

SEPTEMBER 2026

RIO GRANDE ACADEMY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1. ENGLISH MUFFIN SANDWICH

BEEF TACO
CALABACITAS
PINEAPPLE CHUNKS

2 BREAKFAST BURRITO

CHICKEN FAJITAS
CARROT STICKS
MANGOS
BREADSTICKS

3 CHEESE OMELET WRAP

RED CHILE ENCHILADA
CORN
PEACHES
TORTILLA

4 BAGEL-FULS

PIZZA
BROCCOLI
APPLESAUCE

7

8 BISCUIT&SAUSAGE SANDWICH

TURKEY BABACOA
CORN
PINEAPPLE CHUNKS
TORTILLA

9 BREAKFAST BURRITO

SOFT CHICKEN TACO
PINTO BEANS
MANGOS

10 CREAM OF WHEAT APPLE
& BRN SUG

LASAGNA
MIXED VEGETABLES
PEACHES
BREADSTICK

11 COLD CEREAL

PIZZA
CARROTS & BROCCOLI
BLUEBERRIES

14 BLUEBERRY MUFFIN

TAMALES RED CHILE
SHREDDED CHEDDAR
PINTO BEANS
APPLESAUCE

15 EGG, HAM & CHEESE
CROISSANTS

CHICKEN PARMESAN
MIXED VEGETABLES
PINEAPPLE CHUNKS
DINNER ROLL

16 BREAKFAST BURRITO

FRENCH TOAST STICKS
SAUSAGE PATTIE
HASH BROWNS
MANGOS

17 BISCUITS & GRAVY

SPAGHETTI AND MEAT SAUCE
BROCCOLI
PEACHES
BREADSTICK

18 NUTRI GRAIN
YOGURT

PIZZA
CARROTS
APPLESAUCE

21 COLD CEREAL

CHICKEN NUGGETS
WHIPPED POTATOES
PEACHES
DINNER ROLL

22 HASH BROWNS
SAUSAGE PATTIE
TORTILLA

CHILE CHEESE DOG
PINTO BEANS
PINEAPPLE

23 BREAKFAST BURRITO

BBQ CHICKEN ON A BUN
MIXED VEGETABLES
MANGOS

24 BISCUIT&SAUSAGE SANDWICH

BEAN & CHEESE BURRITO
BROCCOLI
STRAWBERRIES

25 APPLE FRUDEL

PIZZA
CARROT STICKS
BLUEBERRIES

28 CINNI MINIS

CHICKEN DRUM STICKS
GREEN BEANS
MANDARIN ORANGE
DINNER ROLL

29 BREAKFAST COMBO BAR
TORTILLA

GRILLED CHEESE SANDWICH
BROCCOLI
PINEAPPLE

30 BREAKFAST BURRITO

BEEF TACO
PINTO BEANS
STRAWBERRIES
DINNER ROLL

Canteen of Central New Mexico is an equal opportunity provider and employer

*A VARIETY OF MILK AND FRESH FRUIT ARE PROVIDED EACH DAY FOR BREAKFAST.

**A VARIETY OF MILK AND SALAD BAR ARE ALSO PROVIDED EACH DAY FOR LUNCH