

New!
As seen in March 2025 at the
Montreal Outdoor Show

ADVENTURE AT ITS PUREST!

a 438 km trek on the LONG TRAIL

The story of my 14-day thru hike of the VERMONT LONG TRAIL

Including my tips for staying comfortable when playing outside

For everyone: 10 to 110 years of age

Different price options:

Corporate, nonprofit, school, small business

1st step to see if the **GREAT ADVENTURE**
of **PLEIN AIR EN OR** is for you!



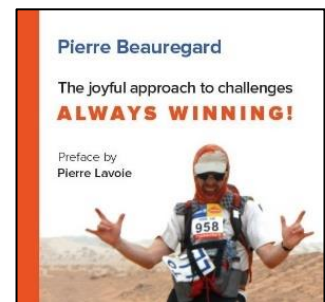
By Pierre Beauregard:

«Bachelor» in Outdoor Intervention

«EMERIT» certification from CQRHT

Accredited «Quality-Security» from AEQ

Author of:



To his credit: 16 **delightful** IRONMAN
6 **crazy** ultramarathons
48 other **thrilling** events
as well as many more
fun outdoor adventures

He is back from



«Contact me to organize your speaking engagement...»

Pierre Beauregard

BSc. Speaker, Author, Adventurer

Consultant, **and most of all... "Happy"!**

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PLEIN AIR EN OR

Your dream
Your Challenge
Your project
It's possible

