Autism Information for advocates, attorneys, and judges



SERVING VICTIMS OF CRIME SERIES

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PROSECUTING ATTORNEYS, JUDGES, AND OTHER VICTIMS' RIGHTS PROFESSIONALS MAY ENCOUNTER OR BE ASKED TO PROVIDE SERVICES TO AN INDIVIDUAL WITH AN AUTISM SPECTRUM DISORDER (ASD). UNDERSTANDING THE COMMUNICATION, SOCIAL, AND BEHAVIORAL CHARACTERISTICS OF INDIVIDUALS ON THE AUTISM SPECTRUM WILL ASSIST IN REPRESENTATION AND ADVOCACY ON BEHALF OF VICTIMS OF CRIME WHO HAVE AUTISM.

There is strong evidence that individuals with disabilities experience crime at rates higher than individuals without disabilities. Because individuals on the autism spectrum are generally taught compliance from a very young age, have difficulty picking up social cues, and may also have cognitive disabilities (mental retardation), they can be easy targets for abuse and victimization. Unfortunately, most of these cases are never successfully prosecuted, leaving the perpetrators to continue to victimize others (Mishra, 2001). Due to the nature of autism, which is a spectrum disorder, individuals with ASD may have varying degrees of understanding of the criminal justice system or the situation that has brought them into the system. Specific care should be taken from the very first interviews to ensure accurate accounts of crimes are obtained and the victims appropriately represented and their rights preserved. With the assistance of trained professionals and autism experts, many of these cases can be successfully prosecuted.





MOST PEOPLE WITH DISABILITIES WILL EXPERIENCE SOME FORM OF SEXUAL ASSAULT OR ABUSE DURING THEIR LIFETIME (MARGE, D., 2003).



WHAT IS AUTISM?

Autism is a spectrum disorder that affects every individual to a differing degree. Autism is a complex developmental disability. It is a neurological condition with a variety of symptoms that affect individuals in different ways. It knows no racial, ethnic or social boundaries. People with autism may have difficulties in communication and social understanding. They may also have unusual reactions to sensory input, and may demonstrate what appear to be inappropriate behaviors. Autism Spectrum Disorders (ASD) are now known to be more common than previously thought, affecting as many as 1.5 million individuals nationwide.

CONSIDERATIONS FOR PROSECUTING ATTORNEYS, JUDGES, AND VICTIMS' RIGHTS PROFESSIONALS

Evidence shows that individuals with disabilities experience crime at rates higher than their nondisabled counterparts. Most people with disabilities will experience some form of sexual assault or abuse during their lifetime (Marge, 2003). The risk of victimization varies according to disability; however, it is unknown how many adults on the autism spectrum are victims of sexual abuse, sexual assault, or domestic violence. There are currently no research studies specific to adults with ASD and there are no data available to document presumed high rates of abuse against men and boys with disabilities (Petersilia et. al., 2001). A survey of over 1,500 individuals on the autism spectrum and their caregivers by the Autism Society found that of the 35% who had been the victim of a crime, 17% reported physical abuse or assault, 13% reported being the victim of sexual abuse, 9% reported property crimes, 8% reported sexual assault, and 8% reported neglect; 3% reported being coerced to commit or participate in a crime (Autism Society, 2007). A study on child abuse and autism (Mandell, et. al., 2005) found that caregivers reported that 18.5% of children with ASD had been physically abused and 16.6% had been sexually abused. Property crimes against individuals with ASD may be prevalent in part due to the inability of many individuals on the autism spectrum to read social cues or understand social norms that may protect them from criminals seeking financial gain. Some individuals with ASD may have a guardian handling their finances, but if there is little or no monitoring and oversight, financial exploitation can easily take place.

