



IN FOCUS

Important updates for the provider community

Spotlight on Women's Health



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July is Women's Health Awareness month, with a goal of empowering women to make their health a priority including:

- encouraging preventive care such as cervical cancer and mammography screenings;
- raising awareness about common health risks such as endometriosis;
- addressing health disparities in areas that disproportionately affect women such as heart disease, reproductive health and mental health;

Clinical Insights



Dr. Michelle Laforvara has written an article on [Reproductive Clues to Lifetime Health](#) and Dr. Blair Wylie provides [Updates in OB-GYN](#) this month.

Dr. Angela Aslami from Horizons Health and Wellness recommends the following resources to her patients for menopause education:

- Dr. Lauren Streicher's "Inside Information" podcast, available on all podcast channels including [Dr. Streicher's Inside Information: Menopause, Midlife, and More - Podcast - Apple Podcasts](#)
- Dr. Vonda Wright and her work regarding "The Musculoskeletal Syndrome of Menopause" which can be found on multiple podcasts and publications

This is for informational purposes only, and this should not be considered medical advice. We would encourage you to reach out to your Physician Performance or BILHPN physicians for further guidance on these topics.

To better inform our primary care physicians of the women's health services available to them within the Beth Israel Lahey Performance Network, we have asked each of our women's health practices to identify their scope of services as well as their appointment availability.



The chart below lists in alphabetical order the women's health practices that are members of Physician Performance, along with a summary of services provided. Click [here](#) to see all women's health providers in the BILHPN network. If you need assistance finding a women's health provider for a particular patient, please reach out to us and we can connect you to the appropriate referral management contact.

OB/GYN Practices

Practice	Location	Availability	Services offered	Contact information
Beth R Hardiman, MD	Cambridge	New: Not accepting new GYN patients New OB patients seen at 8-11 weeks Existing: 3 months If emergent, as soon as needed	Pap smears; Breast cancer screenings; Birth control/IUD placement; Gynecological cancer screenings; Pelvic pain evaluations; Pregnancy care (pre-pregnancy planning); Prenatal care; Menopause; GYN Oncology	Nicole Medeiros 617.497.9500
Beth Israel Deaconess Medical Center Obstetrics and Gynecology	Hospital/Facility locations: Beverly BIDMC Bowdoin St Health Center Cambridge Chelsea Chestnut Hill Dedham Lexington Newburyport Milton Needham Plymouth Winchester	New patients: 5-120 days depending on service and location; emergent scheduled ASAP Existing patients: 30-131 days depending on service and location; urgent clinical needs scheduled ASAP	Pap smears; Breast cancer screenings; Birth control/IUD placement; Gynecological cancer screenings; Pelvic pain evaluations; Pregnancy care (pre-pregnancy planning); Prenatal care; Maternal Fetal Medicine; GYN Oncology; Urogynecology; Minimally Invasive Gynecologic Surgery; Family Planning; Menopause	Beth Israel Deaconess Medical Center (Boston); General OBGYN Cattery Rodrigues 617-667-4600 Gyn Oncology Luisa Lugo 617-667-4040 Maternal Fetal Medicine - Lena Dosreis-Casado 617- 667-2636 Minimally Invasive Gynecologic Surgery Cattery Rodrigues 617-667-2952 Urogynecology Emily Skaggs 617-667-4070 Chestnut Hill Charlene Moore 617- 278-8660 Dedham

