

Settle-Free Dating Method for Women



TINZLEY BRADFORD

Question: *Thanks for joining Tinzley! Let's just start off by telling our readers how & why you became a Relationship Coach.*

Tinzley: So it actually started some years ago, many years ago, back in 2008 when I had a blog called "And You Wanna See My Feet."

I talked about guys who were always judging women's appearance all the time while they weren't, in my opinion, up to par or have any room to judge if you know what I mean. So I would write these funny quirky blogs. And I'm like, can you believe this guy looking like this had the nerve to ask to see my feet or asked to see if I had

a flat stomach? You know? So the blog got a lot of traction and attention and I started to comment on people who were like in the same business as me on places like Twitter, you know, back then, I don't even think we had IG and all of that. So I would be on Twitter and I would do some YouTube videos.

After that I eventually turned my blog into a book. So it was like a blog to books slash my own personal experience, being a single mom raised by a single mom and watching my daughter go through the same things I had gone through in dating, which was dealing with a lot of not so good situations when it came to relationships.



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So I said, you know, I'm tired. It was clear as day that my daughter was going through it, I went through it, my sister went through it, and of course, my mom who ended up being divorced from our father went through it. And I said, what is going on in this world? Why are so many women ending up in these unhealthy relationships where they are not making the best decisions?

And I'm not putting the blame only on women. But I ask that question all the time. So it led me to believe that there was a confidence or a self-esteem issue or many times we were just dealing with trying to have a mate in our life so we wouldn't feel like we were by ourselves and it made me wanna educate women more on not allowing

toxic behavior. So I went ahead and wrote the book where I started talking about signs to pay attention to so that you won't end up with the wrong mate. And that's what made me become a coach, just my own experience, observing my family experience and of course people around me in the world's overall experiences in dating.

Question: *Why do you believe many successful women have challenges in dating and relationships?*

Tinzley: You know, many times women are either single moms and so we're having to go to extra mile wearing both the father and the mom's hat in this upbringing of the child or children. And I think that a lot of women do deserve to be in a situation where there's someone there to help them to get over the hurdle. It's not always necessarily, "I want you to just take care of everything for me, dude. I want you to pay all my bills, dude. I want you to pay my car note. I want you to put me in the house. I want you to just pamper me." It's not just about that. A lot of women are very independent. They have their own, they have their own money. They have their own house. It's just a feeling of being accepted for who you are, loved a hundred percent for

who you are by the right mate who's looking for the same thing you're looking for, which is to settle down with one good person who he's aligned with. And I think we deserve that.

We deserve to be in a relationship that's committed, that's dedicated and loyal to just one woman, which is us, by a man who knows that that's what he wants and he comes and he gives it to us. And he doesn't mind giving us the extras because he loves us and wants to make life easier for us, you know?

Question: *Why do you believe many successful women settle in relationships?*

Tinzley: A lot of women are so good at so many different things. You know, I even say that about myself. But when it comes to discernment and what they're gonna allow in their relationships, unfortunately they just don't.

They see themselves sometimes as a mother figure, women are nurturers. We are always trying to nurture. If you go to most companies, the woman is always the administrative assistant or the executive.

She's always handling the ordering. I had that role before, twice for jobs in

my life. We're always the ones trying to make sure the meals are ordered.

You know, even at home, we're making sure lunch is done, meals are cooked, the man's clothes are washed, my clothes are washed, the kids are taken care of.

We're always nurturing. So when we meet a man, the first thing that comes to mind is, I'm gonna show this man that I'm that girl. I'm gonna make his life easy.

If he's trying to run a business, I'm gonna play executive assistant there and help him grow that business. I'm gonna be the one to help him iron his clothes. I'm gonna show him he doesn't have to ever worry about anything to eat, cuz I'm gonna cook a hot meal every day. So we put ourselves up here to prove our value and our worth and a lot of times the man is not bringing anything in that relationship of worth to us, but we see so much potential. Oh, he's so cute. He got that good, good. You know what I mean? And we want that.

So sometimes we'll deal with that because, well, at least it's good and I'm not by myself. You know, we'll settle



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just to have a man, because someone said, you're at a point where you need to be settling down.

What is wrong with you? You know, we're always blaming ourselves and asking what is wrong with us. So we just accept and allow anybody, even if he's kinda like verbally abusive to us, if he's not attentive, you know, if he's constantly belittling us, not making us feel good, not doing all the stuff I just told you. I'm ready to come into his life and just be his world.

He's coming to my life giving me mediocrity. But I allow it because I saw that little bit of ounce of potential. So a lot of women do that. So that's why I said I'm not settling anymore. Settle free dating method for women, we're

not settling around here anymore. Not for less than we deserve.

Question: Absolutely! Now as a Coach, what services do you offer?

Tinzley: Some women have experienced devastating breakups and they just need to heal from that devastating breakup. They need to make wiser dating choices, which is where I come in. Because if you leave one relationship, why are you gonna fall for the same kind of behavior? So I come in with helping them to not make those bad decisions again and what they need to be looking for.

I nurture the spirit. I help clients to find peace within their relationship lifestyles like the personal challenges that they may be going through in relationships. I help them achieve their individual life goals for that relationship.

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