

IN FOCUS

Important updates for the provider community

Spotlight on Pulmonology and Sleep Medicine

As we move into the fall season, respiratory health and sleep quality become increasingly important to overall well-being. This month, we are shining a clinical spotlight on pulmonology and sleep medicine services.

Our specialists provide expert care for a wide range of conditions, including asthma, COPD, chronic cough, lung disease, sleep apnea, and other sleep-related disorders. Through advanced diagnostics, sleep studies, and personalized treatment plans, these physicians help patients breathe more easily, sleep better, and stay healthy.

Clinical Insights

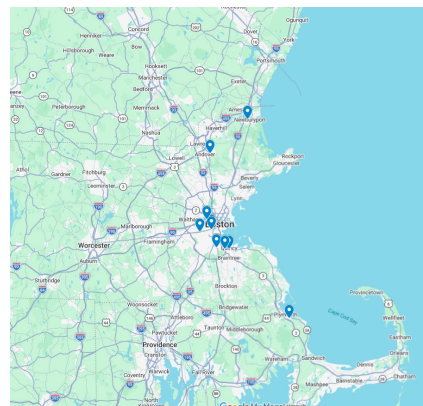


In this month's InFocus, we highlight clinical insights and referral resources available throughout the network, and a presentation from **Dr. Jeffrey Silver, FACP, FASSM**, on **Menopause and Sleep: Associated and Related Disorders**

This is for informational purposes only, and this should not be considered medical advice. We would encourage you to reach out to your Physician Performance or BILHPN physicians for further guidance on these topics.

Click on this [link](#) to see a map of the locations of our Physician Performance pulmonary and sleep medicine practices. You can click on the markers to see practice names, addresses and phone numbers.

The chart below lists in alphabetical order the pulmonary and sleep medicine practices that are members of Physician Performance, along with a summary of services provided. Click [here](#) to see all pulmonary and sleep medicine providers in the BILHPN network. If you need assistance finding a pulmonologist/sleep medicine provider for a particular patient, please reach out to us and we can connect you to the appropriate referral management contact.



Practice	Location	Availability	Services offered	Contact Information
Apex Medical Associates	Milton	New 2 weeks Existing 2 weeks	Sleep studies; Non-respiratory sleep disorders; PAP therapy management; Entire spectrum of sleep disorders, including Central and Complex sleep apnea, parasomnias, Restless legs, REM behaviors, Insomnia	Main 617.696.9600
BIDMC Division of Pulmonary Critical Care	Boston	New 35 days Existing 20 days	Pulmonary function testing (PFT);Chronic disease management;Non-respiratory sleep disorders;sleep studies;PAP therapy management;	617.667.5864
BIDH Milton Division of Pulmonary Critical Care	Milton	New 6 weeks Existing 6 weeks	Chronic disease management; sleep studies	617.667.5864
BILH Specialty Care - Pulmonary Care	Plymouth	New 2 months Existing 1 month	Pulmonary function testing (PFT); Chronic disease management; Diagnostic procedures (bronchoscopy, thoracentesis)	Main 508.746.0284
BIDMC Pulmonary	Quincy	TBD - New site	Pulmonary Function Testing (PFT)	BIDMC Pulmonary call center: 617.667.5864
InCare Middleton	Newburyport North Andover	New 1 month Existing 1 month	PFT; chronic disease management; diagnostic procedures (hospital setting); rehab & therapy; sleep studies; PAP therapy management; non-respiratory sleep disorders;	Newburyport 978.463.1198 North Andover 978.689.7305 Cindy Hernandez, Outpatient Services Manager chernandez@incarephysicians.com
Mount Auburn Neurology (sleep medicine)	Cambridge	New 2 weeks Existing 1-2 weeks	Chronic disease management;PAP therapy management;Sleep study testing is ordered by the Neurology Sleep providers and	617.868.0880

			coordinated with BILH Sleep Labs;	
Mount Auburn Pulmonary & Sleep Consultants	Cambridge	New 1 month Existing 3 weeks	Chronic disease management;Diagnostic procedures (bronchoscopy, thoracentesis);PA P therapy management;Non -respiratory sleep disorders;Sleep Studies ordered and coordinated by Sleep Physician and Sleep staff. Orders for Sleep Studies referred to BILH Sleep Labs;	Main 617.354.8771 Fax 617.441.6393
NEBH Division of Pulmonology	Boston			855.370.6324
NEBMA Specialists	Boston			617.754.5800
Sleep Better Clinic	Quincy	New 1 week Existing 1 week	Sleep studies	Main 617.901.5547 Fax 617.500.9711

Please reach out to me if you have any questions or concerns. I can be reached via email at PLLCAdministration@bidmc.harvard.edu or leave me a message at (617) 632-9728, and I will get back to you.

Deb Schoenthaler, Executive Director



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