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				Lexington Donna McDonald 781-528-2500 Chelsea Loren Labelle 617-975-6100 Milton Marcia Casey 781-453-7240 Gyn Onc Luisa Lugo 617-667-4040 Plymouth Gyn Onc 617-667-4040; MFM 508-830-2192 Needham Urogyn: Emily Skaggs 617-667-0470 Bowdoin St. Amy Morton 617-754-0100 Cambridge Gyn Onc 617-499-5151; MFM 617-499-2937 Newburyport MFM: Gillian Guidetti Myers 978-556-0100 Beverly MFM: Denielle Palmer 978-922-3000 Winchester MFM: Donna Judge 781-756-2250
Boston IVF	Boston Chestnut Hill Quincy Springfield Stoneham Westborough Worcester	New patients: 1 week (times can vary by provider) Existing patients: 1 week (times can vary by provider)	Infertility treatment; Fertility preservation LGBTQ & family building	Rebecca Pouliot Patient Services Scheduling Manager 888.300.2483 www.bostonivf.com/appointment
Boston OB/Gyn	Brookline	New patients: 7 months for Gyn pregnancy time as needed basis Existing patients: Timing dependent	Pap smears; birth control; IUD placement; gynecological cancer screens; pelvic pain evals; pregnancy care/pre-	Main number 617.566.1535

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Horizons Health and Wellness	Bridgewater	New patients: 1 week Existing patients: 1 week	Pap smears; Breast cancer screenings; Birth control/IUD placement; Gynecological cancer screenings; Pelvic pain evaluations; Menopause; aesthetics and weight loss	Nicole Grenon
Jennie Krasker, MD, LLC	Brookline, MA	New patients: 2 months Existing patients: 1 month	Pap smears; birth control; IUD placement; breast cancer screens; pelvic pain evals; pregnancy care/pre-pregnancy planning; prenatal care; menopause	Jennie Krasker 617.683.1183
Mount Auburn OB/GYN at Arlington	Arlington	New patients: 6 months Existing patients: 1 week	Pap smears; Breast cancer screenings; Birth control/IUD placement; Gynecological cancer screenings; Pelvic pain evaluations; Pregnancy care (pre-pregnancy planning); Prenatal care; Menopause; GYN Oncology	Katherine Harrington Practice Manager 781.646.1043
Mount Auburn OB/GYN at Charles River	Brighton	New patients: 2 weeks Existing patients: 1 week	Pap smears; Birth control/IUD placement; Gynecological cancer screenings; Pelvic pain evaluations; Pregnancy care (pre-pregnancy planning); Prenatal care; Menopause	Karina McDonald Ramirez (for established patients with primary care at Charles River only) 781.693.3842
Mount Auburn OB/GYN at Fresh Pond	Cambridge	New patients: 1 month	Pap smears; Breast cancer screenings; Birth control/IUD	617.503.1000

OB/GYN Practices

evaluations; Pregnancy care (pre-pregnancy planning); Prenatal care; Menopause; GYN Oncology		Existing patients: 2 weeks	Pap smears; Breast cancer screenings; Birth control/IUD placement; Gynecological cancer screenings; Pelvic pain evaluations; Pregnancy care (pre-pregnancy planning); Prenatal care; Menopause	
The Office of Drs. Kyoko Okamura, Alice Shin & Jennie Krasker	Brookline	New patients: Gyn: 2 months OB: please contact office Existing patients: Gyn: 2 months OB: please contact office	Annual/pap smears; abnormal pap smears; birth control/ IUD placement; pelvic pain; cysts; gynecological cancer screening; preconception care; pregnancy planning; prenatal care; menopause	617.232.8888
Pramila R. Yadav, MD	Brookline	New patients: 1 week Existing patients: 1 week	Pap smears; Birth control/IUD placement; Gynecological cancer screenings; Pelvic pain evaluations; Pregnancy care (pre-pregnancy planning); Prenatal care; Menopause	

Terra Fertility	Dedham	New patients: Fall 2025 Existing patients: Fall 2025	Fertility services; testing/IUI/IVF; Fertility preservation	Amanda Layne Practice Manager 781.747.6775
Women's Health Care	Haverhill Newburyport	New patients: GYN: 4-5 months Existing patients: GYN: 4 months		Paula Williams Practice Manager 978.556.0100

Please reach out to me if you have any questions or concerns. I can be reached via email at PLLCAdministration@bidmc.harvard.edu or leave me a message at (617) 632-9728, and I will get back to you.

Deb Schoenthaler, Executive Director



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