

Coral Reef Senior High Magnet Dance Syllabus

Mrs. Rocha & Mrs. Martinez

2022-2023

Office Hours: If you need to contact the Coral Reef Magnet Dance Department, please call 305-232-2044. If you have any questions, concerns or need to schedule an appointment, please call the dance studio at extension *2302 for Mrs. Martinez or *2549 for Mrs. Rocha or *2113 for Mrs. Santalo (Cudettes) For immediate contact email us at: srocha@dadeschools.net or martinezmc@dadeschools.net or bsantalodance@dadeschools.net

VPA Fees: The Visual and Performing Arts Academy requires a *\$20.00 fee for each student per year*. This must be paid in cash or online. Fees can be paid online through the OSP system during the month of September. This is the only time fees can be paid through the dance department! Dance fees must be paid during this month. Any fee not paid during this time will be reported as an obligation to the treasurer. After September, it is the student's responsibility to pay the treasurers for their obligation, not the dance teachers. Previous year obligations cannot be paid online, but only in cash or money order directly with the treasurer. *Please remember to keep all receipts.*

Dressing Room: All students will report directly to the dance locker room when the bell rings. Shoes will be the only item allowed in the studio during class time. Phones must be left in bags in dressing room unless instructed to bring them. Books or bags left in the studio will be taken to lost and found. The dance teachers are not responsible for anything left in the studio. All other bags, books and school necessities must be left in the dance locker room. Please be sure to place ALL items inside your bag within the locker room. Dancers who have 1st & 2nd period should arrive to school in their dance uniform, with school uniform over, and be in class ready to dance by 7:25. **Dancers not in class on time will be marked unexcused late and will receive an F for their dress grade. The locker room cannot be opened during class time, only the first and last 5 minutes of class.** If you are leaving early, please bring all your items with you. The locker room will not be opened after school for any reason. Please get everything you need during school time.

Dance Bags: All dancers are required to have a dance bag with all dance needs inside. Leotards, tights, pointe, ballet and jazz shoes, hair accessories, and any other dance needs should be inside this bag. Dance bags are NOT ALLOWED to be left in studios or locker room outside of your designated class time. All bags left will be turned into lost and found.

Class Representative: Each magnet class will choose one dancer to represent their class. Duties will include taking pictures, putting together emails, keeping the class informed, organizing class activities, helping with rehearsals and performances and running errands. Being able to QUICKLY communicate through text and group chats is imperative as a class rep. If you are interested in being your class rep., please be ready the first week of school for elections. We will also have a president, treasurer and secretary from the senior class to assist the teachers, represent the students and help in the success of the Magnet Dance program.

Fundraisers: Since all of our fundraisers are for the better of our program, we not only encourage all to participate but expect 100% from each dancer. All fundraisers conducted help the entire dance program. Any fundraiser fees not collected will be reported to the school and booster club treasurer and an obligation slip will be written and placed on file. Each class is responsible to participate in a class fundraiser.

Booster Organization: Our booster is designed to help with the dance programs needs. In order to better facilitate our needs, meetings will be held only when it is really necessary. Our first pot-luck dinner and performance will be in September at 6:00 PM in the auditorium/cafeteria. We will be discussing our dance trips, performances, fundraisers, and all our needs and goals for the year. We look forward to meeting all the new parents.

Community Service: Dancers needing community service may assist in the dance department. Please see the dance teachers for community service hours. The students are responsible for any paperwork needed for the school and the teachers will not sign off on any paperwork after one week from the event. Our first community service opportunities are August 10th-12th and 15th from 9am – 1 pm and the Middle School and High School Workshops.

Performances: All VPA students will not be allowed to remain in the Auditorium, VPA classrooms, Blackbox and Music or Dance Wings after rehearsals. Also, in between school dismissal and call times for evening performances students must leave the school and return at call time. If students choose to stay at Coral Reef, they will have to wait in front of the school until the teacher has returned and it is call time. No supervision is provided!

