



IN FOCUS

Important updates for the provider community

Spotlight on Allergy and ENT

As we begin to think about the upcoming fall season, and the sneezing and runny noses that come from ragweed and those falling leaves, we are shining a clinical spotlight on allergy and ENT services.

Clinical Insights



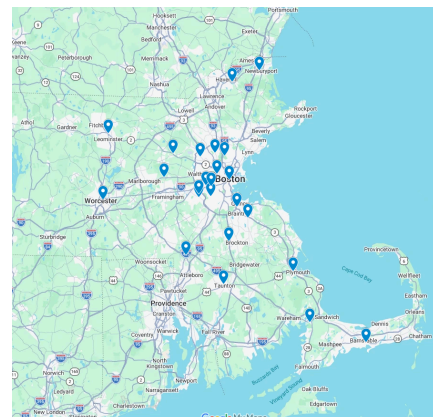
While many patients access these services for pollen-related issues, our allergists are treating a wide variety of conditions including food allergies. In this month's InFocus, two of our groups have provided clinical insights:

- The physicians from **Boston ENT** outline **Advances in treatment of Nasal Airway Obstruction and Chronic Rhinitis**.
- **Dr. Margaret Vallen** outlines the **Clinical Treatment and Evaluation of Penicillin Allergy**

This is for informational purposes only, and this should not be considered medical advice. We would encourage you to reach out to your Physician Performance or BILHPN physicians for further guidance on these topics.

Click on this [link](#) to see a map of the locations of our Physician Performance allergy and ENT practices. You can hover over the markers to see practice names, addresses and phone numbers.

The chart below lists in alphabetical order the allergy and ENT practices that are members of Physician Performance, along with a summary of services provided. Click [here](#) to see all allergy and ENT providers in the BILHPN network. If you need assistance finding an allergy or ENT provider for a particular patient, please reach out to us and we can connect you to the appropriate referral management contact.



Practice	Location	Availability	Services offered	Contact Information
Allergy and Asthma Center of Boston	Needham	New: within 1 to 2 weeks Existing: within 1 week urgent/same day (in person or virtual)	Consultations; Allergy Testing/ Skin; Blood Testing; Immunotherapy; Spirometry (lung function test); Patch Testing, Food and Drug Oral Challenge, and Food Oral Immunotherapy	781.742.1208 Email: contact@allergyasthmaboston.com
Allergy and Asthma Center of Massachusetts	Chestnut Hill	New: varies Existing: varies	Evaluation/treatment of asthma and respiratory disorders. Development of action plans (adult /pediatric); Spirometry (lung function testing); Evaluation/treatment of ENT/upper respiratory disorders (rhinitis, sinusitis, ocular); Development of action plans (adult / pediatric); Allergic skin testing (inhalants, foods, insect venoms, medications, vaccines, others); Allergy immunotherapy (desensitization) for respiratory allergies and insect stings; Evaluation/treatment of recurrent infections/immunocompetence; Vaccine counseling; Medication allergy evaluation/testing (antibiotics, local anesthetics, others); Skin testing, Lab testing. Oral challenges; Food allergy evaluations; Evaluation/treatment of allergic skin conditions (urticaria, eczema, other); Laboratory testing; Biologic therapies	Freddy Soto Office Manager 617.232.1690 office@massallergy.net
Allergy & Asthma Clinic, P.C.	Lexington	New: 2-3 weeks Existing:	Asthma (Pediatric & Adult); Chronic Cough; Hay Fever (Allergic	781.861.2049

		Seasonal depending	Rhinitis); Environmental, Animal, Insect and Food Allergies; Sinus Problems; Hives; Anaphylaxis; Nasal Polyps	
Asthma & Allergy Specialists, PC	Winchester	New: 3 weeks Existing: 4 weeks Televisits 2 weeks	Consultations; Allergy Testing/Skin; Blood Testing; Immunotherapy; Spirometry (lung function test)	Vandana Krishna, MD 781-729-2293
BIDMC-Allergy and Inflammation	Chestnut Hill	New: 72 days Existing: 53 days	Consultations; Allergy Testing/Skin; Immunotherapy	Main 617.278.8760 Fax 617.380.5112
Boston ENT Associates	Needham West Roxbury	New: within 2-3 weeks Existing: within 2 weeks	Consultations; Allergy Testing; Subcutaneous and Sublingual Immunotherapy	781.444.4722 (any staff member can assist)
Boston Food & Allergy	Boston	New: Same day (walk in service with referral, if needed) Existing: Same day (walk in service with referral, if needed)	Consultations; Allergy Testing/Skin; Blood Testing; Immunotherapy; Spi rometry (lung function test); EGD	Dr. John Leung, 617.804.6767
Cambridge Otolaryngology	Cambridge	New: 1-2 days Existing: 1-2 days	Consultations and surgery for ear, nose, throat, head and neck issues. Comprehensive hearing tests, nasal endoscopies, laryngoscopies. We do not diagnose, treat, or manage allergies, asthma or immune system disorders.	Appointments only 617.354.1010
Colden ENT & Allergy	Haverhill Newburyport	New: within 1 week Existing: within 1-3 weeks	Allergy Testing/Skin; Consultations; Immunotherapy; Sleep Medicine; Audiology	Contact for referrals and appointments 978.997.1550
ENT Specialists	Brockton Plainville	New: same day	Consults;	Appointments 508.588.8034

	Taunton	Existing: same day	Surgery (ear, nose, throat, head & neck); nasal endoscopies; laryngoscopies;	Referrals only: Eliza 508.588.8034 ext 2227 Referrals only: Maria 508.588.8034 ext 2255
Northeast Allergy Asthma and Immunology	Concord Leominster Newton Stoneham Sudbury Worcester	New: 2 weeks Urgent patients ASAP Existing: Varies Urgent patients ASAP	Consultations; Allergy Testing/Skin; Blood & patch testing; Subcutaneous Immunotherapy; Oral immunotherapy; Spirometry (lung function test); Drug allergy testing, biologics, sublingual immunotherapy, food desensitization or OIT for common food allergens, patch testing for contact dermatitis; Diagnose & manage asthma/urgent concerns	Concord 978.369.3567 Leominster 978.537.4805 Newton 617.765.0228 Stoneham 781.395.2922 Sudbury 978.218.7209 Worcester 978.537.4805
Plymouth Ears, Nose and Throat	Bourne Hyannis Plymouth Weymouth	New: same day Existing: same day	Consultations; Allergy Testing/Skin; Immunotherapy; sleep studies	Melissa Higbie 508.746.8977 ext 223
Sadrudin Hemani, MD	Newburyport	New: 1-5 days Existing: 1-5 days Televisits: 2 weeks	Consultations; Allergy Testing/Skin; Blood Testing; Immunotherapy; Spirometry (lung function test)	Cheri Lake 978.462.3166
Vallen Allergy and Asthma Specialists, PC	Quincy	New: within 2 weeks Existing: within 2 weeks	Consultations; Allergy Testing/Skin; Blood Testing; Immunotherapy; Spirometry (lung function test); Food challenges, penicillin skin testing	Danielle Budak 617.472.7111
Vernick and Gopal LLC	Chestnut Hill	New: 3 weeks Existing: 1 week	Consultations	617.383.6800

Please reach out to me if you have any questions or concerns. I can be reached via email at PLLCAdministration@bidmc.harvard.edu or leave me a message at (617) 632-9728, and I will get back to you.

Deb Schoenthaler, Executive Director



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