# **Outpatient Therapy Providers**

| Infinite Therapy Solutions               | Children's Specialized Hospital                                      |
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| Infinite therapysolutions.com            | Outpatient Center Bayonne  |
| Out of Network for                       | www.rwjbh.org/our-locations/pediatric-outpati                        |
| OT/SLP/PT Services                       | ent-facilities/childrens-specialized-outpatient-c<br>enter-at-bayon/ |
| In Network with most insurance providers | In Network with most insurance providers                             |
| ABA Therapy                              | OT/SLP/PT Services   |
| 237 Ave E<br>Bayonne, NJ 07002           | 815 Broadway   |
| (201) 455-3144                           | Bayonne, NJ 07002  |
|  | (201) 823 6010   |
| 235 Harrison Ave                         | () === == == =   |
| Harrison. NJ 07029                       | *provides <b>episodic care</b> , 6 months of therapy on              |
| (201) 455-3144                           | and off  |
| Little Milestones for Small Discoveries  |  |
| www.lm4sd.com                            |  |
|  | Other Services Offered:  |
| Out of Network for                       | Art Therapy  |
| OT/SLP/PT/Social Skills Therapy Services | Play Therapy   |
| 568 Communipaw Avenue,                   | Tutoring   |
| Jersey City, NJ 07304<br>(201) 309 0198  | Inclusive Birthday Parties   |
|  | Specialty Classes  |
| LM4SDJC@gmail.com                        |  |
| LM4SDJC@gmail.com                        | Zumba for Special Needs  |
| LM4SDJC@gmail.com<br>Open Play Sessions  | Zumba for Special Needs<br>Sign Language and Speech                  |
|  |  |

| Sensory Kids & Social Minds   | Advanced Therapy of America   |
|---|---|
| Sensorykidsandsocialminds.com   | www.advancedtherapyofamerica.com  |
| Out of Network for<br>OT/SLP/PT Services<br>In Network with most insurance providers<br>ABA Therapy<br>158 Newark Ave<br>Jersey City, NJ 07302<br>JCClinic@sensorykidsandsocialminds.com<br>(908) 688-0009<br>2037 Morris Ave<br>Union, NJ<br>UnionClinic@sensorykidsandsocialminds.com<br>(908) 688-0009 | Out of Network for<br>OT/SLP/Feeding Services<br>220 9th Street<br>Jersey City, NJ 07302<br>(732) 726-0600 (Extension 5)<br>79 Hudson Street<br>Hoboken, NJ 07030<br>(201) 222-9576 (Extension 2)<br>485A U.S. Highway 1 South #300<br>Iselin, NJ 08830<br>(732) 726-0600 (Extension 1) |
| SpOT On! Speech & Occupational Therapy<br>Spotontherapyservices.com<br>Out of Network for<br>OT/SLP/Feeding Services<br>*offers caregiver support groups & peer groups<br>666 NJ Highway 35,<br>Middletown, NJ 07748<br>(732) 333-1355<br>spotontherapyservices@gmail.com                                 | The Sensory Studio<br>https://thesensorystudio.com/<br>In Network with most providers<br>OT/SLP Services<br>*offers Peer Groups<br>445 Forest Ave<br>Staten Island, NY 10301<br>(718) 979-5678  |
| LG Speech<br>www.lgspeechtherapy.com<br>Out of Pocket<br>SLP/Social Skills Therapy Services<br>*Offers Teletherapy & Parent Workshops<br>Hoboken, NJ<br>(901) 286 3234<br>lizzie@lgspeech.com   | Kids Communicate<br>www.kidscommunicatetherapy.com<br>Out of Network for<br>SLP/Feeding Services<br>*Offers Teletherapy<br>7th Street<br>Hoboken, NJ 07030<br>(201) 659 2242  |

Information updated as of 1/9/2024, all information is subject to change. Please call individual providers for updated information.

| Therapy Tree, LLC<br>Therapytreellc.com  | Table Talk: Feeding & Speech Therapy   www.tabletalk-speech.com  |
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| In Network with<br>United Healthcare & Blue Cross Blue Shield for<br>OT/SLP Services<br>123 North Union Avenue #204A<br>Cranford, NJ 07016<br>(201) 650 0903 | Out of Network for<br>SLP/Feeding Services<br>*Offers Teletherapy & Parent Workshops<br>In Home Services<br>781-864-7803<br>Tabletalk.speech@gmail.com |
| Pediatric Potentials<br>www.pediatricpotentialsnj.com  | Rapha Wellness Center<br>www.raphawellness.com/services/pediatric-ser<br>vices   |
| Out of Network for<br>OT/PT Services<br>154 S. Livingston Ave, Suite 204<br>Livingston, NJ 07039<br>(973) 535 5010   | Out of Network for<br>OT/PT Services<br>*Requires doctor prescription<br>305 Bayonne Crossing Way<br>Bayonne, NJ 07002<br>(201) 778 2020               |

# **Types of Outpatient Therapies**

#### Speech Language Pathology / Speech Therapy (SLP)

SLPs help children feel more confident and discover how to communicate in a more functional way. Speech therapists also help children experiencing difficulties with social communication disorders, cognition, articulation disorders, stuttering disorders, and oral motor and feeding disorders.

## Occupational Therapy (OT)

OT helps children gain independence by addressing underlying deficits. This may look like strengthening the development of fine motor skills, sensory motor skills, feeding skills, dressing skills, and visual motor skills. Addressing these skills helps them do everyday things like eating, putting on shoes and socks, focusing on learning, writing, and playing with toys or other kids.

#### Physical Therapy (PT)

PTs help kids improve their range of motion, strength, flexibility, and movement patterns. The goal is to help children move their bodies how and when they want to the best of their abilities. Pediatric PTs help make everyday activities easier for kids.

## Applied Behavior Analysis Therapy (ABA)

ABA is a type of therapy that focuses on improving specific behaviors, such as social skills, reading, and academics, as well as, adaptive learning skills, hygiene, grooming, and domestic capabilities.

#### Feeding Therapy

Feeding therapy, in its simplest form, is when a trained occupational or speech therapist helps address any feeding difficulties or picket eaters expand and develop their skills. Dependent on your child's underlying issues, whether they be sensory, motor, or a combination of both, your therapist will devise a sensory motor approach for working on addressing the underlying barriers to your child's ability to eat an age-appropriate meal.