Policies and Guidelines

Absences: The student is responsible for making-up any work missed due to an absence. The student will have ONE WEEK to submit any missed work. After that week, the student will not be able to make it up. It is the **student's responsibility** to get any missed work, assignment, or announcement given out during their absence. It is not the teacher's responsibility to ask the student to hand in work. An unexcused absence will not be accepted. Make-up work or assignments turned in after an unexcused absence will not be collected unless a permissible absence is given to the teacher. For permissible admits, a dance current event assignment will be given to make up any grades from the day that was missed.

Bathroom: Students are to take bathroom breaks **before or after class**. Please make it a habit to go when you are dressing out for class. If there is an emergency during class **only one student** will be allowed at a time. Anytime you are permitted to leave the classroom you must wear shoes and proper clothing over your dance attire. **PASSES WILL BE LIMITED DURING CLASS TIME!**

- All Magnet Dance Students are required to wear a cover up that covers both their leotard and tights when using the restroom. Failure to do so will result in student being written up by administration.

Tardy: If a student is late for class, a pass must be given to the teacher or he/she will not be accepted into the classroom. The student must also arrive dressed out for class. We cannot open the locker room in the middle of class. Students will be given 5 minutes at the beginning of each class to dress out and report to the dance studio. If you are leaving school during class time you should bring your clothes and personal belongings to the classroom or **you** have to get the office and/or security to open it. If a student has an unexcused tardy, they will not be allowed to make up grades given during class time.

Injuries and Illness: If a student is not feeling well and cannot dance, a note from home must be emailed to the teacher in order to be excused from dancing otherwise they will be sent to the clinic. If a student is injured and cannot dance for a certain period of time, a doctor's note must be given to the teacher in order for them to be excused. The note **must state the dates in which the student is not able to dance** and reason for illness or injury. For either circumstance, **Students must still dress out for class** and an alternate assignment will be given in the place of physically taking class/performing. Dancers who are injured or sick are still required to participate and be present in all magnet dance activities scheduled. This includes performances, rehearsals, fundraisers, etc...

Dancers Pride: As dancers, we pride ourselves on all our hard work and effort. We ask that all Coral Reef Magnet Dancers uphold these standards whenever on school grounds, during performances or anytime when representing Coral Reef Senior High.

Social Media Footprint: As dancers representing Coral Reef Magnet Dance, it is important that you are careful about what you share on posts and in social media stories. This includes your private accounts! Even outside of school, you are representing Coral Reef and what you post is a reflection on the environment of the dance program here. Remember that your digital footprint can also impact your future!

Studio Pride: STUDENTS ARE NOT ALLOWED TO CHEW GUM, EAT, OR DRINK IN THE DANCE STUDIO. Only water bottles will be allowed in the dance studio. Dancers are asked to keep the dance rooms clean and organized. Books, extra clothing and lunch bags are not to be left in the studios. **No lunch allowed in the dance studios!** If you have rehearsal during lunch, you must eat before coming to the dance studio or will be required to sweep and clean the studio at the end of rehearsal. Dancers will not be allowed to eat in the dance hallway if ANY trash is left in the hallways.

Classroom Grading Procedures

Students with a GPA under a 3.0 at the end of the nine weeks will receive a '2' in effort

Participation/Observation Grade 25%: This grade is based on the student's performance, observed by the teacher, in class. Performance is evaluated on participation, attention, interest, attitude, proper use of corrections and following directions. This grade is given randomly. If you are absent from school you cannot make up a participation or observation grade.

Skills Grade 25%: Skill grades will be used to assess the ability of the student to learn and perfect a dance step. Students will be given time to master the skill taught before being graded. The evaluation will be graded on the correct use of limbs, preparation, placement and overall body movement. Skill grades will be given randomly and students will be given sufficient notice to practice the skill.

Written Grade 25%: Dance assignments and handouts will be given as classwork. Journals and homework assignments will be given each nine weeks. Oral and written reports will be assigned and must be presented on time or not accepted at all. There will be a district end of course exam given in dance. Packets and practice tests will be given to help prepare for the exam. Student must pass the exam in order to receive credit for their dance class.

Dress Grade 25%: Students are expected to dress out in their magnet dance uniform and have hair secured in a bun every day! Dancers are given a dress grade daily. Each time a student does not follow the correct uniform policy they will receive an "F" for that day. Abuse of the dress code will result in removal from performances, lunch detention or referral to CSI for not following rules. If a student is absent from school they cannot make up a dress grade.