Despite documented high rates of crime victimization against individuals with disabilities, police follow-up, prosecution, and convictions of perpetrators remain low. A review of Massachusetts cases found that only 5% of crimes against people with disabilities resulted in a conviction (Mishra, 2001). If convicted, sentences for crimes against individuals with developmental disabilities are typically lighter, particularly for sexual assault convictions. Theories explaining why include:

- The difficulty of investigations and lack of specialized police training
- Difficulties establishing whether an individual can give "consent"

- Negative stereotypes about individuals with developmental disabilities
- The perception that individuals with developmental disabilities lack credibility as witnesses
- The fact that individuals with developmental disabilities may be easily intimidated by the criminal justice system and be known by the perpetrator

Prosecutors and advocates should be aware that an individual on the autism spectrum may be dependent on a care provider, and therefore reluctant to press charges or assist in legal proceedings against that person. As part of these investigations, it becomes critically important to track the care provider's history, as he/she may move to another jurisdiction or state to avoid prosecution for abuse. State agencies administering programs for individuals with developmental disabilities are charged with assuring health and safety; however, in cases of prolonged abuse and neglect there may be a lack of quality oversight and investigation.

APPROPRIATE RESPONSE/DELIVERY OF SERVICES

It is very likely that the ability of a victim with ASD to communicate will be impaired, especially in times of high stress. Professionals must be aware that no two people with ASD are the same; some individuals may be highly verbal while others are non-verbal, have above-average intelligence or cognitive limitations (mental retardation), and may respond differently to sensory stimuli. During instances of heightened anxiety or when they do not know what is expected of them, individuals with ASD may also lose some of their abilities more readily. Providing reassurance will assist in alleviating the individual's anxiety; however, the characteristics of autism may pose challenges to providing services. It is therefore extremely important that a wide range of individuals who know the victim be involved in assisting the individual while navigating the criminal prosecution process. Where appropriate, these could include parents/guardians, educators, and support staff.

The verbal communication skills of an individual with autism may be atypical or below his or her chronological age. It is therefore important to slow down speech, use simple language, present one concept at a time, and explain expectations often. Children and adults on the autism spectrum may have immediate or delayed echolalia (the repetition or echoing of verbal utterances made by another person). Immediate echolalia may be used with no intent or purpose or may have a very specific purpose for the individual. Delayed echolalia appears to tap into long-term auditory memory, can involve the recitation of entire scripts, and can also have both noncommunicative and communicative functions. Individuals with ASD may also exhibit a pattern of pronoun reversal. Knowing the individual well is key to understanding his/her specific use of echolalia and other communication traits. This will also assist during the forensic interviewing process and for court room testimony.

Likewise, children and adults with ASD may have perseverative (repetitive) behaviors. While all individuals have routines to organize their lives, children and adults on the autism spectrum often take it to an extreme, spending hours on a single activity or repetitively talking about the same topic. This perseveration may relate to an individual's exaggerated need for sameness, expressed by the need for routines and consistency in his or her environment. These characteristics may become more prominent when they are anxious or in an unfamiliar situation, as in a court room.

Other considerations for an individual with ASD include preparing the person for any interviews, awareness of the individual's communication (including use of assistive technology) and reading abilities, reducing the number of or shortening interviews, eliminating noise and visual stimuli that could be distracting and, if the individual takes medication, making sure it has been administered on schedule.

The use of Forensic Interviewers, trained to assist individuals with disabilities, should be considered from the onset of an investigation and utilized prior to any interviews with counselors to ensure appropriate information is collected for prosecution efforts. Successful initial contacts and interviews are more likely to produce optimal results. In preparing for interviews it is essential that interviewers consider their own attitudes about disability in general and access individualized information about the victim via personal records, family members or care providers, and friends. Interview settings should not only ensure privacy, but be free of distractions. All professionals interviewing an individual with ASD should be aware that it will take more time than normal.

Within the court room setting, time will be needed to prepare an individual on the autism spectrum to participate in the process of a trial. If the individual is familiar with the setting, the concepts involved, as well as the expectations of them, it will allow them to participate more effectively. Providing information on autism to jurors as well as defense attorneys will reduce questions, as well as alleviate concerns regarding the individual's competence to participate. Unfortunately, misperceptions regarding individuals with autism often result in questions about their credibility as witnesses. Individuals with ASD often have very good memories and attention to detail, making them reliable witnesses; however, they can be easily confused in adversarial proceedings. Because individuals may be intimidated by aspects of the criminal justice system, repeated questioning, or the presence of a known perpetrator, familiarizing them with the setting and preparing them for testimony is essential.

