

# Individual Coaching Packages

**Introduction to Coaching:** Top 5 StrengthsFinder Assessment with customized reports and 1-hour strengths consultation\*

\$350

Perfect for clients who are new to the StrengthsFinder tools and want to experience how working with Renee will quickly add value to the printed assessment reports.

**Ongoing Coaching:** Expanded StrengthsFinder Assessment with customized reports; twice-monthly, 1:1 coaching\*; weekly email check-ins

\$1500 month (3-month minimum investment)

Individual coaching provides structure, accountability, and support while clients work through transformational opportunities and challenges. Renee will use meditation, visualization and wellness strategies to keep the sessions positive, restorative and effective! Perfect for clients who are ready to dig in their heels and accomplish their goals!

**Focused-Action ½ Day Session:** Top 5 StrengthsFinder Assessment with customized reports; 1:1 core values workshop\*; personal development plan

\$800/session or \$2,400/four-quarterly sessions

Preparing for a job-transition, career change, or relocation? These ½ day sessions are perfect for clients with a specific goal or challenge on the horizon that requires some special time and attention. With a tangible outcome in mind, Renee will help focus efforts by utilizing core values, strengths and talents.

\*All individual coaching/consultation/workshops can be delivered virtually. In-person meetings are available for clients in the Charleston, SC area.



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*Deeper Conversations. Better Results.*