

CRS FOOTBALL 2022 PDP Schedule

July

<b>Summer Workouts are important but so are Family Vacations and Trips! Go away with your family if you the chance too!</b>						
Monday 07/11/22	Tuesday 07/12/22	Wednesday 07/13/22	Thursday 07/14/22	Friday 07/15/22	Saturday 07/16/22	Sunday 07/17/22
<b>5:00pm - 6:30pm</b>	OFF	<b>5:00pm - 6:30pm</b>	OFF	OFF	OFF	OFF
<i>Freshmen Team Workout</i>		<i>Freshmen Team Workout</i>				
Monday 07/18/22	Tuesday 07/19/22	Wednesday 07/20/22	Thursday 07/21/22	Friday 07/22/22	Saturday 07/23/22	Sunday 07/24/22
<b>5:00pm - 6:30pm</b>	OFF	<b>5:00pm - 6:30pm</b>	OFF	OFF	OFF	OFF
<i>Freshmen Team Workout</i>		<i>Freshmen Team Workout</i>				
Monday 07/25/22	Tuesday 07/26/22	Wednesday 07/27/22	Thursday 07/28/22	Friday 07/29/22	Saturday 07/30/22	Sunday 07/31/22
<b>5:00pm - 6:30pm</b>	OFF	<b>5:00pm - 6:30pm</b>	OFF	<b>All Paperwork Due</b>	OFF	OFF
<i>Freshmen Team Workout</i>		<i>Freshmen Team Workout</i>				

CRS FOOTBALL 2022 PDP Schedule

August into September						
Monday 08/01/22	Tuesday 08/02/22	Wednesday 08/03/22	Thursday 08/04/22	Friday 08/05/22	Saturday 08/06/22	Sunday 08/07/22
<b>5:00pm - 6:30pm</b>	OFF	<b>5:00pm - 6:30pm</b>	OFF	OFF	OFF	OFF
<i>Freshmen Team Workout</i>		<i>Freshmen Team Workout</i>				
Monday 08/08/22	Tuesday 08/09/22	Wednesday 08/10/22	Thursday 08/11/22	Friday 08/12/22	Saturday 08/13/22	Sunday 08/14/22
<b>4:00pm - 5:00pm</b>		<b>4:00pm - 5:00pm</b>				
<b>Equipment</b>		<b>Equipment</b>				
<b>5:00pm - 6:15pm</b>	OFF	<b>5:00pm - 6:15pm</b>	OFF	OFF	OFF	OFF
<i>Freshmen Team Workout</i>		<i>Freshmen Team Workout</i>				
Monday 08/15/22	Tuesday 08/16/22	Wednesday 08/17/22	Thursday 08/18/22	Friday 08/19/22	Saturday 08/20/22	Sunday 08/21/22
<b>4:00pm - 6pm</b>	<b>4:00pm - 6pm</b>	<b>4:00pm - 6pm</b>	<b>4:00pm - 6pm</b>	OFF	OFF	OFF
<i>Practice</i>	<i>Practice</i>	<i>Practice</i>	<i>Practice</i>			
*T Shirts & Shorts*	*T Shirts & Shorts*	*Helmets*	*Uppers*			
Monday 08/22/22	Tuesday 08/23/22	Wednesday 08/24/22	Thursday 08/25/22	Friday 08/26/22	Saturday 08/27/22	Sunday 08/28/22
<b>4:00pm - 6pm</b>	<b>4:00pm - 6pm</b>	<b>4:00pm - 6pm</b>	<b>4:00pm - 6pm</b>	OFF	OFF	OFF
<i>Practice</i>	<i>Practice</i>	<i>Practice</i>	<i>Practice</i>			
*Uppers*	*Uppers*	*Uppers*	*Uppers*			
Monday 08/29/22	Tuesday 08/30/22	Wednesday 08/31/22	Thursday 09/01/22	Friday 09/02/22	Saturday 09/03/22	Sunday 09/04/22
<b>2:45pm - 4:30pm</b>	<b>2:45pm - 4:30pm</b>	<b>2:45pm - 4:30pm</b>	<b>2:45pm - 4:30pm</b>	<b>2:45pm - 4:30pm</b>	OFF	OFF
<i>Practice</i>	<i>Practice</i>	<i>Practice</i>	<i>Practice</i>	<i>Practice</i>		
*Full Pads*	*Full Pads*	*Full Pads*	*Full Pads*	*Uppers*		
Monday 09/05/22	Tuesday 09/06/22	Wednesday 09/07/22	Thursday 09/08/22	Friday 09/09/22	Saturday 09/10/22	Sunday 09/11/22
OFF - Labor Day	<b>2:45pm - 4:30pm</b>	<b>2:45pm - 4:30pm</b>	<b>3:30pm - 5:00pm</b>	<b>2:45pm - 4:00pm</b>	OFF	OFF
	<i>Practice</i>	<i>Practice</i>	<i>Scrimmage vs PW</i>	<i>Practice</i>		
	*Full Pads*	*Full Pads*	<i>(Home)</i>	*Helmets*		