The goals of court preparation are:

- To reduce the stress level in the witness
- To help the individual understand the nature and seriousness of the proceedings
- To minimize the likelihood that the individual will suffer negative court-related harm
- To improve the individual's ability to answer questions in court in the most accurate, complete, and truthful manner
- To maximize the individual's ability to be perceived as a credible witness

Partnerships with autism professionals can assist advocates and attorneys in communicating information to the individual, eliciting responses, and addressing anxiety and behaviors. Without appropriate support, individuals with ASD may appear to lack understanding of events and activities; however, when information is presented in a way that meets their needs and learning styles, they can contribute to prosecution efforts.

CHARACTERISTICS OF AUTISM

Persons with ASD may act in any of the following ways in an encounter with professionals within the criminal justice system and judicial sector. Care should be taken not to misinterpret some of these actions as deliberate, disrespectful or hostile.

Persons on the autism spectrum may:

- Not understand their rights
- Not understand what is expected of them
- · Not respond to verbal instruction
- Run or move away when approached
- Be unable to communicate with words
- Only repeat what is said to them
- Communicate only with sign language, pictures or gestures
- Avoid eye contact
- Appear argumentative or stubborn
- Say "No!" or "Yes!" in response to all questions
- Have difficulty judging personal space
- Be overly sensitive to sensory input (e.g., flashing lights, sirens, crowds)
- Have a decreased cognitive ability when experiencing heightened anxiety or frustration
- Become anxious or agitated, producing fight or flight responses, or behaviors such as screaming, hand flapping, or self-injurious behaviors
- Appear to be under the influence of narcotics or intoxicants
- Have an associated medical condition such as seizure disorder
- Be fixated on a particular object or topic and may ask repeated questions
- Speak in a monotone voice with unusual pronunciations
- Reverse pronouns ("Can I stop?" instead of "Can you stop?")
- Give misleading statements or false confessions
- Have problems speaking at the correct volume
- May, if verbal, be honest to the point of bluntness or to rudeness
- Not be able to communicate the extent of trauma due to a lack of understanding of healthy sexuality or appropriate boundaries in care provider or other relationships
- Have the need for a Forensic Interviewer with knowledge of autism
- Not have knowledge of the criminal justice system and the expectations to assist in prosecution



LOOKING FOR AUTISM RESOURCES? VISIT WWW.AUTISMSOURCE.ORG

WAUTISM SOCIETY

4340 East-West Highway, Suite 350 Bethesda, Maryland 20814 Phone: 301.657.0881 or 1.800.3AUTISM Fax: 301.657.0869 Web: www.autism-society.org

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RESOURCES:

Autism and Crime

Autism Society ~ 1-800-3AUTISM www.autism-society.org/safeandsound

Find or contribute local resources for victims of crime at Autism Source™, the Autism Society's on-line referral database, www. autismsource.org

Office for Victims of Crime, U.S. Department of Justice \sim 1-800-851-3420

OVC has a number of useful publications and materials, including *Victims with Disabilities: The Forensic Interview training* DVD and manual & Serving Crime Victims with Disabilities DVD.

California District Attorneys Association (916) 443-2017, www.cdaa.org

The CDAA's DVD, Crime Victims with Disabilities: What the Prosecutor Needs to Know, includes sections specific to autism.

National Center for Victims of Crime (NCVC) ~ 1-800-394-2255

Disability, Abuse & Personal Rights Project www.disability-abuse.com

L.E.A.N. On Us (Law Enforcement Awareness Network) www.leanonus.org Autism Risk and Safety Management www.autismriskmanagement.com

Crime Victim Organizations

Office for Victims of Crime, U.S. Department of Justice $\sim 1-800-851-3420$

National Center for Victims of Crime (NCVC) 1-800-394-2255

National Domestic Violence Hotline 1-800-799-7233

National Organization for Victim Assistance (NOVA) ~ 1-800-879-6682

National Resource Center on Domestic Violence 1-800-537-2238



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