

May 21, 2000

Kenny, Mia, Michelle and
the new-wonderful "C J"
Came in May 21, 2000 and
stayed at Bobby's "C J" was
born on Kenny's Birthday
January 17, 2000, wasn't that
just wonderful! He is so
beautiful and so very good
a dear to behold, loves
everyone, smiles & laughs
(as long as his stomach is
full) - takes naps, knows his
name. Michelle is so grown up
keeps busy with her toys and
gifts from me. She loves her
little brother very much!
They are staying in Pittsburgh
till May 29th Memorial Day
a long visit this time. We
went to see Uncle Oze and
Aunt Barb on Monday, May 22.
then had dinner out, it was
a pleasant day. I was going

to be with Michelle at my
apartment Thursday May 25.

But to my dismay I got
a terrible Stomache virus
and I had to call Kenney
to pick up Michelle, I was
so sick, I remained that
way for another 2 days.

Finally I felt better, Thank
God on May 28th which was
the day Bob was throwing me a
Combined Mother's Day / Birthday
#71 Party. It was pouring
down rain, but Nothing Stops
my Bob, he was determined
so he picked up the trays of
food and birthday cake and
finally we reached her apartment
He still had so much to do, I
watched "CJ" and Michelle
while Ken and Mia went out for
about an hour. The guests
didn't arrive till about 3 PM.

Bob was ready by that time but he worked so hard, it broke my heart. The whole family came, also Bonnie and Clint and David & Barb. It was a wonderful day. Lots of food and laughter, even CQ and Michelle were happy!

I thanked everyone for my gift (It's a large memory book for me to fill in)

I said my goodbyes to Ken and Mia. CQ & Michelle thanked them for coming, wished them a safe trip tomorrow.

Bob took me home as he usually does. I kissed him as I usually do and said So-long & Thank you!

July 31, 2000
Monday

I don't know where to
begin. We always had a
condition with my legs
called LYMPHADEMA, I
was born with it but it
wasn't noticed ^{in my 20's} until my
50's. My legs retain fluid
and they swell. We
gained a lot of weight
and it's hard for me to
walk. So I don't go out
very much except with
Bobby, holding his arm.
Bobby was determined
to get me help so he
inquired every which way
to see who had a new
program called Lymphadema
Drainage, gently rubbing
Lymph ^{NODES} ~~nodes~~ on your
body to unclog ones
blood system that retains

fluid. In the past we
been using a pump system
on my two legs that
does basically the same.

We ~~or~~ I should say
Bobby got in touch with
Harmarville Rehabilitation
who has a program for
that, so with Bobby's
insistence with me I
agreed to a 25 day stay.
This way I would stay
there without traveling
every day. Eating & sleeping
there of course. I will
follow in this journal
maybe tomorrow. I'm
tired today, Bye!

August 1, 2000
Tuesday

We seen quite a few Doctors
and Directors today, questioning

me on my physical
and mental condition
so they can evaluate me
for my course of treatment
They seem pleased, I
don't know if that is good
or bad. They will
have a meeting tomorrow
morning along with the
Rehabilitation Doctor.
They already put me on
a lower calorie diet than
I had at home.

August 2, 2000

Wednesday

The Rehabilitation
Doctor visited me this
morning telling me
that the group decided I
should stay only 15 days
because Medicare wouldn't
cover up to 25 days because

my physical health etc.
wouldn't warrant that
length of stay, I'm really
not unhappy because
I'm getting enough treatment
and care and knowledge
from professional people
that I probably wouldn't
get on my own

August 3, 2000
Thursday

Today I had a good day
Went to all my "Classes" so
the day went fast. The meals
are good. Met a lot of
older folk with all kind
of ailments, strokes, heart
trouble, fractures, etc.

I learned a lot of their
names, they enjoyed that!

Since I came in the place is
actually freezing, problem with

their central air
conditioning and also
can't phone out to well.
So I wait for my
family to call in.

