

OCTOBER 2026

RIO GRANDE ACADEMY

canteen

Monday

Tuesday

Wednesday

Thursday

Friday

BAGEL PLAIN
CREAM CHEESE

5

CORNDOG
MIXED VEGETABLES
MANDARIN ORANGE

BISCUIT & SAUSAGE SANDWICH

6

FRITO PIE
MANGOS
TORTILLA

BREAKFAST BURRITO

7

CHICKEN DRUMSTICKS
WHIPPED POTATOES
HONEYDEW
DINNER ROLL

BREAKFAST PIZZA

1

CHICKEN ENCHILADAS
PINTO BEANS
MANGOS
TORTILLA

PANCAKES MINI EGGO BITE

2

PIZZA
BROCCOLI
PEACHES

CHEESE OMELET
TORTILLA

8

PIZZA
BROCCOLI & CARROTS
PINEAPPLE CHUNKS

9

12

EGG, HAM & CHEESE CROISSANT

13

BEAN & CHEESE BURRITO
CARROTS & PEAS
CANTALOUPE
FRESH SALSA

BREAKFAST BURRITO

14

SPAGHETTI AND MEAT SAUCE
MIXED VEGETABLES
STRAWBERRIES
BREADSTICK

SCRAMBLED EGGS
SAUSAGE PATTIE
TOAST

15

BEEF TAQUITOS
PINTO BEANS
MANGOS

COLD CEREAL

16

PIZZA
BROCCOLI
FRESH FRUIT

BLUEBERRY MUFFIN

19

POPCORN CHICKEN
BROCCOLI
APPLESAUCE
DINNER ROLL

BREAKFAST COMBO BAR
TORTILLA

20

CHICKEN FAJITAS
PINTO BEANS
PINEAPPLE CHUNKS

BREAKFAST BURRITO

21

POSOLE W/CHICKEN
CORN
MIXED FRUIT
DINNER ROLL

BISCUITS & GRAVY

22

BEEF TAQUITOS
MIXED VEGETABLES
CANTALOUPE

POP TART & GO-GURT

23

PIZZA
CARROT STICKS
PEACHES

COLD CEREAL

26

CHICKEN QUESADILLA
CARROTS
STRAWBERRIES

EGG, HAM & CHEESE CROISSANT

27

LASAGNA
MIXED VEGETABLES
PINEAPPLE CHUNKS
BREADSTICK

BREAKFAST BURRITO

28

FRENCH TOAST STICKS
SAUSAGE PATTIE
HASH BROWNS
FRESH FRUIT

CHEESE OMELET WRAP

29

TAMALES RED CHILE
PINTO BEANS
STRING CHEESE
MANGOS

MUFFIN

30

PIZZA
BROCCOLI
APRICOTS

Canteen of Central New Mexico is an equal opportunity provider and employer

*A VARIETY OF MILK AND FRESH FRUIT ARE PROVIDED EACH DAY FOR BREAKFAST.

**A VARIETY OF MILK AND SALAD BAR ARE ALSO PROVIDED EACH DAY FOR LUNCH