Required Uniform:

Girls: *Leotard, tights, hair in bun with pins and hair net, and correct dance shoes*

Boys: *White or black plain shirt or tank, black or gray pants, shorts or capris.*

****If anything is missing or incorrect from required uniform, dress grade will be an "F".**

Dress grade Injury and Illness class rules:

- Even if the student is feeling sick and cannot participate in class because of an injury or illness he or she must wear the proper dance uniform.
- An email from the parent must accompany the dancer if they cannot dance that day.
- For a long term (more than 1 day) illness or injury a doctor's note is required stating the days he or she will not be allowed to dance and when they are able to participate in class
- If the student does not have a note he or she will be required to take class or they receive an "F" for each day they cannot dance and do not have a Dr.'s note.
- Menstruation, menstrual cramps or being tired are not excuses to sit out during class.

Dressing out includes the following (A or F):

- Hair up neatly in a slicked back bun with pins and a hair net. If you have flyaway hairs, please use hairspray or a headband
- Correct dance shoes for class
- Girls- Correct color leotard for class and pulled up at all times! All undergarments must be out of sight.
- Correct tights – Tights cannot be cut above the knee and cannot have holes or rips! (Girls cannot wear leggings or shorts to class)
 - If a dancer has excessive holes in their tights or leotard, they will be given one week to replace those tights. After that, F's will be given for their dress grade.
- Boys –White or black shirt or tank top – no logos
- Boys - Black or gray dance pants, shorts (with a dance belt)
- No jewelry (do not bring it to class – teacher will not be responsible for it.)
- No extra clothing over uniform – this includes jackets/sweatshirts
 - Only our Dance Magnet fitted, long sleeve dri-fit shirt allowed
- Dance clothes must be well kept and in good clean condition.
- Do not share dance clothes or shoes. Please make sure you label all your dance items.
- Personal Hygiene is to be considered at all times. Wash uniforms daily and do not leave wet clothing in your lockers. Deodorant must be used. Feet must be washed before and after class to prevent athlete's foot and odors in the dance studio and locker room.

Conduct Standard

A – Takes dance seriously, does not talk, dances the entire class time, and makes effort in attempting dance steps and dance classes to the best of their ability.

B – Some of the time takes dance seriously, sometimes talks and gets distracted by others, makes some effort in attempting dance steps and dance classes.

C – Does not take dance seriously, talks, laughs and is distracted by others, does not dance the entire class time and makes no attempt to dance to the best of their ability.

Effort Standard

1 – Nine-week grade 3.0 or above. Dancer turns everything in and dresses out every day. Dancer gives maximum effort in class daily.

2 – Nine-week grade 2.5 – 3.0. Dancer turns some things in and dresses out most of the time. Dancer gives effort most of the time.

3 – Nine-week grade under 2.5. Dancer rarely turns in things and does not dress out often. Dancer gives little effort in class.

Performance Grade:

(*For specific performance information, please see the Performance Rules & Guidelines contract, given prior to each show.)

FOR EACH PERFORMANCE STUDENTS WILL BE GIVEN A PERFORMANCE RULES AND GUIDELINES WITH THE DATE, TIME AND GRADE VALUE OF THE PERFORMANCE. YOU MUST SIGN AND RETURN THE BACK PAGE OF EACH OF THE PERFORMANCE CONTRACT BY THE POSTED DATE. IF THE CONTRACT IS NOT RETURNED YOU CANNOT PERFORM. THIS INCLUDES DANCERS WHO ARE NOT PERFORMING DUE TO ILLNESS, INJURY OR OTHER CIRCUMSTANCES.