August 4, 2000

Friday

Things are about the same
I talked to Gill Jameson
Case management and I'll
probably go home Saturday
August 12 because that's
a good day for Bobby to
pick me up - it's not
positive yet. I'll work
it out with her this
coming week.

August 5, 2000

Saturday

I've been lonely for
my family so I was glad

to see Linda, Mike and the
Kiddos, we laughed a lot
they stayed for about $1\frac{1}{2}$ hrs
Linda had to work tonite.

Then Eddie visited for
about 2 hours, stayed
with me, talking while I
had supper. I had a very
nice time, first time in a
long time we were one on
one with each other.

August 6, 2000

Sunday

It was boring today
but Kenny called me in
the morning we had a
nice conversation. Bobby
was going to call me tonite
from Virginia but I was
able to call him thru the
operator, he'll be home
tomorrow nite - Visit me on Tues nite

August 7, 2000

Monday

The beginning of my last week, I'll go home Saturday with Bobby God Willing!

I went to PT and did some exercise, I think I did pretty good.

Then the next class we played Bingo an OT fun game, no prizes

Then my OT took me down to the first floor to try out a bathroom set up to help us bathe. The one thing that was great was an Vertical bar we could hold on to and then sit down on a Bath Tub seat where you can hold the shower hose and wash. I may get a bathseat, there are different kinds.

Next I went to a Recreation
hall over and filled up my
Vase with real flowers for
my window sill
Then a nice lunch

My regular lymphadema
nurse - Kare was on vacation
so a very nice nurse from
another location came in
and she did a lymphatic
rub down and then wrapped
my legs.

After that I slept for
about 1 hr. dinner
arrived.

I forgot to mention my
Rehabilitation doctor Craig
told me the Xray of my
spur does exist but should
go away in time.

After dinner my floor
nurse announced to me that

I would have to take prune
juice & some awful white
drink, if I don't move my
bowels. I said Oh no!!
If that doesn't work, a
Fleet Enema. I went
to the bathroom and God
helped me to do what I
had to for testing. I
was off the hook as the
saying goes. The nurse
scared the 'S' out of me.
Forgive my language!!

August 8, 2000
Tuesday

This is Wednesday not
Tuesday, I forgot to write my
journal yesterday which was
Tuesday. I think I saw
a psychology (spelled wrong)
counselor, other people
also, it was interesting

Then I ~~choose~~ chose
a bath seat for home,
they ordered it for me
to be delivered when I get
home which will be
this Saturday. God
willing only cost 50⁰⁰
not bad for a Rubbermaid

But best of all Bobby
was back in town for about
a week in DC. It was
so very good to see him.
Stayed about 2 hours.
The Doctor also came in.
We talked.

August 9, 2000

Wednesday

Got up early, got dressed, waited for the doctor, never showed, went to my morning 9AM-10:AM Physical Therapy, I don't have anything till 1PM then Occupational Therapy then an hour with Recreation then an hour with a psychologist, then with my PT to use Lymphatic Drainage actually the ladies name is Kathy Hogan filling in for my regular therapist Kare who is on vacation. She is also very nice. I'm done for the day dinner soon. I have to get dressed early tomorrow morning. I have to see my ophthalmologist Dr. Azar 10:30AM

August 10, 2000
Thursday

I'm up early today as usual, got dressed, had my Breakfast, saw Dr Craig, won't see him tomorrow, he's away for the day, said my goodbyes. Went up to the front desk to wait for my driver to take me to Monroeville to see Dr Azar, he's so nice, he said everything looked pretty good, will see him in 3 months. By the time I got back to Harmarville it was Noon, just in time for lunch. The afternoon progressed as usual, had dinner, talked to Bob. I meant to say before dinner about 3:30 PM my lymphadenoma nurse worked on it, had to drain my lymph nodes.

