

Name	John Doe	Birthdate	15.01.1992
Start	02.09.2025	Duration	8 weeks

THIS IS AN EXAMPLE ONLY WITH THE SOLE PURPOSE OF SHOWING AVAILABLE OPTIONS - NO REAL LIFE SCHEDULE!

	Diagnostics	Main Treatment	Co Treatment	MCAS Treatment	Depression / Anxiety Treatment	Other Therapies	Medications	Nutraceuticals	Clinical Nutrition Supervision	Health Coaching
Optional Treatments and Diagnostics	Mitochondrial Profiles / B-Cells / T-Cells response Tests, Cytokines, Immunocostitution and MCAS Tests, POTS, CFS, SFN			Colon Hydrotherapy / Leaky Gut IV / MCAS Medications / Nanozeolithes	rTMS / Ketamine and Psychotherapy (Traumatherapy)	HBOT, Partial Plasma Exchange, Peptide Therapy, Mitochondrial Therapy, Methylene Blue + IR, Magnesium Therapy, Cryotherapy, Stellate Ganglion Block, LDN, Physiotherapy	POTS: Ivabradine Endothelial damage: Sulodexide and/or Statins Fatigue: Low Dose Naltrexone / Low Dose Aripiprazol Vagus Nerve Stimulation/Exercise tolerance: Mestion Spike Persistence in Exosomes/Immune Cells: Molecosan, Maraviroc, Atorvastatin		recommended	recommended
Date										
Sep-2	1st Doctor's appointment + Biotracking Start	IV Glutathione/Vitamin C/Zinc/Magnesium						DAPT (Clopidogrel/ Aspirin)		
	Big blood panel, Molecular Diagnostics: Spike in Serum/Exosomes/Immune Cells				rTMS + Ketamine			Molecusan	Chryso Zorbas	Tanja Walse
Sep-3	Blood Gas Analysis	H.E.L.P. Apheresis						8-12 weeks protocol		
Sep-4				Colon Hydrotherapy						
Sep-5				Leaky Gut IV						
Sep-6	Blood Gas Analysis	H.E.L.P. Apheresis								
Sep-7	Patient Survey									
Sep-8										
Sep-9		Hyperthermia								
Sep-10	Blood Gas Analysis	H.E.L.P. Apheresis			rTMS + Ketamine					
Sep-11		IV Revive 5		Leaky Gut IV						
Sep-12				Colon Hydrotherapy						
Sep-13	Blood Gas Analysis	IV Lipoic Acid/Zinc								
Sep-14	Patient Survey	H.E.L.P. Apheresis								
Sep-15										
Sep-16		Hyperthermia								
Sep-17	Blood Gas Analysis	H.E.L.P. Apheresis			rTMS + Ketamine					
Sep-18		IV NAD+250								
Sep-19		IV Revive 5		Leaky Gut IV						
Sep-20	Blood Gas Analysis	H.E.L.P. Apheresis								
Sep-21	Autoantibody Panel (AAB)			Colon Hydrotheray						
Sep-22	Patient Survey									
Sep-23		Hyperthermia								
Sep-24	AMVAIS Panel	H.E.L.P. Apheresis			rTMS + Ketamine					
Sep-25	HELP Apheresis	IV Lipoic Acid/Zinc								
Sep-26		IV NAD+500								
Sep-27										
Sep-28	Patient Survey									
Sep-29										
Sep-30		Hyperthermia								
Oct-1	Immunophenotyping	Inuspheerisis®			rTMS + Ketamine					
Oct-2	Immunophenotyping	Inuspheerisis®								
Oct-3	IG Panel	IV Lipoic Acid/Zinc								
Oct-4		IV NAD+500								
Oct-5	Patient Survey									
Oct-6										
Oct-7	If indicated and not contradicted by IG panel	Start IVIG/SCIG Therapy								
Oct-8		Start mABS Therapy								
Oct-9										
Oct-10		Start Peptide Therapy								
Oct-11										
Oct-12	Patient Survey									
Oct-13										
After Treatment Period	Patient Surveys & Biotracking complete 2 years					HBOT first after 4th HELP	Spike Removal Exosomes Spike Removal Immune Cells 8 weeks			
							1st line Antiviral 6 weeks			
							2nd line Antiviral 4 weeks			
								3-6 months	complete 12 weeks	during/after
										during/after

Early Treatment Packages during reinfections



Apheresis Center