

AUGUST 2026

RIO GRANDE ACADEMY



Monday

Tuesday

Wednesday

Thursday

Friday

3

CHEESE OMELET WRAP

4

FRITO PIE
MANGOS
TORTILLA

BREAKFAST BURRITO

5

CHICKEN DRUM STICKS
WHIPPED POTATOES
HONEYDEW
DINNER ROLL

BISCUIT & SAUSAGE SANDWICH

6

LOADED BAKED POTATO
BROCCOLI
CHEESE SAUCE
PINEAPPLE CHUNKS
DINNER ROLL

CINNI MINIS

7

PIZZA
CARROTS
APRICOTS

COLD CEREAL

10

CHEESEBURGER
FRENCH FRIES
APPLESAUCE

BISCUITS & GRAVY

11

BEAN & CHEESE BURRITO
CARROTS
CANTALOUPE
FRESH SALSA

BREAKFAST BURRITO

12

TURKEY BABACOA
MIXED VEGETABLES
STRAWBERRIES
TORTILLA

EGG, HAM & CHEESE
CROISSANTS

13

BEEF ENCHILADA RED
PINTO BEANS
MANGOS

BAGEL PLAIN
CREAM CHEESE

14

PIZZA
BROCCOLI
APPLES
COOKIE

CEREAL BAR
YOGURT

17

FRENCH TOAST STICKS
SAUSAGE PATTIES
HASH BROWNS
FRESH FRUIT

CREAM OF WHEAT
TOAST

18

SLOPPY JOE ON A ROLL
BROCCOLI
PINEAPPLE CHUNKS

BREAKFAST BURRITO

19

POSOLE W/CHICKEN
PINTO BEANS
MIXED FRUIT
DINNER ROLL

BREAKFAST COMBO BAR
TORTILLA

20

MEATLOAF
MIXED VEGETABLES
HONEYDEW
DINNER ROLL

BAGEL-FULS

21

PIZZA
CARROT STICKS
PEACHES

APPLE FRUDEL

24

HOT DOG ON A BUN
CARROTS
MANDARIN ORANGE

SCRAMBLED EGGS
SAUSAGE PATTIE
TOAST

25

CHICKEN FAJITAS
PINTO BEANS
CANTALOUPE

BREAKFAST BURRITO

26

LASAGNA WITH GROUND BEEF
MIXED VEGETABLES
PINEAPPLE CHUNKS
BREADSTICK

SAUSAGE PATTIE
HASH BROWNS
TORTILLA

27

FAMOUS BOWL
SIDEKICKS
DINNER ROLL

WAFFLES MINI EGGO BITES

28

PIZZA
BROCCOLI
APRICOTS

CINNI MINIS

31

NACHOS SUPREME
PINTO BEANS
STRAWBERRIES
TORTILLA



Canteen of Central New Mexico is an equal opportunity provider and employer

*A VARIETY OF MILK AND FRESH FRUIT ARE PROVIDED EACH DAY FOR BREAKFAST.

**A VARIETY OF MILK AND SALAD BAR ARE ALSO PROVIDED EACH DAY FOR LUNCH