



IN FOCUS

Important updates for the provider community

Spotlight on Allergy



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As we begin to think about the upcoming fall season, and the sneezing and runny noses that come from all of that ragweed and those falling leaves, we are shining a clinical spotlight on our groups and physicians who provide allergy services.

While many patients access these services for pollen-related issues, our allergists are treating a wide variety of conditions including food allergies.

Clinical Insights



Dr. Margaret Vallen's [presentation](#) on New Treatments for food allergic patients covers OIT, eczema and more.

Dr. Weihong Zheng's [presentation](#) on OIT for food allergy discusses OIT and other forms of IT, and the treatments available for these conditions.

This is for informational purposes only, and this should not be considered medical advice. We would encourage you to reach out to your Physician Performance or BILHPN physicians for further guidance on these topics.

To better inform our primary care physicians of the allergy services available to them within the Beth Israel Lahey Performance Network, we have asked each of our allergy practices to identify their scope of services as well as their appointment availability.



The chart below lists in alphabetical order the allergy practices that are members of Physician Performance, along with a summary of services provided. Click [here](#) to see all allergy providers in the BILHPN network. If you need assistance finding an allergy provider for a particular patient, please reach out to us and we can connect you to the appropriate referral management contact.

Practice	Location	Availability	Services offered	Contact Information
Allergy and Asthma Center of Boston	Needham	New: within 1 to 2 weeks Existing: within 1 week urgent/same day (in person or virtual)	Consultations; Allergy Testing/ Skin; Blood Testing; Immunotherapy; Spirometry (lung function test); Patch Testing, Food and Drug Oral Challenge, and Food Oral Immunotherapy	781.742.1208 Email: contact@allergyasthmaboston.com
Allergy and Asthma Center of Massachusetts	Chestnut Hill	New: varies Existing: varies	Spirometry (lung function test); Immunotherapy; Blood Testing; Allergy Testing/Skin; Consultations; Asthma evaluation/action plan, Drug allergy testing/ Food allergy	Freddy Soto Office Manager 617.232.1690 office@massallergy.net
Asthma & Allergy Specialists, PC	Winchester	New: 3 weeks Existing: 4 weeks Televisits 2 weeks	Consultations; Allergy Testing/Skin; Blood Testing; Immunotherapy; Spirometry (lung function test)	Vandana Krishna, MD 781-729-2293
BIDMC-Allergy and Inflammation	Chestnut Hill Lexington	New: 53 days Existing: 45 days	Consultations; Allergy Testing/Skin; Immunotherapy	Main 617.278.8760 Fax 617.380.5112
Boston ENT Associates	Needham West Roxbury	New: within 2-3 weeks Existing: within 2 weeks	Consultations; Allergy Testing/Skin; Immunotherapy	781.444.4722 (any staff member can assist)

Boston Food & Allergy	Boston	New: Same day (walk in service with referral, if needed) Existing: Same day (walk in service with referral, if needed)	Consultations; Allergy Testing/Skin; Blood Testing; Immunotherapy;Spirometry (lung function test); EGD	Dr. John Leung, 617.804.6767
Colden ENT & Allergy	Haverhill Newburyport	New: within 1 week Existing: within 2-4 weeks	Allergy Testing/Skin; Consultations; Immunotherapy; Sleep Medicine	Catherine Clark 978.997.1554
ENT Specialists	Brockton Norwood Plainville Taunton	New: Existing:	Allergy Testing/Skin	Eliza 508.588.8034 ext 2227 Maria 508.588.8034 ext 2255
Northeast Allergy Asthma and Immunology	Concord Newton Leominster Newton Stoneham Sudbury Worcester	New: 2 weeks Urgent patients ASAP Existing: Varies Urgent patients ASAP	Consultations; Allergy Testing/Skin; Blood testing; Immunotherapy; Spirometry (lung function test); Drug allergy testing, biologics, sublingual immunotherapy, food desensitization or OIT for common food allergens, patch testing for contact dermatitis	978.537.4805
Plymouth Ears, Nose and Throat	Plymouth	New: same day Existing: same day	Consultations; Allergy Testing/Skin; Immunotherapy	Melissa Higbie 508.746.8977 ext 223
Sadruddin Hemani, MD	Newburyport	New: 1-5 days Existing: 1-5 days Televisits: 2 weeks	Consultations; Allergy Testing/Skin; Blood Testing; Immunotherapy;Spirometry (lung function test)	Cheri Lake 978.462.3166
Vallen Allergy and Asthma Specialists, PC	Quincy	New: within 2 weeks Existing: within 2 weeks	Consultations; Allergy Testing/Skin; Blood Testing; Immunotherapy;Spirometry (lung	Danielle Budak or Alexa Ortiz 617.472.7111

			function test); Food challenges, penicillin skin testing	
Vernick and Gopal LLC	Chestnut Hill	New: 3 weeks Existing: 1 week	Consultations	617.383.6800

Please reach out to me if you have any questions or concerns. I can be reached via email at PLLCAdministration@bidmc.harvard.edu or leave me a message at (617) 632-9728, and I will get back to you.



Deb Schoenthaler, Executive Director



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