Name	John Doe	Birthdate	15.01.1992
Start	02.09.2025	Duration	6 weeks

THIS IS AN EXAMPLE ONLY WITH THE SOLE PURPOSE OF SHOWING AVAILABLE OPTIONS - NO REAL LIFE SCHEDULE!

		Diagnostics	Main Treat-ment	Co Treat-ment	MCAS Treatment	Depression / Anxiety Treatment	Other Therapies	Medications			Nutraceuticals	Clinical Nutrition Supervision	Health Coaching
Optional Treat-ments and Diagnostics		*Mitochondrial Profiles / B-Cells / T-Cells response Tests, Cytokines, Immunoconstitution and MCAS Tests, POTS, CFS, SFN*			Colon Hydrotherapy / Leaky Gut IV / MCAS Medications / Nanozeolithes	rTMS /Ketamine rTMS and Psychotherapy (Traumatherapy)	HBOT, Partial Plasma Exchange, Peptide Therapy, Mitochondrial Therapy, Methylene Blue + IR, Magnesium Therapy, Cryotherapy, Stellate Ganglion Block, LDN, Physiotherapy	POTS: Ivabradine Endothelial damage: Sulodexide and/or Statins Fatigue: Low Dose Naltroxene / Low Dose Aripiprazol Vagus Nerve Stimulation/Exercise tolerance: Mestinon Spike Persistence in Exosomes/Immune Cells: Molecosun, Maraviroc, Atorvastatin			recommended	recommended
Date													
Sep-2	Week 1	***1st Doctor's appointment + Biotracking Start***	**IV Glutathione/Vitamin C/Zinc/Magnesium**						**MCAS Protocol**	**DAPT (Clopidogrel/ Aspirin)**	**Molecusan**	**Chryso Zorbas**	**Tanja Walser**
		Big blood panel, Molecular Diagnostics: Spike in Serum/Exosomes/Immune Cells				**rTMS + Ketamine**					8-12 weeks protocol		
Sep-3		*Blood Gas Analysis*	**H.E.L.P. Apheresis**										
Sep-4					**Colon Hydrotherapy**								
Sep-5					**Leaky Gut IV**								
Sep-6		*Blood Gas Analysis*	**H.E.L.P. Apheresis**										
Sep-7		*Patient Survey*											
Sep-8													
Sep-9	Week 2		**Hyperthermia**										
Sep-10		*Blood Gas Analysis*	**H.E.L.P. Apheresis**			**rTMS + Ketamine**							
Sep-11			**IV Revive 5**		**Leaky Gut IV**								
Sep-12			**IV Lipoic Acid/Zinc**		**Colon Hydrotherapy**								
Sep-13		*Blood Gas Analysis*	**H.E.L.P. Apheresis**										
Sep-14		*Patient Survey*											
Sep-15													
Sep-16	Week 3		**Hyperthermia**										
Sep-17		*Blood Gas Analysis*	**H.E.L.P. Apheresis**			**rTMS + Ketamine**							
Sep-18			**IV NAD+250**										
Sep-19			**IV Revive 5**		**Leaky Gut IV**								
Sep-20		*Blood Gas Analysis*	**H.E.L.P. Apheresis**										
		Autoantibody Panel (AAB)			**Colon Hydrotheray**								
Sep-21		*Patient Survey*											
Sep-22													
Sep-23	Week 4	*AMVAIS Panel*	**Hyperthermia**										
Sep-24		*HELP Apheresis*	**H.E.L.P. Apheresis**			**rTMS + Ketamine**							
Sep-25			**IV Lipoic Acid/Zinc**										
Sep-26			**IV NAD+500**										
Sep-27		*Inuspheresis®*	**Inuspheresis®**										
Sep-28		*Patient Survey*											
Sep-29													
Sep-30	Week 5		**Hyperthermia**										
Okt-1		*If AAB Panel positive or indicated otherwise*	**Inuspheresis®**			**rTMS + Ketamine**							
Okt-2		*If AAB Panel positive or indicated otherwise*	**Immunoadsorption**										
Okt-3		*IG Panel*	**IV Lipoic Acid/Zinc**										
Okt-4			**IV NAD+500**										
Okt-5		*Patient Survey*											
Okt-6													
Okt-7	Week 6	*If indicated and not contradicted by IG panel*	**Start IVIG/SCIG Therapy**										
Okt-8			**Start mABS Therapy/Evusheld/Xevudy**										
Okt-9													
Okt-10			**Start Peptide Therapy**										
Okt-11													
Okt-12		*Patient Survey*											
Okt-13													
	After Treatment Period	*Patient Surveys & Biotracking complete 2 years*					HBOT first after 4th HELP	**Spike Removal Exosomes**					
								Spike Removal Immune Cells 8 weeks					
									1st line Antiviral 6 weeks				
									2nd line Antiviral 4 weeks				
										3-6 months	complete 12 weeks	during/after	during/after
		Early Treatment Packages during reinfections											

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Apheresis Center