROVIDED EACH DAY FOR LUNCH