

JANUARY 2026

RIO GRANDE ACADEMY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

6

7
BREAKFAST BURRITO
MEATBALL SUB
CARROTS
MANGOS

1

8
BISCUIT & SAUSAGE
SANDWICH
POSOLE W/CHICKEN
MIXED VEGETABLES
CHERRIES
DINNER ROLL

2

9
BAGEL PLAIN & CREAM
CHEESE
PIZZA
BROCCOLI
PEACHES

12
CINNI MINIS
STEAK FINGERS
MIXED VEGETABLES
CINNAMON APPLE SLICES
DINNER ROLL

13
COLD CEREAL
FRENCH TOAST STICKS
SAUSAGE PATTIE
HASH BROWNS
FRESH FRUIT

14
BREAKFAST BURRITO
SPAGHETTI AND MEAT SAUCE
BROCCOLI
BLUEBERRIES
BREADSTICKS

15
CHEESE OMELET
TORTILLA
TORTILLA BURGER
PINTO BEANS
PINEAPPLE CHUNKS
SUN CHIPS

16
BLUEBERRY MUFFIN
PIZZA
CARROTS
CRAISINS

19

20
SAUSAGE-PATTIE, HASH
BROWN & TORTILLA
ORANGE CHICKEN
MIXED VEGETABLES
BROWN RICE
MANGOS

21
BREAKFAST BURRITO
FRITO PIE
& PEAS
FRESH FRUIT

22
PANCAKE WRAP
TAMALES
PINTO BEANS
BLUEBERRIES
STRING CHEESE

23
WAFFLES MINI EGGO BITES
PIZZA
BROCCOLI & CARROT
STICKS
PEARS

26
MUFFINS ASSORTED
GRILLED CHEESE WITH
TOMATO SOUP
CARROTS
BLUEBERRIES

27
BREAKFAST PIZZA
BEEF TAQUITOS
PINTO BEANS
STRAWBERRIES

28
BREAKFAST BURRITO
EGG ROLLS
MIXED VEGETABLES
RICE
MANGOS

29
BISCUITS & GRAVY
BEEF SOFT TACOS
CORN
PINEAPPLE CHUNKS
SPANISH RICE

30
COLD CEREAL
PIZZA
BROCCOLI
FRESH FRUIT



Canteen of Central New Mexico

Canteen of Central New Mexico is an equal opportunity provider and employer
*A VARIETY OF MILK AND FRESH FRUIT ARE PROVIDED EACH DAY FOR BREAKFAST.
**A VARIETY OF MILK AND SALAD BAR ARE ALSO PROVIDED EACH DAY FOR LUNCH

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