REHEARSALS:

- WHEN YOU MARK YOUR CALANDERS FOR DATES FOR SHOWS REMEMBER TO MARK DOWN THE SET PREVIOUS DAYS BEFORE THE SHOW FOR DRESS AND TECHNICAL REHEARSALS.
- STUDENTS ARE REQUIRED TO ATTEND ALL AFTER SCHOOL MANDATORY REHEARSALS THE WEEK OF ANY PERFORMANCES OR THEY WILL BE REPLACED IMMEDIATELY
- IF ABSENT FROM A MANDATORY REHEARSALS STUDENT WILL RECEIVE SEVERAL “F’S” FOR THAT REHEARSAL
- STUDENTS WILL BE REQUIRED TO SIGN IN AND SIGN OUT FOR EACH MANDATORY REHEARSAL AND PERFORMANCE.
- UNPROFESSIONAL BEHAVIOR DURING REHEARSALS OR PERFORMANCES WILL NOT BE TOLERATED!
- COSTUME RETURN AND CONDITION OF COSTUMES WILL AFFECT YOUR GRADE.

PERFORMANCES: *MAGNET DANCE STUDENTS WILL PERFORM IN 3-5 MAJOR SCHOOL DANCE PERFORMANCES AND MAY BE ASKED TO PARTICIPATE IN OUTSIDE PERFORMANCES SUCH AS HISPANIC HERITAGE, BLACK HISTORY PERFORMANCE, COMMUNITY AND SCHOOL SPONSERED PERFORMANCE, SUPERINTENDENTS SHOWCASES, ETC.*

STUDENTS ARE REQUIRED TO ARRIVE BY THE POSTED CALL TIME FOR EACH PERFORMANCE. ATTENDANCE WILL BE TAKEN AND A WARM-UP WILL BE GIVEN.

Probation:

- If a student fails to attend a performance without prior notification to both dance teachers, the student will automatically be placed on probation. At this point Mrs. Cabrera (VPA Lead Teacher) and the office will be notified.
- *IF YOU ARE NOT IN COMPLIANCE WITH THE MDCPS ATTENDANCE POLICY, YOU CANNOT PERFORM. THIS WILL AFFECT YOUR PERFORMANCE GRADES AND MAY LEAD TO PROBATION OR WITHDRAWAL FROM CORAL REEF. PERFORMANCE GRADES CANNOT BE MADE UP. DANCER MUST STILL ATTEND ALL REHEARSALS AND PERFORMANCES.*

****IF A DANCER IS INJURED, SICK, OR UNABLE TO PERFORM DUE TO ATTENDANCE OR ACADEMY PROBATION, YOU ARE STILL REQUIRED TO BE AT EVERY PERFORMANCE AND ALL THE MANDATORY REHEARSALS. NO EXCEPTIONS!***

Dance Studio Expectations

- It is prohibited to chew gum, eat or drink in the dance studios. ONLY WATER
- Only a small dance bag allowed in the studio.
- Cell phones cannot be used during class time or rehearsals. All ringers must be in the off position to avoid disruption. If they ring during class or rehearsal time the phone will be taken to the office.
- The teacher's desk or desk area, including the computer, is off limits to students.
- Always ask permission to use the classroom phone, computer, and/or sound systems.
- Friends or visitors are not allowed in the classroom. For any reason! THIS INCLUDES LUNCH REHEARSALS.
- Jewelry may not be worn during dance class.
- You are not allowed to sit during instruction time, unless instructed to do so.
- Limit the amount of talking during class time instruction.
- Spraying of perfume or hair spray is prohibited.
- Do not keep books, clothing, or bags in the dance studio.
- You must change your dance clothes in the locker room only. Not in the dance studio or bathroom.
- Shoes that are harmful to the dance floor cannot be worn in the dance studios.
- Students are not allowed to be in the dance studio when it is not your class time. Passes from other teachers will not be accepted.
- Passes cannot be written to excuse you from your academic classes.
- Do not ask teachers for supplies – supply box is available for the students use at any time.
- Personal Hygiene is a MUST!

Magnet Dance Uniform

Class Leotard: Any style – no variation of the following colors are allowed

Freshmen	Hunter Green
Sophomores	Navy Blue
Juniors	Burgundy
Seniors	Black

Optional to wear over uniform during class on cold days:

Magnet Long Sleeve Dri-Fit Shirt – Only long sleeve accepted to wear to class

Ballet Class:

Class leotard – any style

Pink tights

Pink ballet slipper – preferably split sole

Pointe shoes – **MANDATORY FOR ALL CLASSES**

Optional – Ballet Skirt (black, any style)

Jazz and Modern Class:

Class leotard

Black tights

Pirouettes (Two shoes! One for each foot!)