August 11, 2000

Friday

Have to get thru this day, then I'll get to go home, Saturday. Said my goodbyes to every one.

August 12, 2000

Saturday

I woke up 4 AM, so excited to go home, got washed & dressed, My spur in my left heel still pains me so. I packed my 3 bags and waited for 7 AM to roll around. I could tell they were short handed, too quiet. Had my breakfast about

8:30 AM I was so hungry.

Bobby came by about 11 AM

took the bags down on a wheelchair, came back for me, I went over my discharge papers, said goodbye to others, had lunch with Bob, he shopped a little for me then. I was home at.

Bobby had a surprise for me -
The maids cleaned the whole
apartment, a gift from
Bobby & Ken and Eddie.
I was shocked, I kissed
Bobby and cried, he is
so very thoughtful. I still
had pains in my hips, back
and legs, it'll take a lot
of time, dieting & exercise
and using my pump & stockings

About a few weeks later
I signed up for about two
weeks, I mean months of
therapy at our local Health
South in Myraeville about
3 days a week, my therapists
were very nice, but I hated
getting ready for my rides
with Access, I took a nap
or day, then did my
ing in the evenings.

20th

Here it is December 2000
already. Bobby booked a
flight for California to
see Ken, Mia & the Kiddos
for the Christmas holidays
Got on the plane 12-21-00
Stayed overnite at the
Hyatt at the Airport
on 12-20, Bobby got me
a wheel chair, because
my legs were killing me!
We sat in first class,
it was a wonderful flight
Got into John Wayne
airport near Kenney's about
2:45 PM, Bobby rented a
car, and we went to Ken's
We went to Michelle's school
she was so happy to see us.
It was Chanukah and
Mia lighted the Menorah
so Michelle would
understand the Holiday a bit
She opened her gifts and

^{baked}
I brought 4 Pillsbury breads
for Mia and Ken also a
copy of Gene and my
wedding picture maybrame.
Gunny loves each of them

We had pizza for dinner, they
were still getting ready
for their Christmas Parties.
Bobby hung the Xmas lights
around their play house in
the yard, I actually never
saw it because California
is so cold at nite and I
was freezing even in the
house. Ken got us a room
in a beautiful hotel very
near him and we went
there to sleep.

on Friday 12-22 we went
back to Ken, I meant to say
Hotel had breakfast for their
to every morning from about
10 AM - very good!

Today we played with the kiddos, Bobby helped wrapping gifts, because they were ~~having~~ having a dessert party for the children of their friends tomorrow. Bobby also made dinner - Matzo Ball Soup & chicken. Delicious!

Saturday 12-23 the House was mobbed with the kids & their parents. A lot of cakes & cookies & presents for the kids.

On Sunday 12-24 Xmas Eve, Ken had a few friends over, Mia prepared some food and there was lot of songs and laughter.

On Monday ¹²⁻²⁵ we went over to the Budays. Wh

a beautiful home they have
Ericka and Michael Buday
their 2 sons & Michaels
mother & her 2 sisters

Ericka prepared a
Chinese dinner and
dessert, very good then
we went back to our
hotel, my legs were
killing me, I could
hardly crawl in bed
had pain all nite

Today Tuesday 12-26
Bob went out to San Diego
to visit a friend. I have
lunch & get dressed because
Ken will bring over Michelle
for a short while, she'll
color & I'll read to her.
Maybe have a McDonald
lunch. Then Bobby will
be back to take us over to
us for a fried fish dinner

that his friend Mr.
Malcolm will prepare.
(He's from Louisiana
originally & likes to cook)
We'll say our
Goodbyes, Kiss the Kids
and go home tomorrow
about 1 PM from Los Angeles
airport.

Jessica is home from
France for about a month
Bobby is having the whole
family over Friday for
a get-together for a
late lunch.

I'm really going
to try to lose weight for
2001 - I was in so
much pain in 2000

Good To Be Home