

# SEPTEMBER 2025 RIO GRANDE ACADEMY



Your cafeteria is managed by  
Canteen of Central New Mexico

## MONDAY

1

8  
COLD CEREAL & JUICE  
  
*CATFISH TACOS*  
BROCCOLI  
STRAWBERRIES

15  
MUFFINS CINNAMON TAOST  
CRUNCH/JUICE  
  
*CHICKEN NUGGETS*  
BAKED BEANS  
STRAWBERRIES  
DINNER ROLL

22  
COLD CEREAL & JUICE  
  
*FRENCH TOAST STICKS*  
SAUSAGE PATTIE  
TATER TOTS  
STRAWBERRIES

29  
TRIX MUFFIN & JUICE  
  
*GRILLED CHEESE SANDWICH*  
BROCCOLI  
STRAWBERRIES

## TUESDAY

2  
CHEESE OMELET WRAP  
  
*BEEF TACO SOFT*  
CALABACITAS  
PINEAPPLE

9  
BISCUITS & GRAVY  
  
*BAKED HAM/ PINEAPPLE*  
POTATOES, AU GRATIN  
PINEAPPLE  
DINNER ROLL

16  
CREAM OF WHEAT APPLE & BWN  
SUGAR  
  
*CHICKEN PARMESAN*  
MIXED VEGETABLES  
PINEAPPLE  
DINNER ROLL

23  
OATMEAL  
  
*MACARONI AND BEEF*  
CASSEROLE  
MIXED VEGETABLES  
PINEAPPLE  
DINNER ROLL

30  
CHEESE OMELET WRAP  
  
*BEEF TACO SOFT*  
CALABACITAS  
PINEAPPLE

## WEDNESDAY

3  
BREAKFAST BURRITO  
  
*CHICKEN ALFREDO*  
CARROT STICKS  
MANGOS  
BREADSTICKS

10  
BREAKFAST BURRITO  
  
*LASAGNA BOWTIE*  
MIXED VEGETABLES  
PEACHES  
BREADSTICK

17  
BREAKFAST BURRITO  
  
*FRITO PIE*  
CORN  
MANGOS  
TORTILLA

24  
BREAKFAST BURRITO  
  
*BBQ CHICKEN ON A BUN*  
BAKED BEANS  
MANGOS

## THURSDAY

4  
PANCAKE WRAP  
  
*MEATLOAF HOME MADE*  
WHIPPED POTATOES  
PEACHES  
DINNER ROLL

11  
BREAKFAST PIZZA  
  
*CHICKEN TACO SOFT*  
PINTO BEANS  
MANGOS

18  
BREAKFAST COMBO BAR WRAP  
  
*ORANGE CHICKEN*  
BROCCOLI  
PEACHES  
BISCUIT

25  
BREAKFAST CHORIZO COMBO  
BAR  
  
*BEAN & CHEESE BURRITO*  
BROCCOLI  
PEACHES

## FRIDAY

5  
CEREAL HONEY NUT CHEERIOS  
  
*PIZZA*  
BROCCOLI  
BLUEBERRIES

12  
MUFFIN TRIX  
  
*PIZZA*  
CARROTS  
BLUEBERRIES

19  
BAGEL PLAIN  
CREAM CHEESE  
  
*PIZZA*  
CARROTS  
BLUEBERRIES

26  
MUFFINS CINNAMON TAOST  
CRUNCH  
  
*PIZZA*  
CARROTS  
BLUEBERRIES



Canteen of Central New Mexico is an equal opportunity provider and employer

\*A VARIETY OF MILK AND FRESH FRUIT ARE PROVIDED EACH DAY FOR BREAKFAST.

\*\*A VARIETY OF MILK AND SALAD BAR ARE ALSO PROVIDED EACH DAY FOR LUNCH