



California Black Women's Health Project (CABWHP)

FY 2022-2023 BLACK MATERNAL AND INFANT HEALTH INITIATIVE

Prepared on April 20, 2022 for Flora Family Foundation

About CABWHP



California Black Women's Health Project (CABWHP) began as a chapter of the National Black Women's Health Project (now, the Black Women's Health Imperative). Founded in 1994, and incorporated in 1997, CABWHP was borne out of the need to amplify the missing voices of Black women in the larger women's health advocacy community. A few years after its inception, CABWHP formed "The Well", a women's self-help resource center offering culturally centered resources and wellness activities on the first floor of a low-income housing complex in South Central, Los Angeles, which served over 6,000 women during its operation.

Today, CABWHP continues to educate, empower, train, and mobilize Black women, and educate policymakers to actively address the inequities in Black women's mental, emotional, and physical health. CABWHP operates with the strength of dedicated volunteers throughout California, whose ongoing support serves as the lifeblood of the organization. We strive to provide a safe space for Black women to speak to us so that they can speak through us.

Mission

We are dedicated to improving the health of California's Black women and girls through advocacy, education, policy, and outreach.

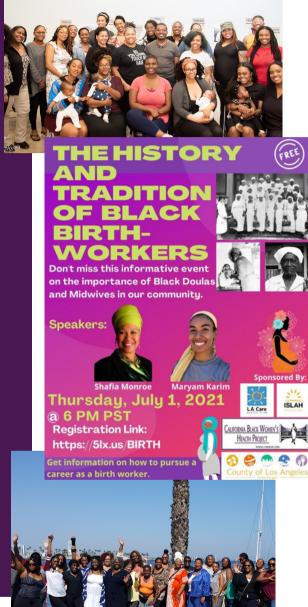
Vision

We believe a healthier future is possible when women are empowered to make choices in an environment where equal access and health justice are community priorities.

Our Accomplishments

In the past year we have...

- Graduated a 3 new cohorts of advocates from our Sister's Mentally Mobilized Advocate Training Program in Sacramento, the Bay Area, and Los Angeles
- Released a phenomenal report on Black women and aging titled Sankofa Stories - Black Women Reflect on Aging in Place and Community: A Narrative on Policy, led by our partners Sistahs Aging with Grace and Elegance (SAGE)
- Launched our beautiful Black Birthworkers Toolkit which is designed to uplift and strengthen the capacity and impact of Black Birthworkers engaged in maternal/reproductive justice work
- Hired a Grants Manager, Administrative Coordinator, Communications Director and Senior Manager in Maternal Health to help streamline our effectiveness and expand our capacity to manage our workload and bring on new opportunities
- Scaled our Black Maternal/Infant Health Initiative, including but not limited to policy advocacy and capacity building for birth workers, and strengthening partnerships to integrate communitydefined evidence practices into traditional healthcare models



CALIFORNIA BLACK WOMEN'S HEALTH PROJECT

INVITES YOU TO EXHALE WITH US

Thriving on the Front lines: A Sister Circle for Black Healers in Maternal Health

Rejuvenate your heart, mind and soul in an affirming sister circle for healers and leaders serving Black mothers, families and community.

FOOD, FREE PARKING AND A SAFE SPACE FOR SUPPORT AND CONVERSATION - COMFORTABLE CLOTHING RECOMMENDED

SUNDAY



STEPS TO SUCCESS: A BUSINESS TOOLKIT

For Black Birthworkers

CABWHP Current Projects

Currently, CABWHP is:

- Providing training across the state on how to use our Black Birthworkers Business Toolkit
- Partnered on the statewide collaborative 'State of CA Black Maternal Health Report'
- Supporting Black Birthworker Sister Circles/Community Outreach throughout Los Angeles, Sacramento, and the Inland Empire
- Partnered on the Los Angeles County AAIMM Steering Committee & Community Action Team
- A fiscal sponsor for County Doula Services contracts in Riverside and San Bernardino
- Launching an Environmental Impact on Black Maternal Health Toolkit in partnership with a Johns Hopkins University student group
- An advisor and panelist for the Black Maternal Health Design Lab
- Serving on the planning committee for the CA Black Maternal Health Summit coming in October 2022
- Serving on the planning committee for the Inland Empire Black Maternal Health Summit coming September 2022

Looking forward we are:

- Curating Black Women centered Preconception Planning Content and Curriculum in partnership with Charles Drew University's Sexual Health students
- Researching Community-Based Intervention and evidence-based building with University of Southern California Public Health and Sociology students
- Visioning a statewide Guaranteed Income program with Dr. Zea Malawa and the Bay Area Abundant Birth Project
- Assisting the Los Angeles Department of Public Health with equity convenings for Maternal, Child, and Adolescent Health programs including home visiting, through the Pritzker Fellowship





1:00 PM pdt

Sisters Mertally Mobilized Sacramento

Impact of COVID-19 on Midwive's Mental Health & Wellbeing

Proposed Next Steps

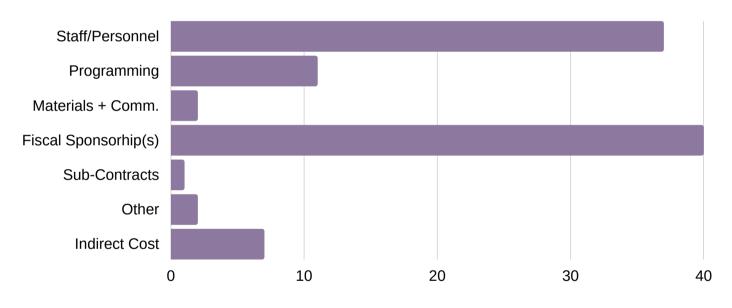
CONTINUING TO BUILD ON THIS FOUNDATIONAL BIRTHWORKER BUSINESS TOOLKIT COULD LEAD TO:

- Creation of an Apprentice/Mentorship Collaborative
- Creation of a Birthworker Best Practices Operating Manual
- Creation of a Birthworker Best Practices Financial Manual
- Creation of Video Workshops to support this toolkit
 Creation of a universal sliding fee scale baseline for the
- Creation of a universal sliding fee scale baseline for the birthworker industry.

Financial Summary - MIH Initiative



Breakdown of Allocated Expenses (% of total MIH funding)



OUR FUNDERS INCLUDE:

Ms. Foundation San Flora Family Foundation Blue Shield of CA Foundation First 5 LA Vladimir And Araxia Buckhantz Foundation Riverside County Dept. Of Public Health

San Bernardino County, Dept. of Public Health California Healthcare Foundation CA Commission of Women and Girls Mayer Foundation tion Kaiser Foundation Hospitals th LA Care