Boys Uniform:

White or black solid color tank top or solid color T-shirt. (No logo's or writing on shirts)

Black or gray dance pants, capri, sweatpants, joggers or long shorts

Black ballet shoes for ballet

If hair is long it needs to be neatly pulled and held away from face

Skin color dance belt

Performance Requirements:

Girls: Skin color camisole leotard
Skin color tights
Black dance shorts (no logos)
Black sports bra (no logos)
Skin color dance bra (adjustable straps)– if necessary!
Medium size diamond earring studs

Boys: Skin color dance belt (REQUIRED)
Black knee high socks
Black ankle length jazz pants

Local Dance Stores: You are able to purchase your dance needs at any dance supply store. Please take this sheet with you to help you with your purchases. Attached are a few of the dance stores in the area.

Dance Plus:	8425 SW 132 St.	305-255-4367
Dancing Supplies Depot:	10556 SW 8 th St.	305-226-0666

Magnet Dance Required Items

The following items need to be brought on the first day of school to the dance studio. You can also drop off the items August 10th – 16th between 9am and 1pm.

DANCERS WHO BRING ALL THEIR REQUIRED ITEMS WILL RECEIVE AN EXTRA CREDIT A, 2 FREE JOURNALS AND 2 EXCUSED DRESS GRADES

ALL ITEMS ARE TO BE BROUGHT IN A MEDIUM/LARGE, CLEAR PLASTIC CONTAINER

Example: Sterilite 66 QT. Latch Box Container or Sterilite 51 QT. Latch Box

Every dancer must bring in their clear plastic container:

- **BLACK GARMENT BAG WITH FIRST AND LAST NAME.** (Not a trash bag or Dry Cleaners)
- Three boxes of Ice Packs (INSTANT ICE PACKS, not the ones that have to be put in the freezer.)
- Resistance Band (Theraband) – 9.8 ft/3m in length & 6”/ 15cm wide MEDIUM STRENGTH

Freshmen-

One Composition Notebook
One large bottle of hand sanitizer
One tube of neosporin
Two Rolls of Paper Towels
One box of Icy Hot Patches

Sophomores-

One Composition Notebook
One pack of pencils (preferably pre-sharpened)
Two boxes of tissues
One box of Icy Hot Patches
One bottle of Tylenol or Advil

Juniors-

One pack of baby wipes
One bottle of Motrin or Midol
One Icy Hot Roller
One package of throat lozenges (Honey or Cherry)

Seniors-

Two packs of Clorox Wipes
One box of safety pins
One box of Icy Hot patches
One case of water

Ladies: (These supplies brought in will be stored solely for YOUR PERSONAL USE)

Clear container with labeled First and Last Name (example dimensions 14.12 x 7.62 x 4.8)

On Amazon - https://www.amazon.com/STERILITE-14928012-See-Latching-Box/dp/B01MDUUJS5/ref=sr_1_5?crid=IB9T8OHY7ZL0&keywords=sterilite+8+quart+storage+bin&qid=1654799787&prefix=sterilite+8+quart+storage+bin%2Caps%2C134&sr=8-5

[=1654799787&prefix=sterilite+8+quart+storage+bin%2Caps%2C134&sr=8-5](https://www.amazon.com/STERILITE-14928012-See-Latching-Box/dp/B01MDUUJS5/ref=sr_1_5?crid=IB9T8OHY7ZL0&keywords=sterilite+8+quart+storage+bin&qid=1654799787&prefix=sterilite+8+quart+storage+bin%2Caps%2C134&sr=8-5)

- Six packs of thick hair tie/bands (black or brown only) – not rubber bands!!!
- Two envelopes of hair nets.
- Six packs of bobby pins.
- You will also store your leotard, tights, and dance shoes in this bin



Gentlemen:

One box of Baby Wipes.
Two packs of Pens

*Most of these items may be found at Publix, Winn-Dixie, Dollar Store, Office Depot, Target or Wal-Mart.

Other items the Dance Department needs for next year.

1. Rolling Garment Racks (durable enough to hold lots of costumes/garment bags)
2. Cleaning Supplies/large brooms